

# The Scoop

October 2009



## **CLEARWATER** COMMUNITY CENTER & SENIOR HAPPENINGS

921 Janet Avenue  
Clearwater, Kansas 67026

620-584-2332

[commcenter@sktc.net](mailto:commcenter@sktc.net)



**CLEARWATER CELEBRATES  
100 YEARS OF ELECTRICITY  
1909 - 2009**

In 1909 the first electric light service came to the city from Ira Johnson and J. Brown's blacksmith shop, but the shop was unable to furnish enough light for those who desired service so bonds were issued and the city built its first light plant in 1912. Later more bonds were issued for the improving of the lights and water, and in 1922 our electric power was connected with Wichita, furnished by the Kansas Gas and Electric Company purchased the city light plant and was granted a franchise to supply Clearwater's electrical needs.

**(taken from a History of the Clearwater Community published in 1961 and compiled by Minnie Barnett, Letha Parker, Ida Teague, Jennie Williamson, Helen Kimel and Esther Chambers.)**

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**FIRST CHRISTIAN CHURCH  
(DISCIPLES OF CHRIST)  
CELEBRATES 125<sup>TH</sup> YEAR IN OCTOBER**

In 1884, 125 years ago, a group of individuals felt the need for a church in Clearwater. In the fall of 1884, J.E. Cain and others organized with Brother D.T. Broadus as their minister. There were three elders and two deacons. After two short revivals in 1885 and 1887, Mr. Broadus conducted a *real* revival in 1888 in an old hall which stood just east of the present Home State Ban (now the present Clearwater City Building.)

With no permanent home, the group met for a time in the G.A.R. Hall, which stood where the present Ark Valley Printing is now. After shifting from one place to another, arrangements were made to use the Baptist building, which they did for a year.

Later, meetings were held in the Presbyterian Church where a Union Sunday School was organized, which lasted until 1904.

(The above is taken from the Christian Church's Centennial booklet of 1984.)

**Church members will be celebrating their 125<sup>th</sup> year on October 3<sup>rd</sup> and 4<sup>th</sup> with extra events planned for both services.**

**ALUMNI BANQUET**

This year, 2009, the Clearwater Alumni Association will be celebrating the 100<sup>th</sup> year of having a four-year high school. Check the schedule of events on another page. See you there?

**MEET ALMA JARBOE, 102 ON SEPT. 16<sup>TH</sup>**



Alma Jarboe is a lifetime resident of the Clearwater community, She was born the oldest of five daughters and one son to Ray and Cecil Lucas of rural Clearwater in 1907. She graduated from CHS in 1927 and married Frank Jarboe in 1930. Living with Alma is her daughter, Lou Ann, who also shares the same birth date, September 16<sup>th</sup>. Her other daughter, Jacki Watkins also resides in Clearwater.

The Jarboes moved from the farm into Clearwater in 1948 or 49 and Clearwater has remained her home.

