

The Scoop

★ **LABOR DAY** ★

September 3, 2012

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CLEARWATER

COMMUNITY CENTER & SENIOR HAPPENINGS

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The Seed

A successful businessman was growing old and knew it was time to choose a successor to take over the business. Instead of choosing one of the Directors or his children, he decided to do something different. He called all his young executives in his company together.

He said, "It is time for me to step down and choose the next CEO. I have decided to choose one of you." The young executives were SHOCKED, but the boss continued. I am going to give each one of you a SEED today—one very special SEED. I want you to plant the seed, water it, and come back here one year from today with what you have grown from the seed I have given you. I will judge the plants that you bring, and the one I choose will be the next CEO."

One man, named Jim, was there that day and he, like the others, received a seed. He went home and excitedly, told his wife the story. She helped him get a pot, soil and compost and he planted the seed. Everyday, he would water it and watch to see if it had grown. After about three weeks, some of the executives began to talk about heir seeds and the plants that were beginning to grow. Jim kept checking his seed. But nothing ever grew. Three weeks, four weeks, five weeks went by, still nothing. By now, others were talking about plants, but Jim didn't have a plant and he felt like a failure.

Six months went by—still nothing in Jim's pot. He just knew he had killed his seed. Everyone else had trees and tall plants, but he had nothing. Jim didn't say anything to his colleagues; however, he just kept watering and fertilizing the soil. He so wanted the seed to grow.

A year finally went by and all the young executives of the company brought their plants to the CEO for inspection. Jim told his wife that he wasn't going to take an empty pot, but she asked him to be honest about what happened. Jim felt sick to his stomach, it was going to be the most embarrassing moment of his life, but he knew his wife was right. So he took his empty pot to the board room.

When Jim arrived, he was amazed at the variety of plants grown by the other executives. They were beautiful—in all shapes and sizes. Jim put his empty pot on the floor and many of his colleagues laughed, a few felt sorry for him. When the CEO arrived, he surveyed the room and greeted his young executives. Jim just tried to hide in the back.

"My, what great plants, trees and flowers you have grown," said the CEO, "Today one of you will be appointed the next CEO!"

All of a sudden the CEO spotted Jim at the back of the room with his empty pot. He ordered the Financial Director to bring him to the front. Jim was terrified—he thought, "The CEO knows I'm a failure! Maybe he will have me fired!"

When Jim got to the front, the CEO asked him what had happened to his seed. Jim told him the story. The CEO asked everyone to sit down except Jim. He looked at Jim, and then announced to the young executives, "Behold your next Chief Executive Officer." His name is "Jim!" Jim couldn't believe it. Jim couldn't even grow a seed.

"How could he be the next CEO?" the others said. Then the CEO said, "One year ago today, I gave everyone in this room a seed. I told you to take the seed, plant it, water it, and bring it back to me today, but I gave you all boiled seeds; they were dead - it was not possible for them to grow. All of you except Jim have brought me trees, plants, and flowers. When you found that the seed would

not grow, you substituted another seed for the one I gave you. Jim was the only one with the courage and honesty to bring me a pot with my seed in it. Therefore, he is the one who be the new Chief Executive Officer!”

If you plant honesty, you will reap trust
If you plant goodness, you will reap friends
If you plant humility, you will reap greatness
If you plant perseverance, you will reap contentment
If you plant consideration, you will reap perspective
If you plant hard work, you will reap success
If you plant forgiveness, you will reap reconciliation
So, be careful what you plant now; it will determine what you will reap later.

The happiest people don't necessarily have the best of everything; they just make the best of everything they have.

Faith is not about everything turning out OK,
Faith is about being OK no matter how things turn out
I would rather live my life as if there is a GOD and die to find out there isn't
Than to live my life as if there isn't a GOD and die to find out there is.

Computer salesman to customer: “It's a combination word processor and a food processor, in case you have to eat your words.”

True Love

It was a busy morning about 8:30 when an elderly gentleman in his 80s arrived to have some stitches removed from his thumb. He said he was in a hurry as he had an appointment at 9:00 am. I took his vital signs and had him take a seat, knowing it would be over an hour before someone would be able to see him. I saw him looking at his watch and decided, since I wasn't busy with another patient, I would evaluate his wound. On exam, it was well healed, so I talked to one of the doctors, got the needed supplies to remove his sutures and redress his wound. While taking care of his wound, asked if he had another doctor's appointment this morning, as he was in such a hurry. The gentleman told me no, that he needed to go to the nursing home to eat breakfast with his wife. I inquired as to her health. He told me that she had been there for a while and that she was a victim of Alzheimer's disease. As we talked, I asked if she would be upset if he was a little late. He replied that she no longer knew who he was, that she had not recognized him in five years now. I was surprised and asked, “And you still go every morning, even though she doesn't know who you?” He smiled as he patted my hand and said “She doesn't know me, but I know who she is!” I had to hold back tears as he left and thought, “That is the kind of love I want in my love!”

