



THE SCOOP

June 2009



CLEARWATER

COMMUNITY CENTER

& SENIOR HAPPENINGS

921 Janet Avenue
Clearwater, Kansas 67026
620.584.2332



June Birthdays

- 04 Mable Shoff
- 06 Beulah Barnett
- 07 Don McMillan
Bob Peel
Roger Ratcliff
- 09 Rachel Anton
- 11 Garry Freed
Robert Pugh
- 12 Margaret Donnell
June Finney
Roger Gregory
- 14 Doris Matthews
- 15 Sandra Cummins
Robert Topham
- 16 Mary Mitchell
Jane Roberts
Loretta Shaffstall
- 17 Richard Vogel
- 18 Faye Neises
Farol McMillan
- 19 Helen Stitt
- 22 David Crews
- 23 Larry Wolf
- 24 Sandy Baxter
- 25 Algie Strait
- 26 Janice Headgepath
Barbara Munger
Genevieve Wilbur
- 29 Leonard Anton
Joan Wilbert
- 30 Ron Chippeaux

Memphis, TN 911 Call:

Dispatcher: 9-1-1

Caller: *Yeah, I'm having trouble breathing. I'm all out of breath. Darn....I think I'm going to pass out.*

Dispatcher: Sir, where are you calling from?

Caller: *I'm at a pay phone. North & Foster.*

Dispatcher: Sir, an ambulance is on the way. Are you asthmatic?

Caller: *No*

Disp.: What were you doing before you started having trouble breathing?

Caller: *Running from the Police.*

Fires and Falls

Krista and Mark presented the Educational Program, Fires and Falls at the May luncheon.

Lt. Mark Chairs of the Wichita Fire Control Assn. and Krista Lovette from the Area Agency on Aging gave an interesting and informative program to the 34 folks attending. Lt. Chairs filled us in on fire prevention in the home. Ms Lovette explained the many pitfalls in the home.

An overhead projector illustrated the points they were giving us.

Following their presentations, Lt. Chairs gave a trivia quiz. If a correct answer was given, a bonus question was asked. The bonus question had to do with reinforcing the information from their talks. Both questions had to be answered correctly in order to win a prize.

Winners of prizes were Carl Shaffer, Grace Webb, Kathleen Mourning, Janetta Burris, Barbara Standly, and Jeri Deninger.

The Center folks thank Lt. Chairs and Ms. Lovette for bringing this program to us.



Lt. Chairs and Ms. Lovette following their presentation.

American Proverb: It is better to be safe than sorry.

Latin Proverb: He is safe from danger who is on guard even when safe.



Famous Father!
Did he really
always know
best?

Father's Day, Sun., June 21

The first observance of Father's Day is believed to be held on July 5, 1908, in the Central United Methodist Church of Fairmont, W. VA, by Dr. Robert Webb.

Mrs. Sonora Smart Dodd of Washington, thought independently of the holiday one Sunday in 1909 while listening to a Mother's Day sermon at the Central Methodist Episcopal Church in Spokane, and she arranged a tribute for her father on June 19, 1910. She was the first to solicit the idea of having an official Father's Day observance.

A bill was introduced in 1913....US President Calvin Coolidge supported the idea in 1924....A national committee was formed in the 1930s by trade groups in order to legitimize the holiday.

June 21 is the First Day of SUMMER!

The 6th Annual RSVP Volunteer and Agency Banquet will be held Thursday, June 4 from 11:30 am to 1:30 pm at the Tanganyika Wildlife Park, 1000 So. Hawkins LN, Goddard, KS 67052.

There will be free parking with assistance available for wheelchair parking.

Reservations need to be made by May 29, to the Sedgwick County Department on Aging. RSVP Phone: 660-5134

There is a \$6.00 charge for Non-RSVP Guests lunches.

CARL'S COMMENTS CONCERNING 'CENTER' & MEN

"It has been brought to my attention that the pool table is the ONLY activity that is for men at the 'Center.' Let me point out some of the activities that are available for MEN to be involved in at the 'Center.'" This is a comment from Carl Shaffer, Director of the Clearwater Community Center, recently.

