

The Scoop

July 2010



CLEARWATER COMMUNITY CENTER & SENIOR HAPPENINGS

921 Janet Avenue
Clearwater, Kansas 67026

620-584-2332

commcenter@sktc.net



HAPPY JULY BIRTHDAYS

- 03 Bill Vandruff
- 04 Bill Abbott
- 04 Glen Osborn
- 04 US of A - 234 Yrs.
- 06 Charles McCoy
- 06 Betty Peitz
- 07 Larry Anderson
- 07 Earl Brockman
- 07 James Charles
- 07 Wayland Whitlow
- 08 Mary Sullivan
- 09 Marlene Hand
- 10 Wilda Coleman
- 10 Bob Jacobs
- 14 Dean Lindamood
- 15 Cleo Ray
- 17 Barbara Hufford
- 18 Jack Haivala
- 19 Harold Stafford
- 19 Norma Sullivan
- 19 Tom Wise
- 24 Dave McDougal
- 24 Gary Morehead
- 24 Sue Ray
- 25 Mildred Chitwood
- 25 Eileen Garrigus
- 26 Marge Turrell
- 28 Robert Cummins
- 29 Mildred Heitman
- 30 Sheila Glasco
- 31 Bob Wright

OTHER "4TH OF JULY" B.D.'S

- Geraldo Rivera
- Gina Lolabrigida
- Neil Simon
- Eva Marie Saint
- Ann Landers
- Abigail Van Buren
- Mitch Miller
- George Murphy
- Rube Goldberg
- Calvin Coolidge

THE JUNE 8th FRIENDSHIP LUNCHEON

Following the prayer by Carl Shaffer, the June birthday people were recognized: David Crews, Doris Matthews, Farol McMillan and Mary Mitchell.

Barbara Hufford read Red Skelton's 'Pledge of Allegiance.' She also read the May minutes that were approved as corrected.

It was agreed upon by all present that rather than have a host or hostess for July's luncheon, we would have a "Pot Luck" luncheon.

Devotions for the July luncheon will be given by Mary Jo McMahan, the August luncheon will be Wanda Stitt, and the September luncheon will be Barbara Hufford.

Carl gave a summary of the June 5 **garage sale** and **baked goods sale**. He said the donations from these sales will be added to the existing fund for a flagpole, a flag, and lighting for it at the front of the Community Building.

He also told of the trip to see "**Murder One**" at the Crown Uptown on August 20 and 21. If you wish to attend you need to get your name on the list. He then told of the RSVP meeting the 13 Clearwater volunteers attended in Wichita. There were over 300 in attendance for the luncheon.

Barbara Hufford announced the movie for June will be "Sherlock Holmes" and the movie for July will be "**Men Who Stare At Goats.**" She also told of the "Quilts of Valor" meeting here on June 4. This is covered elsewhere in this month's "Scoop."

I described the Music Jamboree we had the first of June with 11 musicians contributing to the program. I also told of the changed format for the program. At this time we plan to have our **next Jamboree on Saturday, July 3rd.**

Al and Wilda Coleman were unable to attend the luncheon but they furnished the ham. Val Lange manned the kitchen and Ruby Fisher handled the table decorations for the June luncheon.

JUNE BIRTHDAY HONOREES



David Crews



Doris Matthews



Farol McMillan



Mary Mitchell

STUFF TO MAKE YOU SMILE:

- 1 "I am not available right now, but thank you for caring enough to call. I am making some changes in my life. Please leave a message after the Beep. If I do not return your call, you are one of the changes."
2. "My wife and I had words, But I didn't get to use mine."
3. "Every morning is the dawn of a new error."
4. Frustration is trying to find your glasses without your glasses.

QUILTS OF VALOR
By Peggy Brockman

Quilts of Valor was begun in 2003. Heirloom quality quilts are made to present to wounded soldiers to honor their service and thank them for what they have done for the USA.

The Clearwater quilting group decided we would like to make a QOV quilt. We contacted the Kansas group for more information. It has become a very pleasant project, offering both education and service.