True love is neither physical, nor romantic, true love is an acceptance of all that is, has been, will be, and will not be.

News Shorts

The Clearwater Emergency Medical Technicians probably DO NOT get the credit that they deserve. I had a personal experience to see them in action and it was not on me. The team of Esther Vanley, Roger Dawson, and Mike Snyder got to the house, summed up the situation with a very quick manner and each took a job and did it! The proficiency each displayed in doing their task was really great to see. You could tell each one has a lot of training and experience in this line of work. Their work and professionalism kept the patient and her family at ease which also was a wonderful thing. Just no Panic!! The city of Clearwater is every fortunate to have people so dedicated to their work and also for the employers of these medical people to let them report to EMT duty on short notice. Each one of us should be proud of what they do for our community. Esther told us that she is continuing her schooling, so she will be able to do the same things that Mike is now doing.

I received a call on Thursday the 13th of August from Amanda at the Sedgwick County Health Department that because of the budget cutbacks, they will not be coming to Clearwater to do the flu vaccinations this year. There are several drugstores and Drs. offices that will be giving the flu shots.

September 28th from 10 a.m. to 7 p.m., the Kansas Truck Mobility is having a rodeo at their location on South Tyler Road. If anyone is interested contact me at the Center. You will be able to see and maybe operate some of the equipment you may be interested in. You can talk to the different vendors who will have their equipment on display. Some of the items: wheelchair lifts, wheelchair vans, stair-lifts, ramps, etc.

Central Plains Area Agency on Aging will be holding the Senior Expo on September 27th from 9 a.m.-3 p.m. The admission is FREE!! They will be set up at different locations, but will have a shuttle between exhibit sites. The different locations are: Botanica, Exploration Place (Free Health Screenings), Old Cowtown and The Wichita Art Museum. If you want to eat lunch, there is a \$6.00 lunch at each location. You can park one place and leave your car there. The Senior Expo Gala will be at the Cotillion from 7 to 10 p.m. There is a \$5.00 admission at the door.

Friends with September Birthdays

- 1 Rosie Dalton, Renee Tjaden, Van Tjaden
- 2 Barbara Byrd, Sonnie Chambers
- 6 Ava Don McGeary
- 7 Beverly Hammers
- 10 Kate Brinkerhoff
- 16 LouAnn Jarboe
- 17 Mary Jane Hoelscher
- 20 Bill McKibbon
- 21 Dayle Harris
- 22 Helen Fesnock, Lewis Kellogg
- 23 Louise Stockhaus, Oran Sullivan
- 26 Irlene Kellogg, Wanda Stitt
- 27 Frank Gerlach, Wayne McEntire
- 28 Joni Mills
- 29 Jeannie McCoy
- 30 David FitzGerald

Getting to know Jim and Maggie Leibold



This month's featured seniors are Jim and Maggie Leibold. Both were born in the corn state of Iowa. Jim went to a one-room school house his first year. Both graduated from their respective high schools.

After spending two years in the Army as a truck mechanic, Jim went on to college at the University of Iowa. It was there on a street corner in Iowa City that Jim met Maggie. That chance meeting led to marriage in 1959. Jim finished college in 1962 going thru on the GI Bill while working part time, while Maggie was busy being a housewife and raising two daughters. After college they moved to Concord, Calif. where Jim got a job working for U. S. Steel. Shortly after the move came a third daughter. From there they moved to Reno, Nev., where Jim worked for North American Rockwell as a rocket test engineer on the Gemini and Apollo space programs. While there they were blessed with two sons. After being laid off, they moved to Kansas where Jim worked for Cessna. You guessed it, they had another daughter. Jim says, "Moving causes pregnancies!"

Both Jim and Maggie believe the best people are those from the Midwest. The couple keeps busy with St. John's church in Clonmel and their 24 grandchildren that they have been blessed with so far. Since his retirement, Jim works for Enterprise Car Rental and with AA. Maggie is keeping busy being a housewife and grandmother. She is also involved with the Center. She is a good artist and has several paintings hanging up and has sold some of those she has painted.