"First of all, the 'Center' is open from 8:00 am to at least 2:00 pm each weekday for anyone wishing to use the facility, both male and female. Weekends and holidays are open for special activities and pre-planned events. There are no special activities in the big room on weekdays until 11:30 am for the Senior Lunch Program. During the afternoon any number of activities are available. There is a Pitch Club and Bridge Club where both MEN and women may play. Plus there are various card games (pinochle, canasta, etc.) both MEN and women may play, or even start their own game. Years ago, MEN gathered at the 'pool hall' or 'domino parlor' to spend an afternoon with their friends and a hot game of dominoes. That is also possible to do here at the 'Center.' An exercise class meets twice a week for both MEN and women to help keep their bodies flexible. One 90-year-old gentleman was one of the first to join the group and is still an active participant. MEN also have the opportunity to paint with pastels, oils, or charcoal or maybe just learn how to sew on a button. The 'Center' schedules educational or pleasure trips every month for the enjoyment of both MEN and women. MEN shouldn't be adverse to touring the Oil Museum in El Dorado, the Salt Mine in Hutchinson, or Exploration Place in Wichita. We'd like to have a "Men's Night Out" to attend some indoor football at the new arena, but Clearwater MEN are invisible too much of the time. The big screen TV in the big room has the Wii program. Games include tennis, baseball, bowling, and golf. Wouldn't you MEN like to get up teams and try out some of these programs?

"The first Saturday evening of the month a Jam Session is held in the big room. MEN bring their musical instruments to entertain the community residents. A few women are also involved in the Jam Sessions, but some of the MEN drive several miles (from Wichita, Haysville, Udall, and Derby) to get together for a musical evening.

"The RSVP program in operation here has MEN signed up as volunteers to drive folks who are unable to drive. They deliver meals to shut-ins, They bring others to the 'Center' to join in on the activities here. Each time they drive, they earn the 'Center' \$7.00 from the Dept. on Aging. Since the first of this year, that program has brought in over \$1,000 for the 'Center.'

"It has been noted that activities for the 'Center' are for 'a bunch of old women.' The 'Center' is not for just the ladies over 55, but for both MEN and women, regardless of age.

"One comment in response to the original statement here was that it was quite 'narrow-minded' to suggest that pool is the only activity available for MEN. (By the way, women also play pool.) If the men would rather sit in front of the TV afternoons, they should give us a call and one of the women would be glad to pick him up and bring him to the 'Center' for an uplifting afternoon of TV with other folks. (and earn \$7.00 for the 'Center.')

If MEN don't want to get involved, that is their choice, but remember..... We still have the pool table available!

LATIN PROVERB ON INDECISION: Through indecision opportunity is often lost.

OLIVER GOLDSMITH ON IMPROVEMENT: People seldom improve when they have no other model but themselves to copy after.



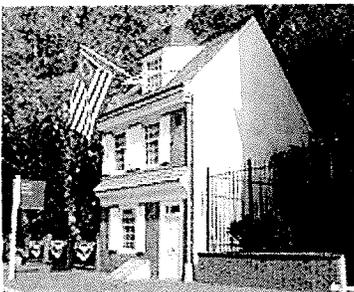
Flag Day



When : Always June 14th ...Flag Day, is a day for all Americans to celebrate and show respect for our flag, its designers and makers. Our flag is representative of our independence and our unity as a nation.....one nation, under God, indivisible. Our flag has a proud and glorious history. It was at the lead of every battle fought by Americans. Many people have died protecting it. It even stands proudly on the surface of the moon. As Americans, we have every right to be proud of our culture, our nation, and our flag. So raise the flag today and every day with pride!