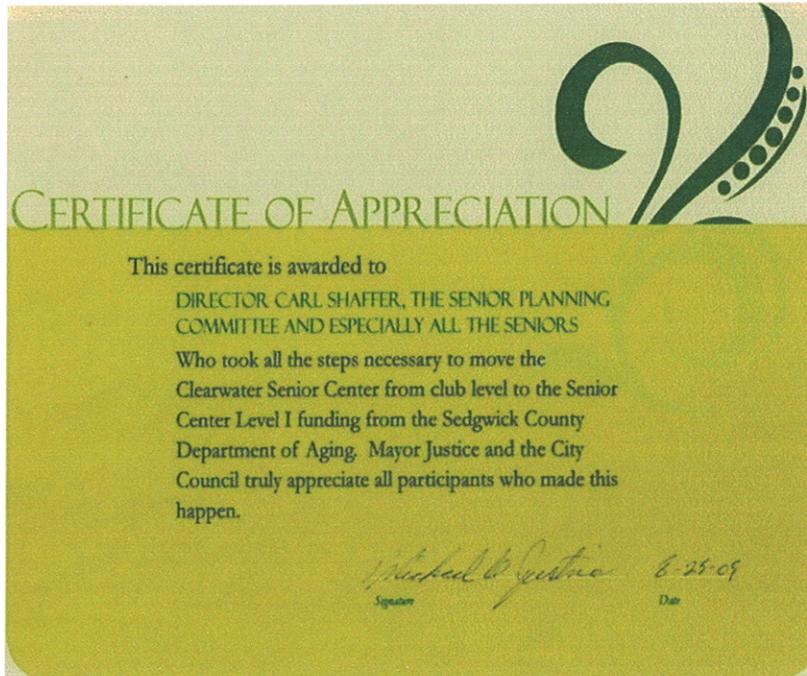
In her earlier years Alma was a country school teacher, then later worked in Wichita at both Buck's and Montgomery Ward. She enjoyed working in the sportswear department. She also worked as a telephone operator at the Clearwater Telephone Co. when it was a little red brick building located on So. Lee where the building owned by Southern Kansas Telephone Company now sits.

In addition to raising two daughters and being employed, Alma was an active member in her church, enjoyed her bridge club, joined the Clearwater Study Club, and she and Frank were both members of Eastern Star.

Alma is pretty much homebound now but enjoys having visitors and chatting with them.

The picture above was taken when a celebration was held for her 100<sup>th</sup> birthday. The picture below is a recent 5-generation photo of Brooklynn, held by her father, Kody who sits in front of his mother, Kelli Goheen. Great-great-grandmother Alma sits to the left of her daughter (and Brooklynn's great-grandmother), Jacki Watkins.





**Recognition of Carl Shaffer and Senior Citizens for Senior Level I Funding from the Department of Aging.**

Mayor Justice presented Carl Shaffer, Senior Center Director with a Certificate of Appreciation. Justice stated that Shaffer, the Senior Center Advisory Committee, and many others have worked hard over the last 2 years to bring the Senior Center from a club level to senior center level 1 with the Sedgwick County Department on Aging. The change in level comes with an increase in funding by the Department on Aging from \$5,000 to \$18,000. Justice thanked Shaffer and other seniors for their hard work. Shaffer reviewed the efforts that took the Senior Center to level 1. Shaffer introduced several senior members of the community and explained their activities within the Center. Shaffer stated the Center is already doing the activities to get to the next funding level. The Clearwater Senior Center can't apply for the next level until 2011, but they are well on their way.

*(The above paragraph is from the minutes of the City Council Meeting held on August 25, 2009.)*

**Editorial:** Carl Shaffer is a 'go-getter' director and is fortunate to have a number of dedicated volunteers who work diligently to help achieve the goals he sets. He does, however, see a problem for the future of the Community Center and the Senior Activities. Carl won't be here forever. The diligent volunteers won't be here forever.

If the 'Center' is to expand the way he knows it can, it will take others to begin participating NOW! They need to learn the duties performed by the present volunteers so the work can be continued and constantly upgraded.

This is an ongoing project, and, who knows, in another few years the director may be a full-time position and the volunteers may be paid employees. Let's keep looking to the future with a positive attitude. Already some of the programs such as the RSVP could use a full-time worker. Let's be a community that works together with this. OK?

**Who To Call !!!!**

The Scoop is a monthly newsletter of the Clearwater Community Center, 921 Janet, Clearwater, KS 67026.

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The Scoop can also be seen online by going to City of Clearwater's website: <http://www.clearwaterks.org>.