We have completed two quilt tops. They go from us to the Kansas group for quilting and then are returned. We bind the quilts, put a label, a presentation case is made, and the journal we keep as we are making the quilt is enclosed with it, to go to the soldier. Katy Vickers (Kansas director) and Martha Smith (with QOV in Wichita) visited and spoke to our group on June 4. They answered many questions and shared several completed quilts with us.

Our quilting group now has a name: "Clearwater Ole Sew and Sews." We meet each Friday at 9:30 am, break for lunch, then continue until 3 pm. There is a job waiting for anyone who would like to become a part of the group.



Martha Smith & Katy Vickers, Director of Kansas QOV
 Displaying some of their quilts.



Local QOV quilters. Front row L to R: Jean Watts, Peggy Brockman, June Finney. Back row L to R: Barbara Hufford and Ima Kinaid. Not pictured: Angie Shaver.

If you would like to read more about this national project that was started in 2003, go to their website: www.quiltsforsoldiers.com.

WHO TO CALL

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THE SCOOP can also be seen online, in color, by going to City of Clearwater's website:

<http://www.clearwaterks.org>

ADVISORY COMMITTEE MEMBERS

Chair - Terry Sullivan

Co-Chair - Joan Fleming

Secretary - Carla Butterfield

Member at Large - James Charles

Member at Large - Marlene Hand

PLANNING COMMITTEE MEMBERS

Chair - Ruby Fisher

Co-Chair - Angie Shaver

Secretary - Barbara Hufford

Historian - Helen Fesnock

Education - June Finney

RSVP Program - Farol McMillan

GOOD VISION IN A DOWNPOUR

We are not sure why it is so effective; just try this method when it rains heavily.

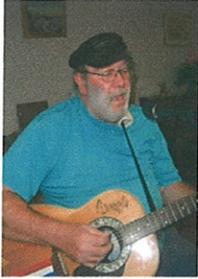
This method was told by a Police friend who had experienced and confirmed it.

It is useful...even driving at night. Many motorists turn on HIGH or FASTEST SPEED of the wipers during heavy downpour, yet the visibility in front of the windshield is still bad. When driving in rain, just try your SUN GLASSES (any model will do), and miracle! All of a sudden, your visibility in front of your windshield is perfectly clear, as if there is no rain. Make sure you always have a pair of SUN GLASSES in your car, as you are not only helping yourself to drive safely with good vision, but also might save friends' lives, too.

THE JUNE JAMBOREE

We were pleased to have thirteen musicians to entertain us at the Jamboree on June the 1st. Arnold Gregg hadn't attended for a couple of months but he returned and brought his son, Paul, and son's friend, Diann Brand, vocalist. Two others were here for the first time. Ben Geltner's brother Daniel did three numbers for us. Jerry Angstedt, steel guitar player from Haysville, fit right in with the group as he did several solos and was a pleasure to listen to.

The next Jamboree will be Saturday, July 3rd.



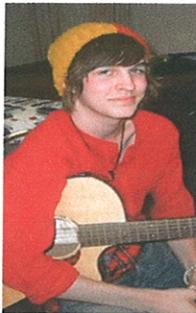
Arnold Gregg



Diann Brand



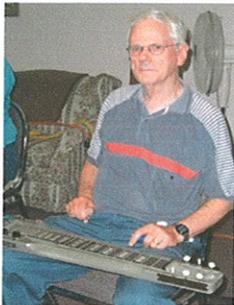
Paul Gregg



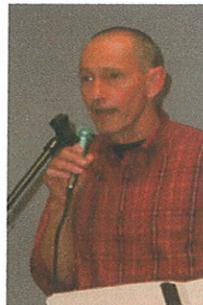
Daniel Geltner



Wilda Coleman



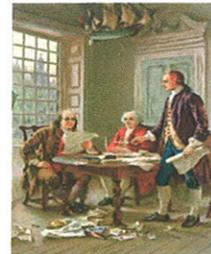
Jerry Angstedt



Thom Wilkins



L to R: Roger Dawson, Ben Geltner, Charlotte Dawson, Bruce Hopson, John Chitwood



Independence Day, July 4, is the only national holiday during the month of July. Since it is on Sunday, the federal observance will be on the following Monday.

Let's make sure it is a safe and sane weekend!