Properly Display Our FlagThere is a right way and a wrong way to display the flag. The American flag should be held in the highest of regards. It represents our nation and the many people who gave their lives for our country and our flag. *Here are the basics on displaying the American flag: The flag is normally flown from sunrise to sunset.*

- In the morning, raise the flag briskly. At sunset, lower it slowly. Always, raise and lower it ceremoniously.
- The flag should not be flown at night without a light on it.
- The flag should not be flown in the rain or inclement weather.
- After a tragedy or death, the flag is flown at half staff for 30 days. It's called "half staff" on land ,and "half mast" on a ship.
- When flown vertically on a pole, the stars and blue field , or "union", is at the top and at the end of the pole (away from your house).
- The American flag is always flown at the top of the pole. Your state flag and other flags fly below it.
- The union is always on top. When displayed in print, the stars and blue field are always on the left.
- Never let your flag touch the ground, never...period.
- Fold your flag when storing. Don't just stuff it in a drawer or box.
- When your flag is old and has seen better days, it is time to retire it. Old flags should be burned or buried. Please do not throw it in the trash.



Betsy Ross House

In August 1949, President Harry S. Truman proclaimed June 14 as Flag Day. Since then the President proclaims the commemoration yearly, and encourages all Americans in the country to display the Stars and Stripes outside their homes and businesses. Individual states determine how they will observe the day.



One Liners

Remember...

Once you get over the hill,
you'll begin to pick up
speed.

Whatever hits the fan will
not be evenly distributed.

**Everyone has a
photographic memory.
Some, like me, just don't
have any film.**

If the shoe fits ... buy a
pair in every color.

**Never be too open-
minded, your brains may
fall out.**

If you look like your
passport picture you
probably need the trip

**By the time you can make
ends meet, they move the
ends.**

Learn from the mistakes
of others. Trust me...
you can't live long
enough to make them all
yourself.

Junk is something you've
kept for years and throw
away three weeks before
you need it.

SOUTHWIND RAMBLERS

**Bill and Beverly Hammers and the
Southwind Ramblers will be in concert at the
'Center' Sunday afternoon, June 7, from 2 to
4:00, with a short break in the middle.**

They'll be bringing "straight-ahead bluegrass with an edge" for your enjoyment. In addition to Bill (guitar) and Bev (fiddle), you'll listen to AmyDell (bass) and Duane (guitar) Burns from Mulvane, Suzi (fiddle) and Dan (banjo) Wilbert from Derby, and Mike Whitman (mandolin) from Wichita. A GREAT GROUP!

If you check their website, <http://www.southwindramblers.com> you can check some pictures of the group, their schedule for the year and be able to listen to some of their songs..

Put this one on your calendar so you won't miss it!

**There will be NO June Jam Session, as the building
has been rented for the day and evening.**

Congratulations to all of you dedicated folks who made it through the years of struggle and finally GRADUATED! Whether you graduated from High School, Junior College, Four-Year College, Master's Degree or Doctoral Degree, accolades are deserved!

The May Carry-In Dinner News

The after-lunch meeting was conducted by the new director, Farol McMillan. Thirty-four were in attendance. Devotions were presented by Barbara Hufford as were the minutes of the April meeting.

It was reported that more knitted caps are still needed as well as 400 more bags for the Wichita schools. Volunteers put together over 3,000 buttons for the Wichita River Festival. These programs, when reported to the Dept. of Aging, earn money for the 'Center' as part of the RSVP program.

One motion was presented and accepted. The monthly carry-in dinner will, in the future, be known as the FRIENDSHIP LUNCHEON.

**Wayne Larson of KSU will be speaking at the
noon meal on Monday, June 8.**

He will help guide us on how to dispose of used items and equipment in the home. This is information that should be a must for each of us! See you for lunch on Monday, June 8, 11:30!

AMA & Economic Stimulus Package

Apparently the American Medical Association has weighed in on the economic stimulus package

*The Allergists voted to scratch it, but the Dermatologists advised not to make any rash moves.

*The Gastroenterologists had sort of a gut feeling about it, but the Neurologists thought the Administration had a lot of nerve.

*The Obstetricians felt they were all laboring under a misconception.

*Ophthalmologists considered the idea shortsighted.