**Advisory Committee Members**

- Chairperson- Terry Sullivan
- Co-Chair- Joan Fleming
- Secretary- Carla Butterfield
- Member at Large- James Charles
- Member at Large- Marlene Hand

**Planning Committee Members**

- Chairperson – Farol McMillan
- Co-Chair – Angie Shaver
- Secretary – Barbara Hufford
- Historian – Helen Fesnok
- Education – June Finney
- RSVP program – Farol McMillan

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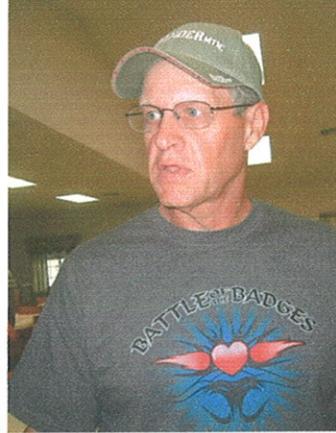
Taken from one of my many emails:

- \*A sharp tongue can cut your own throat.
- \*Of all the things you wear, your expression is the most important.
- \*The best vitamin for making friends: B1
- \*The heaviest thing you can carry is a grudge.
- \*One thing you can give and still keep is your word.
- \*If you lack the courage to start, you have already finished.
- \*One thing you can't recycle is wasted time.
- \*Ideas won't work unless 'You' do.
- \*Your mind is like a parachute...it functions only when open.

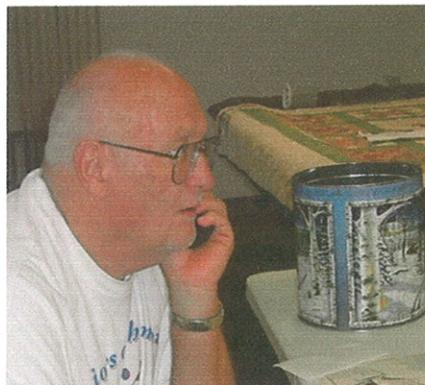
## Fish fry and Quilt Drawing, Saturday, Sept. 12, 2009



The ladies worked diligently in the kitchen Friday afternoon to get the potatoes, fish and onions ready.



Kendra Lauer, Katarina Layton, and Megan Fisher, Seniors at CHS served the folks' dinners. They are doing this as a community service project in their Government class. They each contributed over 5 hours of service to the Community Center Saturday afternoon and evening. Jerry Stitt caught the majority of the fish everyone enjoyed. As you can see from the crowded tables, everyone was busy enjoying the fish and trimmings.



Diane Nickleson consented to draw the winning ticket for the quilt she pieced and donated to the Seniors. As soon as the lucky ticket was drawn, Carl Shaffer, CommCenter director, was on the phone to notify the winner, Mary (Mrs. Garland) Fleming of Clearwater. She was home to take the call and was at the Center in minutes to receive her quilt. This final picture shows a happy Mary Fleming with her new quilt.

The Seniors collected \$1,299.00 on the ticket sales. Jean Watts donated one more dollar to make the total sales to \$1,300.00 to go toward the new exterior door on the north side of the building.

Many folks were involved to make sure that food was prepared, tables set up, place settings were ready, cakes were baked, cut, and served, and last minute tickets were sold. A huge THANK YOU goes to each of them!

## FRIENDSHIP LUNCHEON'S BUSINESS MEETING

Following the Friendship Luncheon on Tuesday, Sept. 8, Farol McMillan called the meeting to order and led the group in the flag salute. Terry Shinkle of Webb-Shinkle Mortuary in Clearwater spoke to the assembly about funeral costs and the different items needed by a mortuary for a burial.

Mary Jo McMahan gave the devotions. Her talk was how important two words are and how they are not used as often as they should be. The two words were "Thank You". It was a nice presentation.

Of the 30-some birthdays listed for September, one birthday person was present to be honored: Wanda Stitt.

The group discussed the items necessary for the Fish Fry on Sept. 12<sup>th</sup>. The need for electric skillets, cakes, and volunteers were among the most important items. During the meeting four people signed as volunteers to help and twelve (12) volunteered cakes for the desert. Angie Shaver plans to call people for the needed electric skillets.

