

# The Scoop



October, 2012

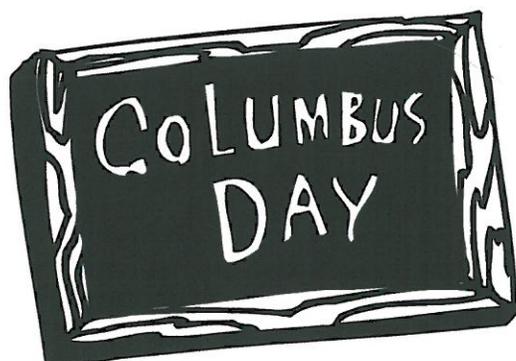


## CLEARWATER

## COMMUNITY CENTER & SENIOR HAPPENINGS

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The following are some ads from seniors in the state of Florida. You can say what you want about Florida, but you never hear of anyone retiring and moving north. These ads were seen in "The Villages" newspaper.

FOXY LADY: Sexy, fashion-conscious blue-haired beauty, in 80s, slim, 5'4" (used to be 5'6"), searching for a sharp-looking, sharp-dressing companion. Matching white shoes and belt a plus.

LONG-TERM COMMITMENT: Recent widow who just buried fourth husband, looking for someone to round out a six-unit plot. Dizziness, fainting, shortness of breath is not a problem.

WINNING SMILE: Active grandmother with original teeth seeking a dedicated flosser to share rare steaks, corn on the cob, and caramel candy.

BEATLES OR STONES: I still like to rock, still like to cruise in my Camaro on Saturday nights and still like to play the guitar. If you are a groovy chick, or are now a groovy hen, let's get together and listen to my eight-track tapes.

MINT CONDITION: Male, 1932 model, high mileage, good condition, some hair, many new parts including hip, knee, cornea, valves. Isn't in running condition, but walks well.

HILLBILLY HOME SECURITY SYSTEM in 5 easy steps. 1.) Go to a secondhand store & buy a pair of men's used size 14 to 16 work boots. 2.) Place them by the front door, along with a copy of Guns and Ammo Magazine. 3.) Put a few giant dog dishes next to the boots and magazines. 4.) Splash a little watered down rusty red paint on the walk. 5.) Leave a note on the door that reads: Bubba, Bertha, Duke, Slim, and I went for more ammo and beer. Be back in an hour. Don't mess with the pit bulls; they attacked the mailman this morning and messed him up bad. I don't think Killer took part, but it was hard to tell from all the blood. Locked all four of 'em in the house. Better wait outside. Be right back. Hooter.

A few new definitions: Adult: a person who has stopped growing at both ends and is now growing in the middle. Chickens: The only animal you can eat before they are born and after they are dead. Committee: A body that keeps minutes and wastes hours. Secret: Something you tell to one person at a time. Inflation: Cutting money in half without damaging the paper. Toothache: The pain that drives you to extraction. Tomorrow: One of the greatest labor saving devices of today. Egotist: Someone who is usually me-deep in conversation. Yawn: An honest opinion openly expressed.

October birthdays: Pat Watt-9<sup>th</sup>; Reba Gross-10<sup>th</sup>; Elna Fitch and Wayne Tarrant-11<sup>th</sup>; Cheryl Wright and Don Fitch-13<sup>th</sup>; Jean Richardson-14<sup>th</sup>; Betty Jo Embry and Donna Watson-21<sup>st</sup>; Helen Stitt and Don Winter-22<sup>nd</sup>; Bill Hammers- 26<sup>th</sup>; Jackie Matthews-27<sup>th</sup>; June Sparr-28<sup>th</sup>; Larry Jones-29<sup>th</sup>; Roberta Maupin-30<sup>th</sup>.

A penny saved is a government oversight.

Did you ever notice that the Roman numbers for forty (40) are XL.

When you put the words 'The' and 'IRS' together it spells 'Theirs.'

## *HOW TO HUNT ... OR NOT*

As most of you know the deer hunting season is upon us. There are various reasons people hunt deer. This I believe is a little different slant and this is from a farmer who actually tried this.

I had this idea that I could rope a deer, put it in a stall, feed it up on corn for a couple of weeks, then kill it and eat it. The first step in this adventure was getting a deer. I figured that, since they congregate at my cattle feeder and do not seem to have much fear of me when we are there (a bold one will sometimes come right up and sniff at the bags of feed while I am in the back of the truck—not more than 4 feet away), it should not be difficult to rope one, get up to it and toss a bag over its head (to calm it down) then hog tie it and transport it home.