*Pathologists yelled, "Over my dead body!" while the Pediatricians said "Oh, Grow up!"

*The Psychiatrists thought the whole idea was madness, while the Radiologists could see right through it.

*The Surgeons decided to wash their hands of the whole thing.

*The Internists thought it was a bitter pill to swallow, and the Plastic Surgeons said, "This puts a whole ne face on the matter.

*The Podiatrists thought it was a step forward, but the Urologists were pissed off at the whole idea.

*The Anesthesiologists thought the whole idea was a gas, and the Cardiologists didn't have the heart to say no.

BISCUITS AND GRAVY! mmmmmmmmmmm

The breakfast crew served 89 folks Biscuits & Gravy on May 16. Not knowing what the weather might be after the sirens, thunder and lightning the night before, they had difficulty planning the amounts to prepare. The oven refused to cooperate with the cooks, causing patrons to wait while the biscuits baked. Most of the diners had no problem waiting for the biscuits. This just gave them more time to visit with their friends.

As more folks have heard about the tasty breakfast, the number of patrons has increased for each of the last three months. We enjoy watching the folks enjoy their breakfast. **Remember, we'll have biscuits and gravy ready for you on June 19 from 7 to 10 am.**



34 diners at the Friendship Meal May12, at the 'Center.'

SCHOOL'S OUT - - - ONE-LINERS RE: EDUCATION

~To teach is to learn twice.

~School is a building that has four walls—with tomorrow inside.

~Most students have the spark of genius—but a few seem to have ignition trouble.

~An education is nothing more than going from an unconscious to a conscious awareness of one's ignorance.

~The nice thing about dictating letters is that you can use a lot of words you don't know how to spell.

~You can always tell a well-informed man—his ideas are the same as yours.

~A person who 'knows everything' has a lot to learn.

MEET JIMMY

Jimmy Charles works with Carl each month getting the 'Scoop' printed and stapled.



Jimmy has been a valuable contributor to the 'Scoop'.

When the name was chosen for the monthly news letter, Jimmy's grandmother, Mrs. James B. Charles, offered to compile the items for the Golden Chain members. She did a noteworthy job assembling all the raw information into an interesting and newsy newsletter. At that time only 30 to 40 issues were printed.

Jimmy works with his father, Jim Charles, at Charles Engineering. Just as Charles Engineering has expanded in the last few years, so has the 'Scoop.' He is printing 275 each month for us, donating his time, the use of Charles Engineering equipment and facility, and the paper for this project.

Jimmy deserves a BIG Thank You for carrying on the tradition started by his grandmother!

THOUGHTS ABOUT FATHERS

The skin you love to touch. Dad's old pigskin wallet.

Like Father, like son.

Last Father's Day my neighbor's son gave him something he's wanted for several years: the keys to his car.

No one is more helpless than a new-born father.

The World's Shortest Fairy Tale

Once upon a time, a man asked a girl, "Will you marry me?"

The girl said, "No!"

And the man lived happily ever after and rode motorcycles and went fishing and hunting and played golf a lot and drank beer and scotch and left the toilet seat up all the time.

The End

9-1-1 Cell Phone Bank Spread the Word!

Sedgwick County RSVP is participating in the 911 Cell Phone Bank program. Used cell phones can be dropped off at the Sedgwick County Dept. on Aging RSVP located at 2622 W. Central, Ste. 500 in the West River Plaza. The cell phones will be turned into the cell phone bank where they will be repaired, charged, and cleaned. The used cell phones will be redistributed to seniors and victims of abuse in our area. RSVP will receive a reimbursement for each phone that is collected. This is a great way to help those who need a phone for an emergency, but cannot afford a traditional cell phone.