Ruby Morehead volunteered to take over the place on the calling committee that had been held by Gloria Berntsen. Thanks, Ruby!!!

Some volunteers were also needed for the September Biscuits & Gravy on the 19<sup>th</sup>.

A reminder was given concerning the Galichia Clinic's Free Heart Screening on Sept. 29<sup>th</sup> from 2 to 5 PM. **Call Carl at 584-2332 for him to relay your name if you want the screening. Deb Cave will then call you for the information they need and give you your appointment time.**

**Flu shots will be given on Oct. 1<sup>st</sup> from 9:30 to 11:00 am only.** Call Carl if you want a shot so they will bring enough shots.

Twila Wiggins started her chemo on the 9<sup>th</sup> for her lung cancer. Let's keep her in our prayers along with all our older adults.

Geri Deninger moved that the meeting be adjourned. Carl seconded the motion. Twenty-six people attended with donations given in the amount of \$35.00. Submitted by Carl Shaffer

## BISCUITS AND GRAVY

The total number of breakfasts served Sept. 19<sup>th</sup> was down from the past two months, but there were still over 70 hardy souls with good appetites enjoying the repast.

It was a pleasure to see State Representative Pete DeGraaf again. He had copies of his newsletter that he shared with the folks. He also had informative sheets telling how to write to your legislators. The Keys to a GREAT Letter, according to his hand-out are: 1) Keep it short. 2) One topic per letter. 3) Identify yourself. 4) Thank your legislator for serving. Be respectful. 5) Be specific (i.e. what you want them to do about an issue or a bill) 6) End with your Name, Address, Phone number, and Email address.

Helping with the serving was Brooke Finney, granddaughter of June Finney, who participates in the C.H.S. government class' community service project program. These students are to be commended for the manner in which they conduct themselves while out in the public eye.

## TERRY SHINKLE SPEAKS TO LUNCHEON GROUP



**Terry Shinkle** gave an interesting and informative talk to the luncheon group on Sept. 8.

In addition to funeral costs and items needed by a mortuary for a burial, he gave some helpful guidelines to follow.

When a death occurs Hospice or the coroner notifies the mortuary. Kansas law states that within the first 24 hours the body must be embalmed, cremated or autopsied. It is helpful for the mortuary to have information prior to the death. It's difficult in many cases for the children of the deceased to know their grandmother's maiden name, or her date of birth or death. Mortuaries have sheets available at no cost for people to use to assemble that type of information.

He also mentioned that cemeteries have stipulations that vary from one district to another. The State of Kansas doesn't require vaults. Kansas also has no restrictions concerning the remains after cremation.

It would be an advantage to all of us to have as much personal information available as possible for our families so they know our wishes, and can have guide-lines to follow.

Good information- well received!!!

## Daylight Savings Time

**DST starts 2 a.m. and ends at 2 a.m.**

**2009      March 8                      Nov. 1(Sunday)**

**2010      March 14                      Nov. 7**

**2011      March 13                      Nov. 6**

**2012      March 11                      Nov. 4**



### A Safety Reminder

Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks because Daylight Saving Time provides a convenient reminder. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy, Michigan Fire Department. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have dead or missing batteries.

### Some History of Columbus Day

The first recorded celebration honoring the discovery of America by Europeans took place on Oct. 12 1792 in New York City. The event, which celebrated the 300<sup>th</sup> anniversary of Columbus' landing in the New World, was organized by The Society of St. Tammany (also known as the Columbian Order).

San Francisco's Italian community held their first Columbus Day celebration in 1869. In 1892, President Benjamin Harrison urged citizens to participate in the 400<sup>th</sup> anniversary celebration of Columbus' first voyage. **It was during this event that the Pledge of Allegiance, written by Francis Bellamy, was recited publically for the first time.**

Colorado was the first state to observe the holiday in 1905.

In 1937, President Roosevelt proclaimed October 12 as "Columbus Day" and in 1971, President Nixon declared the second Monday of October a national holiday.