September 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						¹ JAM SESSION 7 TO 9 PM
2 RENTED 12 PM	3 CLOSED LABOR DAY	4 TAI-CHI 9 AM EXERCISE 10AM AA & AL-ANON 7 PM	5	6 AA 7 PM	7 TAI CHI 9 AM EXERCISE 10AM CARDS & GAMES 1PM	8 RENTED 2 PM
9	10 NO PAINTING TODAY	11 TAI-CHI 8:45 AM EXERCISE 9:45AM LUNCHEON NOON 12PM AA & AL-ANON 7 PM	12	13 AA 7 PM	14 TAI-CHI 9 AM EXERCISE 10AM CARDS & GAMES 1 PM	15
16	17 NO PAINTING TODAY	18 TAI-CHI 9 AM EXERCISE 10AM AA & AL-ANON 7 PM	19	20 AA 7 PM	21 TAI-CHI 9 AM EXERCISE 10AM CARDS & GAMES 1 PM	22 BISCUITS AND GRAVY 7 TO 10 AM
23	24 NO PAINTING TODAY	25 TAI-CHI 9 AM EXERCISE 10AM AA & AL-ANON 7 PM	26	27 AA 7 PM	28 TAI-CHI 9 AM EXERCISE 10AM CARDS & GAMES 1 PM	29
30						

GOOD NEIGHBOR NUTRITION PROGRAM

GNNP MENU (menu is subject to change)

SEPTEMBER 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED FOR LABOR DAY HOLIDAY	© BBO RIBETTE on BUN CORN on the COB POTATO SALAD MANDARIN ORANGES	TACO SALAD PEAS FRESH ORANGE	© HAM & BEANS w/ONIONS SPINACH ROSY APPLESAUCE CORNBREAD	BEEF & MACARONI TOSSED SALAD w/DRSSG TROPICAL FRUIT MIX CHOCOLATE CHIP COOKIES WHOLE WHEAT BREAD
CHEESEBURGER on BUN CALICO BAKED BEANS COLESLAW HARVEST FRUIT MIX	20 Gm Fat 653 Calories 1066 mg Sodium	28 Gm Fat 648 Calories 869 mg Sodium	12 Gm Fat 677 Calories 1070 mg Sodium	26 Gm Fat 722 Calories 749 mg Sodium
OVEN ROASTED CHICKEN CHEESY POTATOES PICKLED BEETS PINEAPPLE CHUNKS DINNER ROLL	26 Gm Fat 740 Calories 785 mg Sodium	PEPPER STEAK MASHED POTATOES LOOSE LEAF SALAD w/DRSSG QUICK FRUIT CUP POTATO ROLL	CHICKEN & NOODLES SMOKEY GREEN BEANS FRUIT MEDLEY CHOCOLATE PUDDING WHOLE WHEAT BREAD	CHILI CHEESE POTATO CAPRI VEGETABLES FRESH BANANA WHOLE WHEAT BREAD
© SCALLOPED POTATOES w/HAM BUTTERED CABBAGE APRICOT HALVES STRAWBERRY APPLE GELATIN WHOLE WHEAT BREAD	LIVER & ONIONS w/GRAVY MASHED POTATOES RANICH BROCCOLI SALAD SUNSHINE APPLE GELATIN WHOLE WHEAT BREAD	SPAGHETTI w/MEATSAUCE CALIFORNIA VEGETABLES FRUITY AMBROSIA BREADSTICKS	APPLE WALNUT CHICKEN SALAD On WHEAT BREAD MEDITERRANEAN VEGETABLES CINNAMON APPLESAUCE OATMEAL COOKIES	MEATLOAF OVEN ROASTED POTATOES ROMANE SALAD w/DRSSG CITRUS FRUIT MIX SUGAR COOKIES POTATO ROLL
25 Gm Fat 850 Calories 928 mg Sodium	18 Gm Fat 684 Calories 710 mg Sodium	26 Gm Fat 794 Calories 1028 mg Sodium	20 Gm Fat 708 Calories 795 mg Sodium	19 Gm Fat 723 Calories 680 mg Sodium
SLOPPY JOE on BUN BRUSSELS SPROUTS MACARONI SALAD STRAWBERRY PEARS	© CREAMY HAM & POTATO SOUP COMBINATION SALAD w/DRSSG HOT SPICED APPLES VANILLA PUDDING CRACKERS	SOFT TACO SPANISH RICE CINNAMON APPLESAUCE	BEEF PATTY w/ONION GRAVY MASHED POTATOES CARROT RAISIN SALAD MANDARIN ORANGES WHOLE WHEAT BREAD	CHICKEN PRIMAVERA LOOSE LEAF SALAD w/DRSSG FRESH APPLE CHOCOLATE CAKE WHOLE WHEAT BREAD
25 Gm Fat 739 Calories 676 mg Sodium	14 Gm Fat 642 Calories 1087 mg Sodium	21 Gm Fat 689 Calories 942 mg Sodium	29 Gm Fat 833 Calories 807 mg Sodium	29 Gm Fat 873 Calories 791 mg Sodium
17	18	19	20	21
24	25	26	27	28

● CONTAINS TURKEY

⊙ CONTAINS PORK



**Busses running, school bells ringing, students everywhere!
DRIVE CAREFULLY !!!!!!!**

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