A Kansas senior citizen drove his brand new Corvette convertible out of the dealership. Taking off down the road, he pushed it to 80 mph, enjoying the wind blowing through what little hair he had left. "Amazing," he thought as he flew down I-35, pushing the pedal even more. Looking in his rear view mirror, he saw a Kansas State Trooper, blue lights flashing and siren blaring. He floored it to 100 mph, then 110, then 120.

Suddenly he thought, "What am I doing? I'm too old for this!" and pulled over to await the trooper's arrival. Pulling in behind him, the trooper got out of his vehicle and walked up to the Corvette. He looked at his watch, then said, "Sir, my shift ends in 30 minutes. Today is Friday. If you can give me a new reason for speeding--a reason I've never before heard--I'll let you go."

The old gentleman paused then said: "Three years ago, my wife ran off with a Kansas State Trooper. I thought you were bringing her back."

"Have a good day, Sir," replied the trooper.

God's Problem Now:

His wife's graveside service was just barely finished, when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance. The little, old man looked at the pastor and calmly said, "Well, she's there!"

"MURDER ONE"

Carl is still taking reservations for those who would like to attend the Music Theatre For Young People's production of "Murder One" at the Crown Uptown theater on Friday evening, August 20th.

We were lucky to get the group rate for tickets at only \$18.00 for the show preceded by Crown Uptown's fabulous dinner.

This is billed as a love story, but is unique in that the audience helps solve the mystery of 'who done it.'

If you haven't signed up yet, you need to get on the list on or before August 12th.

QUILT RAFFLE - AGAIN

This year's queensized quilt is one that was made by the ladies who meet at The Center every Friday.

Donation tickets are \$1.00 each or 6 for \$5.00. Again, as last year, you need not be present to win. The donations are going toward installing a lighted flag pole at the front of the Community Building. State Representative Pete DeGraaf has said it's possible that he may be able to get us a flag that has flown over the Capitol Building in Topeka. If that doesn't work out, the donations will also purchase a flag.

Chances will be sold at all activities in the Community Center and at several businesses in Clearwater.

The lucky winner's name will be drawn at our 3rd Annual Cat Fish Dinner on August 29.

When you drop by the Community Center, **take a look at Carl's office.** He has new strip lighting above his desk and a fan in the center of the ceiling. There are no windows in his small office and air circulation in there is 100% improved. (We haven't been able to find his desk top yet, but he's working on it.)



Chris Hadley, above, was the speaker at the June Friendship Luncheon. Chris is an associate of Via Christi. He talked about the elderly infirmed, how they can stay at home and make use of hospice planning. He brought oversized mugs and pill boxes to share with the luncheon guests.

The speaker at the July pot-luck lunch will be Carrie Barker whose topic is planning "From A to Z". More information on her will be forthcoming when the telephone ladies and the updating emails reach you.

If you have an item you'd like for "The Scoop" to print, get it to me on or before August 19. My phone number and email address are listed in each month's Scoop. Several folks have left items on Carl's desk for him to pass on. I usually get them too late to use.

We have a planning meeting the first Tuesday of each month to discuss the coming events. If you would be interested in attending, you are more than welcome. Any input we get will be considered.

The meeting is from 10 to 11 am.

A Sunday school teacher was discussing the Ten Commandments with her 5 & 6 year olds. After explaining the commandment to honor thy Father and thy Mother, she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?"

Without missing a beat one little boy answered, "Thou shall not kill."

MOVIE MATINEE

This month's movie, 1:30 pm Wednesday, July 21, will be "The Men Who Stare At Goats," starring George Clooney, Jeff Bridges, Ewan McGregor and Kevin Spacey.

The following paragraph was taken from a "Variety" magazine review last fall.

"As the completely nuts Cassady, Clooney anchors the movie in a beautifully calibrated demo of comic timing and sheer physical presence. More than just his nebbish straight man, McGregor has some of the best lines, slicing through Clooney's utter self-conviction with a handful of well chosen words. Bridges, channeling "The Big Lebowski," fits Django like a glove and Spacey's appearance midway adds some welcome tartness to all the New Age weirdness."

If you've seen "Dr. Strangelove", "Three Kings," or "Catch-22," you're bound to enjoy this one.