### **FIRE PREVENTION DAY IS ALWAYS ON OCTOBER 9<sup>TH</sup>.**

Fire prevention week is always the week in which October 9<sup>th</sup> falls.

According to legend, on October 8, 1871, Mrs. O'Leary was in her barn, milking her cow. The cow kicked over a lamp which started the Great Chicago Fire of 1871. The fire burned for over 27 hours. When it was over, more than 300 people were killed, 100k000 people were left homeless, and over 17,000 structures were destroyed.

The Great Chicago fire sparked major efforts in fire prevention. Forty years later, the Fire Marshall's Assoc. of N. America(FMANA) held the first Fire Prevention Day. In 1920, Pres. Woodrow Wilson proclaimed Fire Prevention Week.

**Did You Know?** Dalmatians became fire dogs because they were often kept around the horses at fire houses to guard them.

**Remember "EDITH"**, which stands for "Exit Drills In The Home".



### HALLOWEEN CUSTOMS

The custom of Halloween was brought to America in the 1840's by Irish immigrants fleeing their country's potato famine. At that time, the favorite pranks in New England included tipping over outhouses and unhinging fence gates.



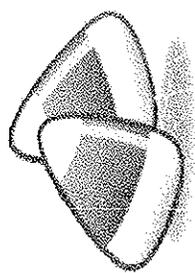
The Jack-o-lantern custom probably comes from Irish folklore. As the tale is told, a man named Jack, who was notorious as a drunkard and trickster, tricked Satan into climbing a tree. Jack then carved an image of a cross in the tree's trunk, trapping the devil up the tree. Jack made a deal with the devil that, if he would never tempt him again, he would promise to let him down the tree. According to the folk tale, after Jack died, he was denied entrance to Heaven because of his evil ways, but he was also denied access to Hell because he had tricked the devil. Instead, the devil gave him a single ember to light his way through the frigid darkness. The ember was placed inside a hollowed-out turnip to keep it glowing longer. US custom changed it from a turnip to a pumpkin.