The Scoop is a monthly newsletter of the Clearwater Community Center, 921 Janet, Clearwater, KS 67y026.
Publisher: Carl Shaffer, 620-584-2332, commcenter@sktc.net
Editor: Ruby Fisher, 620-584-2866, ruby67026@sktc.net
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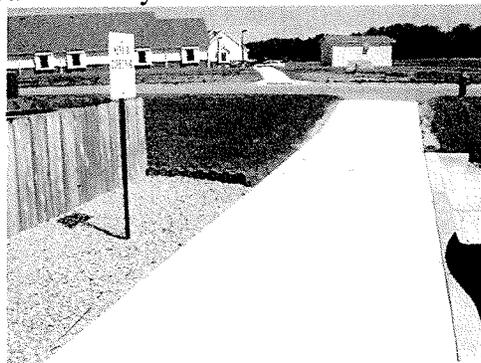
Thanks for the Sidewalk

The sidewalk from the back door of the Community Building to the east side of the Clearwater Retirement Community, Inc., better known as the Assisted Living Facility, at 440 No. 4th has been completed for several months.

Wanda Stitt, who lives in one of the new apartments at 911 East Janet, goes to the Assisted Living Facility 3 times weekly for therapy. She uses a walker and is now able to walk to her therapy sessions rather than depending on others to help her. She extends a grateful "Thank You" to the community for donating the money to make the sidewalk a reality.



Wanda Stitt



Sidewalk to Assisted Living on the North

GARAGE SALE TO BE JUNE 6 FROM 7 TO 10:30 am !!!
Some are items left from the May garage sale, and others are new items. All items are to be sold!!!!!!!!!!!!!! Make a deal!

Detective Jamison of the Sedgwick County Sheriff's Office will be the guest speaker at the monthly Friendship Meals, June 9, 12 noon.

His talk will cover ways to prevent breaking in as well as how to make your home more secure..

Recently a wheel chair was checked out for use by a high school girl. Our sick-room equipment is available to all who are in need of our service, not just the senior citizens. There is NO CHARGE for use of equipment, but the time for use is limited. Check with Carl at the 'Center' for further information regarding this service.

The Second Annual Sedg. Co. Sr. Law Day will be held June 16, 8:30 am to 3:00 pm. If you wish to have lunch with Larry Hatteberg of TV Channel 10, there is a \$10.00 contribution for refreshments and box lunch.

Discussion topics are: advanc Directives, Estate Planning, Identity Theft, Social Security, New Medi-gap Policies, Grandparents Raising Grandkids, Carefiver resources, Senior Safety, Reverse Mortgages, Choosing a Nursing Home, and Much More! **To register, call 316-660-0110, Ext. 0127**

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	2 ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM PITCH CLUB 1-4 PM AA & AL-ANON 7 TO 9 PM	3	4 KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7-9 PM	5 QUILTING 9:30 TO 11:30 AM EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM	6 GARAGE SALE 7:00 TO 10:30 AM RENTED 11AM TO 12 PM
7 SOUTHWIND RAMBLERS 2:00 TO 4:00 PM	8 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED WAYNE LARSON KSU-DISPOSING OF MED. 11:30 AM	9 EXERCISE 9 TO 10 AM FRIENDSHIP LUNCH 12:00 TO 2:00 PM DETECT. JAMISON DETOUR BREAK-IN	10	11 WAL-MART & SAM'S 10 AM KNITTING 9:30 TO 11:30 AM	12 EXERCISE 10 TO 11 AM QUILTING 9:30 TO 11:30 AM CARDS & GAMES 4 TO 8 PM	13
14	15 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	16 ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM BRIDGE 1 TO 4 PM AA & AL-ANON 7 TO 9 PM	17	18 KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	19 EXERCISE 10-11 AM QUILTING 9:30 TO 11:30 AM CARDS & GAMES 4 TO 8 PM	20 BISCUITS & GRAVY 7 TO 10 AM RENTED 11 AM TO 11 PM
21	22 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	23 ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM AA & AL-ANON 7 TO 9 PM	24	25 KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	26 EXERCISE 10-11 AM QUILTING 9:30 TO 11:30 AM CARDS & GAMES 4 TO 8 PM	27
28	29 PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	30 ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM AA & AL-ANON 7 TO 9 PM				

Clearwater Senior and Community Center
921 Janet Ave.
Clearwater, KS 67026