PARENT'S DAY - SUN., JULY 25

That Parent's Day was not there even two decades back would come as a surprise to many. Yet it is a fact that it was only in 1994 that the holiday got an official acceptance in the U.S.A. It is observed the fourth Sunday in July each year.

It is hard to pinpoint the exact time when the idea of having a Parent's Day was really born. However, the holiday can be said to stem from the eternal human desire to honor and appreciate parents - those special beings upon whom lie the foundation of a new generation, whose enormous effort results in the creation of a better species of humankind that can show a new direction to the world.

In the U.S.A., Parent's Day was born out of a united effort of several religious, civic and elected leaders, who felt the need of an occasion to promote responsible parenting in the society, to highlight the important roles parents have in the successful raising of their children and to uphold the ideal parental role models for the benefit of the new generation.

-----info from GOOGLE

July 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 4 INDEPENDENCE DAY 	 5 Painting - both Beginners & Advanced 1 to 3 pm	 6 Arts & Crafts 9:30 to 11:30 am Exercise: 10 to 11 am Planning Meet: 10 am AA & AIAnon : 7 pm	 7	1 Knitting: 9:30 to 11:30 am AA & AIAnon : 7 pm	2 Quilting 9:30 to 11:30 am Exercise: 10 to 11 am Cards & Games 1 pm to ???	3 COUNTRY MUSIC JAMBOREE 7 TO 10 pm
11	12 Painting - both Beginners & Advanced 1 to 3 pm	13 Arts & Crafts 9:30 to 11:30 am Exercise: 9:30-10:30 am LUNCHEON: 12 noon AA & AIAnon : 7 pm	14	15 Knitting: 9:30 to 11:30 am AA & AIAnon : 7 pm	16 Quilting 9:30 to 11:30 am Exercise: 10 to 11 am Cards & Games 1 pm to ???	17 ***BISCUITS*** And GRAVY 7 TO 10 am
18	19 Painting - both Beginners & Advanced 1 to 3 pm	20 Arts & Crafts 9:30 to 11:30 am Exercise: 10 to 11 am AA & AIAnon : 7 pm	21 MOVIE MATINEE 1:30 PM	22 Knitting: 9:30 to 11:30 am AA & AIAnon : 7 pm	23 Quilting 9:30 to 11:30 am Exercise: 10 to 11 am Cards & Games 1 pm to ???	24 If You DON'T Like Our Biscuits & Gravy, TELL US !!!!
25 PARENTS DAY	26 Painting - both Beginners & Advanced 1 to 3 pm	27 Arts & Crafts 9:30 to 11:30 am Exercise: 10 to 11 am AA & AIAnon : 7 pm	28	29 Knitting: 9:30 to 11:30 am AA & AIAnon : 7 pm	30 Quilting 9:30 to 11:30 am Exercise: 10 to 11 am Cards & Games 1 pm to ???	31

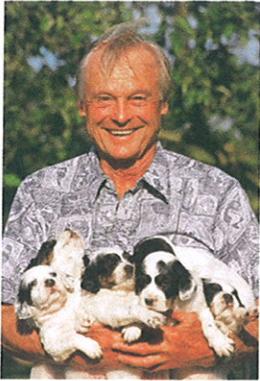
GOOD NEIGHBOR NUTRITION PROGRAM

GNNP MENU (menu is subject to change)