**Happy Halloween**

# October 2009

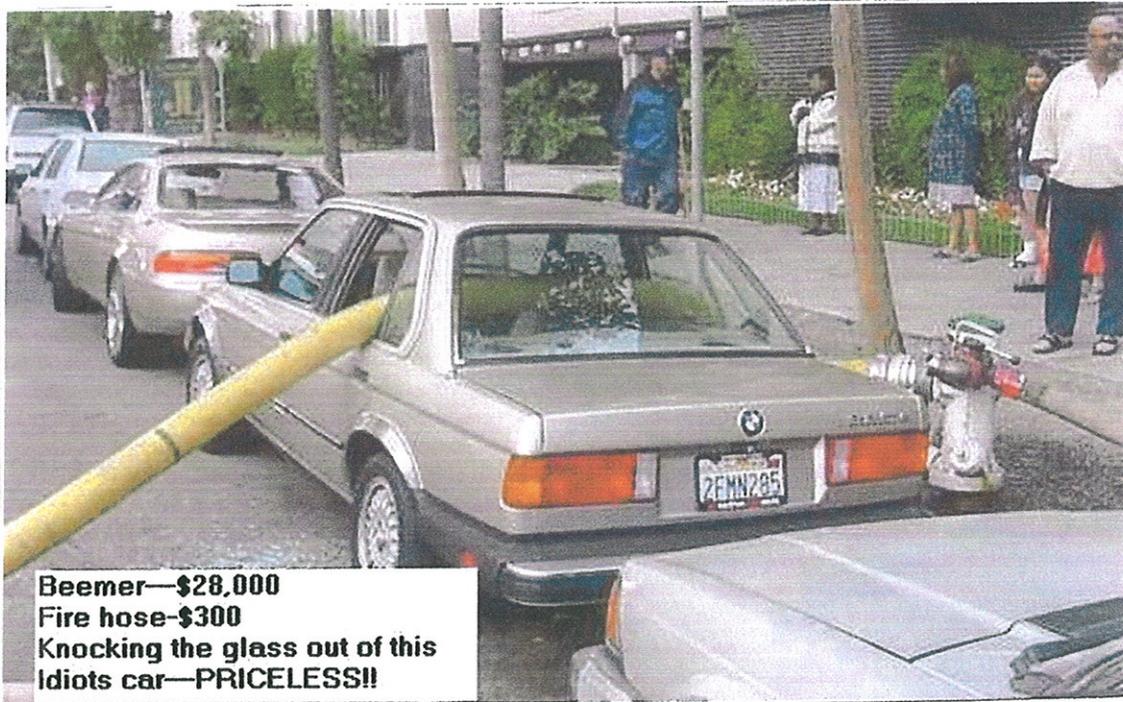
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 KNITTING 9:30 TO 11:30 AM PLANNING COMM. 9 TO 11 AM AA & AL-ANON 7 TO 9 PM	2 QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CARDS AND GAMES 4 TO 8 PM	3 JAM SESSION 7-10 PM
4	5 PAINTING 9:30AM TO 11:30 AM BOTH BEGINNING AND ADVANCED	6 ARTS & CRAFTS 9:30 TO 11:39 AM EXERCISE 10-11 AM PITCH CLUB 1-4 PM AA & AL-ANON 7 TO 9 PM	7	8 KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	9 QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CARDS & GAMES 4 TO 8 PM	10
11	12 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	13 EXERCISE 9 TO 10 AM FRIENDSHIP LUNCH 12 TO 2 PM AA & AL-ANON 7 TO 9 PM	14	15 KNITTING 9:30 TO 11:30 AM WAL-MART 10 AM AA & AL-ANON 7 TO 9 PM	16 QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CARDS AND GAMES 4 TO 8 PM	17 BISCUITS & GRAVY 7-10 AM
18	19 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	20 ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10 11 AM BRIDGE CLUB 1 TO 4 PM AA & AL-ANON 7 TO 9 PM	21	22 KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	23 QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CARDS & GAMES 4 TO 8 PM	24
25	26 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	27 ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM AA & AL-ANON 7 TO 9 PM	28	29 KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	30 QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CARDS & GAMES 4 TO 8 PM	31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>TRICK OR TREAT!</b></p> <p>MINESTRONE SOUP BAKED POTATO PINEAPPLE CHUNKS CHOCOLATE CHIP COOKIES LOW SODIUM CRACKERS</p> <p>28 Gm Fat 863 Calories 713 mg Sodium</p> <p>5</p>	<p>● CONTAINS TURKEY ○ CONTAINS PORK</p>  <p>● TURKEY TETRAZININI BROCCOLI AUTUMN GELATIN SALAD WHOLE WHEAT BREAD</p> <p>20 Gm Fat 673 Calories 1162 mg Sodium</p> <p>6</p>	 <p>SOFT TACO CALICO CORN FRESH BANANA</p> <p>21 Gm Fat 651 Calories 881 mg Sodium</p> <p>7</p>	<p>● HAM &amp; BEANS w/ONIONS SPINACH MANDARIN ORANGES CHOCOLATE PUDDING CORNBREAD</p> <p>14 Gm Fat 678 Calories 1191 mg Sodium</p> <p>1</p>	<p>OKTOBERFEST ● BRATWURST on BUN CORN COBBETTE CORONADO SALAD SLICED PEACHES</p> <p>33 Gm Fat 709 Calories 883 mg Sodium</p> <p>2</p>