I filled the cattle feeder then hid down at the end with my rope. The cattle, having seen the roping thing before, stayed way back. They were not having anything to do with it. After about 20 minutes, my deer showed up—3 of them. I picked out a likely looking one, stepped out from behind the end of the feeder, and threw my rope. The deer just stared at me. I wrapped the rope around my waist and twisted the end so I would have a good hold. The deer still just stood there and stared at me, but you could tell it was mildly concerned about the whole rope situation. I took a step toward it, it took a step away. I put a little tension on the rope, and then received an education. The first thing that I learned is that, while a deer may just stand looking at you funny while you rope it, they are spurred to action when you start pulling on the rope.

That deer just EXPLODED. The second thing I learned is that pound for pound, a deer is a lot stronger than a cow or a colt. A cow or a colt in that weight range I could fight down with a rope with some dignity. A deer ~ no chance. That thing ran and bucked and twisted and pulled. There was no controlling it and there was no chance of getting close to it. As it jerked me off my feet and started dragging me across the ground, it occurred to me that having a deer on a rope was not nearly as good an idea as I had originally imagined. The only upside is that they do not have as much stamina as many other animals.

A brief 10 minutes later, it was tired and not nearly as quick to jerk me off my feet, or drag me when I managed to get up. It took me a few minutes to realize this, since I was mostly blinded by the blood flowing out of the big gash in my head. At that point, I had lost my taste for corn-fed venison. I just wanted to get that devil creature off the end of that rope. I figured if I just let it go with the rope hanging around its neck, it would likely die slow and painfully somewhere.

At the time, there was no love at all between that deer and me. At that moment, I hated the thing, and I would venture a guess that the feeling was mutual. Despite the gash in my head and the several large knots where I had cleverly arrested the deer's momentum by bracing my head against various rocks as it dragged me across the ground, I could still think clearly enough to recognize that there was a small chance that I shared some tiny amount of responsibility for the situation we were in. I didn't want the deer to have to suffer a slow death, so I managed to get it lined back up in between my truck and the

feeder—a little trap I had set beforehand—kind of like a squeeze chute. I got it to back in there and I started moving up so I could get my rope.

Did you know that deer bite? They do!! I never in a million years would have thought that a deer would bite somebody, so I was very surprised when—I reached to grab that rope, the deer grabbed hold of my wrist. Now, when a deer bites you, it is not like being bit by a horse where they just bite you and slide off to then let go. A deer bites you and shakes its head –almost like a pit bull. They bite HARD and it hurts!

The proper thing to do when a deer bites you is probably to freeze and draw back slowly. I tried screaming and shaking instead. My method was ineffective. It seemed like the deer was biting and shaking for several minutes, but it was likely only several seconds. I, being smarter than a deer (though you may be questing that claim by now), tricked it. While I kept it busy tearing the tendons out of my right arm, I reached up with my left hand and pulled that rope loose.

That was when I got my final lesson in deer behavior for the day. Deer will strike you with their front feet. They rear up on their back feet and strike right about head and shoulder level, and their hooves are surprisingly sharp – I learned a long time ago that, when an animal like a horse strikes at you with their hooves and you can't get away easily, the best thing to do is try to make a loud noise and make an aggressive move towards the animal. This will usually cause them to back down a bit and you can escape.

This was not a horse! This was a deer, so obviously, such trickery would not work. In the course of a millisecond, I devised a different strategy. I screamed like a woman and tried to turn and run. The reason I had always been told NOT to turn and run from a horse that paws at you is there is a good chance that it will hit you in the back of the head. Deer may not be so different from horses after all, besides being twice as strong and 3 times as evil. The second I turned to run, it hit me right in the back of the head and knocked me down.

Now, when a deer paws at you and knocks you down, it does not immediately leave. I suspect it does not recognize that the danger has passed. What they do instead is paw your back and jump up and down on you while you are lying there, covering your head, and crying like a little girl.

I finally managed to crawl under my truck and the deer went away. So now I know why when people go deer hunting they bring a rifle with a scope---just to even the odds. From an educated farmer... may this keep some young person healthy.

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Monday evenings, from 6:30 - 7:30 p.m., the computer classes cover Facebook and working with iPods as well as computers.

October 18, 19 from 1-5 p.m., AARP will be conducting a driving course. The cost is \$12 for members and \$14 for non-members.

*Getting to know.....*  
*Robert Pugh*

This month we are interviewing Robert (Bob) Pugh. Bob was born in Wichita at the St. Francis Hospital to Emmett and Mary (Lyon) Pugh. He has one sister. He attended Harry Street Elementary School, and then went on to Central Vocational School, and from there he graduated from Wichita High School East with a graduating class of over a thousand classmates.