JULY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> ● CONTAINS TURKEY ⊕ CONTAINS PORK 		<p>BEEF MINESTRONE SOUP BAKED POTATO CHERRY PIE SALTINE CRACKERS</p> <p>31 Gm Fat 912 Calories 802 mg Sodium</p>	<p>BBQ CHICKEN SANDWICH CALICO BAKED BEANS MIXED GREEN SALAD w/DRSG JELLIED STRAWBERRY PEAR SALAD</p> <p>15 Gm Fat 716 Calories 763 mg Sodium</p>
<p>CLOSED FOR JULY 4TH HOLIDAY</p>	<p>MEATLOAF w/TOMATO SAUCE MASHED POTATOES CARROT RAISIN SALAD FRUIT COCKTAIL WHOLE WHEAT BREAD</p> <p>23 Gm Fat 715 Calories 1079 mg Sodium</p>	<p>Ⓞ BRATWURST on BUN CORN COBBETTE COMBINATION SALAD w/DRSG CINNAMON APPLESAUCE</p> <p>30 Gm Fat 653 Calories 876 mg Sodium</p>	<p>SPAGHETTI w/MEATSAUCE CALIFORNIA VEGETABLES PINEAPPLE CHUNKS BREADSTICKS</p> <p>18 Gm Fat 657 Calories 791 mg Sodium</p>	<p>LIVER and ONIONS CREAMY SCALLOPED POTATOES ROMAINE SALAD w/DRSG DICED PEACHES WHOLE WHEAT BREAD</p> <p>16 Gm Fat 694 Calories 694 mg Sodium</p>
<p>● TURKEY and SWISS CHEESE on a HOAGIE BUN CREAMY POTATO SOUP BERRY FRUIT MIX OATMEAL COOKIES</p> <p>21 Gm Fat 701 Calories 1029 mg Sodium</p>	<p>CABBAGE ROLL CASSEROLE GREEN PEAS FRESH APPLE WHOLE WHEAT BREAD</p> <p>18 Gm Fat 662 Calories 813 mg Sodium</p>	<p>SALISBURY STEAK MASHED POTATOES TOSSED SALAD w/DRSG APRICOT MIX WHOLE WHEAT BREAD</p> <p>23 Gm Fat 685 Calories 614 mg Sodium</p>	<p>Ⓞ HAM & BEANS with ONIONS SPINACH MANDARIN ORANGES CORNBREAD</p> <p>12 Gm Fat 669 Calories 1059 mg Sodium</p>	<p>SOFT TACO CALICO CORN FRESH BANANA VANILLA PUDDING</p> <p>25 Gm Fat 798 Calories 1034 mg Sodium</p>
<p>HAMBURGER on BUN MEDITERRANEAN VEGETABLES POTATO SALAD PINEAPPLE AMBROSIA</p> <p>31 Gm Fat 803 Calories 620 mg Sodium</p>	<p>OVEN ROASTED CHICKEN MASHED POTATOES LOOSE LEAF SALAD w/DRSG DICED PEACHES WHOLE WHEAT BREAD</p> <p>22 Gm Fat 628 Calories 475 mg Sodium</p>	<p>Ⓞ PORK STEW GREEN BEANS ROSY APPLESAUCE BISCUIT</p> <p>20 Gm Fat 649 Calories 839 mg Sodium</p>	<p>CHILI CHEESE POTATO COMBINATION SALAD w/DRSG MIXED FRUIT CUP WHOLE WHEAT BREAD</p> <p>18 Gm Fat 665 Calories 666 mg Sodium</p>	<p>● TURKEY TETRAZINI BROCCOLI SUMMER LIME GELATIN WHOLE WHEAT BREAD</p> <p>20 Gm Fat 703 Calories 1189 mg Sodium</p>
<p>ITALIAN CHICKEN CASSEROLE CAPRI VEGETABLES PINEAPPLE CHUNKS ORANGE GELATIN WHOLE WHEAT BREAD</p> <p>17 Gm Fat 633 Calories 816 mg Sodium</p>	<p>TACO SALAD GREEN PEAS FRESH ORANGE</p> <p>28 Gm Fat 651 Calories 795 mg Sodium</p>	<p>● ROAST TURKEY w/GRAVY MASHED POTATOES THREE BEAN SALAD STRAWBERRIES & APRICOTS WHOLE WHEAT BREAD</p> <p>16 Gm Fat 633 Calories 1147 mg Sodium</p>	<p>SLOPPY JOE on BUN BRUSSELS SPROUTS MACARONI SALAD FRUIT MIX w/BLUEBERRIES</p> <p>25 Gm Fat 718 Calories 675 mg Sodium</p>	<p>Ⓞ SCALLOPED POTATOES w/HAM CAULIFLOWER TROPICAL FRUIT WHOLE WHEAT BREAD GELATIN CAKE w/TOPPING</p> <p>26 Gm Fat 831 Calories 1210 mg Sodium</p>

*May your troubles be less,
Your blessings be more,
And may nothing but happiness
Come through your door.*



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