<p>● PORK PATTIES in GRAVY MASHED POTATOES CUCUMBER TOMATO SALAD SLICED PEACHES WHOLE WHEAT BREAD</p> <p>37 Gm Fat 794 Calories 1233 mg Sodium</p> <p>12</p>	<p>LEMON CHICKEN in MUSHROOM SAUCE GARDEN RICE PILAF COMBINATION SALAD w/DRSG BERRY &amp; PEAR FRUIT MIX WHOLE WHEAT BREAD</p> <p>19 Gm Fat 629 Calories 858 mg Sodium</p> <p>13</p>	<p>GROUND BEEF STROGANOFF CALIFORNIA MIX VEGETABLES CITRUS MIX STRAWBERRY GELATIN WHOLE WHEAT BREAD</p> <p>27 Gm Fat 734 Calories 758 mg sodium</p> <p>14</p>	<p>CRANBERRY MEATBALL CREAMY SCALLOPED POTATOES SPINACH SALAD w/DRSG FRESH APPLE WHOLE WHEAT BREAD</p> <p>20 Gm Fat 650 Calories 611 mg Sodium</p> <p>8</p>	<p>CHICKEN &amp; NOODLES BRUSSELS SPROUTS MIXED FRUIT CUP VANILLA PUDDING WHOLE WHEAT BREAD</p> <p>25 Gm Fat 710 Calories 636 mg Sodium</p> <p>9</p>
<p>CHILI with BEANS CAPRI VEGETABLES PEACH CUP SUGAR COOKIES LOW SODIUM CRACKERS</p> <p>25 Gm Fat 774 Calories 897 mg Sodium</p> <p>19</p>	<p>HAMBURGER on BUN GREEN BEANS PASTA SALAD JELLIED STRAWBERRY PEAR SALAD</p> <p>21 Gm Fat 647 Calories 616 mg Sodium</p> <p>20</p>	<p>● TURKEY with GRAVY MASHED POTATOES PEA &amp; LETTUCE SALAD w/DRSG BLUEBERRY CRISP DINNER ROLL</p> <p>20 Gm Fat 743 Calories 1043 mg Sodium</p> <p>21</p>	<p>SPAGHETTI w/MEATSAUCE MEDITERRANEAN VEGETABLES FRESH ORANGE BREADSTICKS</p> <p>17 Gm Fat 662 Calories 777 mg Sodium</p> <p>22</p>	<p>OVEN ROASTED CHICKEN CALICO BAKED BEANS ROMAINE SALAD w/DRSG PINEAPPLE &amp; STRAWBERRIES WHOLE WHEAT BREAD</p> <p>19 Gm Fat 679 Calories 730 mg Sodium</p> <p>16</p>
<p>LIVER &amp; ONIONS w/GRAVY MASHED POTATOES PICKLED BEETS APRICOT MIX WHOLE WHEAT BREAD</p> <p>13 Gm Fat 656 Calories 862 mg Sodium</p> <p>26</p>	<p>TACO SALAD GREEN PEAS MANDARIN ORANGES</p> <p>27 Gm Fat 669 Calories 820 mg Sodium</p> <p>27</p>	<p>ITALIAN CHICKEN CASSEROLE DICED CARROTS STRAWBERRY PEACHES OATMEAL COOKIES WHOLE WHEAT BREAD</p> <p>23 Gm Fat 692 Calories 891 mg Sodium</p> <p>28</p>	<p>● HAMLOAF w/CREAM GRAVY CREAMY SCALLOPED POTATOES TOSSED SALAD w/DRSG ROSY APPLESAUCE POTATO ROLL</p> <p>25 Gm Fat 810 Calories 1075 mg Sodium</p> <p>29</p>	<p>SLOPPY JOE on BUN BROCCOLI MACARONI SALAD FRESH BANANA GELATIN CAKE w/TOPPING</p> <p>22 Gm Fat 697 Calories 633 mg Sodium</p> <p>23</p>

HAPPY HALLOWEEN!

Clearwater Community & Senior Center  
921 Janet Avenue  
Clearwater, Kansas 67026

## *Fireman's Revenge*



**Beemer—\$28,000**  
**Fire hose—\$300**  
**Knocking the glass out of this**  
**Idiots car—PRICELESS!!**