After high school he enlisted in the army and he served his county in Korea where he was a member of the Special Category Army Regulars with the Air Force. (This was before we had an Air Force.) He also was an infantryman, truck driver, and combat engineer. His job as an engineer was to help build air bases from runways on up. He also served in Germany during the Berlin Crisis.



Upon returning home he worked his way through college and received a bachelor's degree in Industrial Engineering. After college he was employed at Boeing Aircraft as an industrial engineer, but took a leave of absence to finish up a master's degree in Mechanical Engineering. After graduating he was employed as an instructor in Industrial Engineering at Wichita State University. From there he was employed in Richardson, Texas as a senior engineer on various projects, but was laid off when the company was shut down.

Bob had a variety of jobs before being employed at Learjet as a supervisor in the finance department. This job really wasn't his cup of tea so he left and went to work at J. I. Case Davis as an industrial engineer and was laid off in 1988 as part of a bad economic condition. He then rejoined Boeing as a senior industrial engineer and served there for the next 16 years. During this time he continued his schooling and earned an instructor license in five different systems of the MTM association for Standards and Research.

After his father's death he retired from Boeing and moved to Clearwater to take care of his mother. He is a very active member of the American Legion and has served as the Post Commander. Bob is also active at the Tai-Chi and the exercise classes at the Center as a volunteer. The Clearwater community is lucky to have Bob and many other seniors that volunteer not only at the Center, but in various other activities.

**GOOD NEIGHBOR NUTRITION PROGRAM**

**GNNP MENU (menu is subject to change)**

**OCTOBER 2012**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
BREADED CHICKEN SANDWICH on BUN HERB POTATOES SWEET & SOUR SLAW MIXED FRUIT CUP	CHICKEN NOODLE SOUP BAKED POTATO COMBINATION SALAD w/DRSG ORANGE FRUIT MIX CRACKERS	BEEF STROGANOFF CAPRI VEGETABLES MANDARIN ORANGE GELATIN DINNER ROLL	CHICKEN CACCIATORE GARDEN RICE PILAF LOOSE LEAF SALAD w/DRSG FRESH APPLE FRENCH BREAD	<b>OCTOBER BEST MEAL</b> BRATWURST on BUN CABBAGE & KRAUT FRESH ORANGE SCHWARZWALDER KIRSCHTORTE (BLACK FOREST CAKE)
28 Gm Fat 699 Calories 893 mg Sodium	19 Gm Fat 677 Calories 361 mg Sodium	27 Gm Fat 720 Calories 791 mg Sodium	13 Gm Fat 789 Calories 1211 mg Sodium	33 Gm Fat 782 Calories 1263 mg Sodium
1	2	3	4	5
SALISBURY STEAK MASHED POTATOES PICKLED BEETS FRUITED GELATIN WHOLE WHEAT BREAD	CHILI with BEANS BROCCOLI w/CHEESE SAUCE PEACH SLICES CHOCOLATE CHIP COOKIES CRACKERS	TURKEY TETRAZZINI GARDEN VEGIE SAL. w/DRSG SUNSHINE GELATIN SALAD HOT FRUIT COMPOTE WHOLE WHEAT BREAD	HAMBURGER on BUN BRUSSELS SPROUTS ITALIAN PASTA SALAD FRESH APPLE OATMEAL COOKIES	HAM LOAF w/CREAM GRAVY MASHED POTATOES MIXED GREEN SALAD w/DRSG PEACHES, PEARS & GRAPES POTATO ROLL
23 Gm Fat 758 Calories 801 mg Sodium	32 Gm Fat 766 Calories 914 mg Sodium	20 Gm Fat 762 Calories 1183 mg Sodium	31 Gm Fat 869 Calories 594 mg Sodium	21 Gm Fat 711 Calories 1020 mg Sodium
8	9	10	11	12
SLOPPY JOE on BUN CALICO BAKED BEANS COLESLAW w/CARROTS PINEAPPLE CHUNKS	OVEN ROASTED BBQ CHICKEN GARDEN RICE PILAF BROCCOLI SALAD JELLIED STRAWB. PEAR SALAD DINNER ROLL	WHOLE GRAIN SPAGHETTI with MEAT SAUCE ROMAINE SALAD w/DRSG BANANAS % STRAWBERRIES BREADSTICKS	HAM & BEANS w/ONIONS SPINACH CINNAMON APPLESAUCE CORNBREAD	CHICKEN FAJITA GREEN PEAS FRESH ORANGE CHOCOLATE PUDDING
28 Gm Fat 839 Calories 934 mg Sodium	29 Gm Fat 883 Calories 873 mg Sodium	20 Gm Fat 787 Calories 870 mg Sodium	12 Gm Fat 670 Calories 1069 mg Sodium	26 Gm Fat 793 Calories 894 mg Sodium
15	16	17	18	19
BEEF GUMBO SOUP MACARONI SALAD w/CARROTS STRAWBERRY PEARS SUGAR COOKIES CRACKERS	ITALIAN CHICKEN CASSEROLE CAULIFLOWER ITALIANO SUMMER LIME GELATIN WHOLE WHEAT BREAD	CRANBERRY MEATBALLS SWEET POTATO & APPLE CASSEROLE PEA LETTUCE SALAD w/DRSG MANDARIN ORANGES WHOLE WHEAT BREAD	TACO SALAD GREEN PEAS CITRUS FRUIT MIX	CHICKEN & NOODLES CALIFORNIA VEGETABLES FRUIT MEDLEY SPICE CAKE w/RAISINS WHOLE WHEAT BREAD
24 Gm Fat 666 Calories 778 mg Sodium	17 Gm Fat 666 Calories 964 mg Sodium	23 Gm Fat 754 Calories 1126 mg Sodium	28 Gm Fat 798 Calories 921 mg Sodium	21 Gm Fat 767 Calories 946 mg Sodium
22	23	24	25	26
SOUTHWEST CHICKEN w/PASTA CAPRI VEGETABLES APRICOT MIX VANILLA PUDDING DINNER ROLL	BEEF PATTY w/ONION GRAVY MASHED POTATOES SPINACH SALAD w/DRSG PINEAPPLESAUCE WHOLE WHEAT BREAD	CHICKEN TORTILLA SOUP FIESTA CUCUMBER CORN SAL. FRESH ORANGE TAPIOCA PUDDING		● CONTAINS TURKEY ◎ CONTAINS PORK
19 Gm Fat 706 Calories 942 mg Sodium	25 Gm Fat 704 Calories 639 mg Sodium	34 Gm Fat 863 Calories 773 mg Sodium		
29	30	31		

**HAPPY HALLOWEEN!!!**

# OCTOBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8 COMPUTER CLASS AT 6:30 PM PAINTING 1 PM TO 3 PM BOTH BEGINNING AND ADVANCED	2 TAI-CHI 8:45 AM EXERCISE 10 AM PLANNING COMMITTEE 9 AM AA & AL-ANON 7 PM	3	4 AA & AL-ANON 7 TO 9 PM	5 TAI-CHI 8:45 AM EXERCISE 10-11 AM CARDS & GAMES 1 PM	6 HOT DOGS AND HAMBURGER SUPPER 5:50 PM 7 TO 9 PM JAM SESSION
7	8 COMPUTER CLASS AT 6:30 PM PAINTING 1 PM TO 3 PM BOTH BEGINNING AND ADVANCED	9 TAI-CHI 8:30 AM EXERCISE 9:30 AM CARRY-IN-LUNCH 12 PM AA & AL-ANON 7PM	10	11 AA & AL-ANON 7 TO 9 PM	12 TAI-CHI 8:45 AM EXERCISE 10-11 AM CARDS AND GAMES 1 PM	13
14	15 COMPUTER CLASS AT 6:30 PM PAINTING 1 TO 3 PM BOTH BEGINNING AND ADVANCED	16 TAI-CHI 8:45 AM EXERCISE 10-11 AM AA & AL-ANON 7 TO 9 PM	17 RENTED 5 7 PM	18 AA & AL-ANON 7 TO 9 PM DRIVING CLASS AARP 1PM	19 TAI-CHI 8:45 AM EXERCISE 10-11 AM DRIVING CLASS 1 PM CARDS & GAMES 1 TO 4 PM	20 BISCUITS & GRAVY 7 TO 10 AM
21	22 COMPUTER CLASS 6:30 PM PAINTING 1 TO 3 PM BOTH BEGINNING AND ADVANCED	23 TAI-CHI 8:45 AM EXERCISE 10-11 AM AA & AL-ANON 7 TO 9 PM	24	25 AA & AL-ANON 7 TO 9 PM	26 TAI-CHI 8:45 AM EXERCISE 10 AM CARDS & GAMES 1 TO 4 PM	27
28	29 COMPUTER CLASS 6:30 PM PAINTING 1 TO 3 PM BOTH BEGINNING AND ADVANCED	30 TAI-CHI 8:45 AM EXERCISE 10 AM AA & AL-ANON 7 TO 9 PM	31			



***HI, LORD, IT'S ME.***

**We are getting older & things are getting bad here. Gas prices are too high, fewer jobs, food & heating costs are so high.**

**I know some have taken You out of our schools, government & even Christmas!**

**Lord, I'm asking you to come back & Re-bless America! We really need You!**

**There are more of us who want You than those who don't!**

**Thank You Lord, I Love you!**

*"Life without God is like an unsharpened pencil - it has no point."*

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