



# THE SCOOP

July 2009

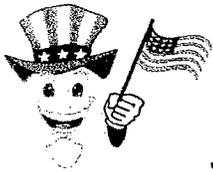


**CLEARWATER**

**COMMUNITY CENTER**

**& SENIOR HAPPENINGS**

921 Janet Avenue  
Clearwater, Kansas 67026  
620.584.2332



## JULY BIRTHDAYS

- 03 Bill Vandruff
- 04 Bill Abbott
- 04 Glen Osborn
- 06 Betty Peitz
- 06 Charles McCoy
- 07 Earl Brockman
- 07 James Charles
- 07 Larry Anderson
- 07 Wayland Whitlow
- 07 William Gorges
- 08 Mary Sullivan
- 09 Marlene Hand
- 10 Bob Jacobs
- 10 Wilda Coleman
- 14 Dean Lindamood
- 15 Cleo Ray
- 17 Barbara Hufford
- 18 Jack Haivala
- 19 Harold Stafford
- 19 Norma Sullivan
- 19 Tom Wise
- 24 Dave McDougal
- 24 Gary Morehead
- 24 Sue Ray
- 25 Ellen Garrogus
- 25 Mildred Chitwood
- 26 Marge Turrell
- 28 Robert Cumming
- 29 Mildred Heitman
- 30 Sheila Glasco
- 31 Bob Wright

### FROM THE MOUTH OF A CHILD

A little boy was attending his first wedding. After the service, his cousin asked him, "How many women can a man marry?"

"Sixteen," the boy responded.

His cousin was amazed that he had an answer so quickly. "How do you know that?"

"Easy, he answered. "All I have to do is add it up, like the preacher said: 4 better, 4 worse, 4 richer, 4 poorer."



## Friendship Luncheon

The monthly luncheon was held June 9 at 'The Center.' Hostesses were Farol McMillan, Mary Mitchell & Jean Watts. The meeting following the luncheon and program was brought to order by the new chairperson, Farol McMillan. She reported results of the moneymaking projects for the month of May: biscuits & gravy, \$338.00; biscuits & gravy donation, \$52.00.

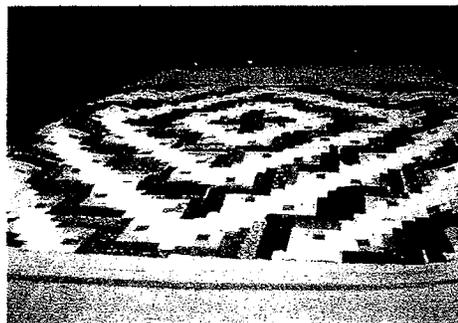
The last finished project at 'The Center' is the wind deflector and repair to the east door. Money for this came from the RSVP transportation program.

Five people took the trip to the Oil Museum in Eldorado and twenty-three (23) people took the trip to the Salt Mine in Hutchinson.

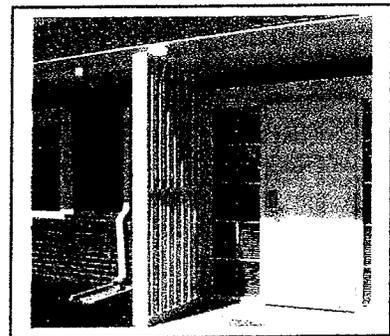
Diane Nickelson donated a queen-size quilt top to be raffled. Tickets of \$1.00 each or six for \$5.00 are being sold by a number of the ladies. The quilt is currently at the quilters being completed and should be finished very soon. The drawing will be held during the Fall Festival. Money from the quilt will be used for 'The Center.' The ladies are also working on another quilt at the center that is coming along nicely. (Pictured below)

A new program is starting at 'The Center' called "Peer Support." It is similar to the transportation program in that 'The Center' gets \$7.00 for each visitation. A lady from Kansas Social Welfare was here June 11 & 15, training local volunteers.

**Chris Hadley from Heartland Home Care and Hospice will be here on July 17, 5:00 to 5:30+ to check people's bone density. It will take 3 to 5 minutes for each person. This is a valuable test with important information for each and every person who attends. THERE IS NO CHARGE FOR THIS SERVICE.**



**Quilt in the making!**



**East door w/wind diverter.**

**VOLUNTEERS NEEDED:** 1. Chairperson to head the calling committee. 2. Chairperson to be responsible for Friendship Luncheon personnel each month. 3. Workers for the Biscuits & Gravy each month. 4. Attendees at planned meetings to help 'The Center.'

**Next planning committee meeting: July 9! Luncheon: July 14!**

## CITIZENSHIP TEST

1. What is the supreme law of the land?
2. What do we call the first ten amendments to the Constitution?
3. Name one right or freedom from the First Amendment.
4. Who is in charge of the executive branch?
5. How old must a President be?
6. What are "inalienable rights"?
7. Who wrote the Declaration of Independence?
8. Why does the flag have 13 stripes?
9. Who was president during World War I?
10. How many amendments are in the U. S. Constitution?

(This was one of the quizzes given to passengers during the First State B & T's bus trip to Hesston last month. Answers are somewhere else in this Scoop.)

### Angie's Apple Cake Recipe

1 cup oil	¼ tsp. salt
3 eggs	1 tsp. soda
2 cups sugar	1 tsp. vanilla
2 ¼ cups flower	1 tsp. Cinnamon
4 cups chopped apples	1 cup nuts-your choice

Mix oil, eggs, sugar, salt, soda, vanilla, cinnamon. Add flour, add apples & nuts. Grease & flour 9 X 13 pan. Bake at 300 degrees for 1 hr., 20 min. Let cool. Frosting or glaze of your choice.

-----Angie Shaver

### Five in 'The Center's' Painting Class



L to R: Helen Fesnock, Stella Coble, Ima Kinkaid, Pat Stewart, June Finney. Not pictured: Gloria Burnstine.

*"If we ever forget that we are one nation under God, then we will be a nation gone under." – Ronald Reagan*

### Al-Anon Classes held at "The Center"

Al-Anon is a nonprofit organization that offers mutual support for anyone who has been affected by someone else's drinking. In Clearwater weekly meetings are held at 'The Center' on Tuesday nights from 7:30 to 8:30 PM. For meeting information throughout the US and Canada call during business hours (ET) 1-888-4AL-ANON. Meeting information is also available on the Internet at [www.Al-AnonFamilyGroups.org](http://www.Al-AnonFamilyGroups.org). Alateen is a part of Al-Anon specifically for young people who have been affected by someone else's drinking.

For local meeting information call 620-584-3135.



Dawn VanAuken, Volunteer Services Coordinator for Southern Care Hospice, Inc. of Wichita, spoke to the lunch group June 23. She handed out a sheet that gave the 10 common myths of Hospice. She spoke on how we can become volunteers for the hospice program. She also showed advantages of hospice over Home Health Care.

**Southern Care Hospice invites you to dinner, bingo, and a pool tournament to be held Friday, July 10, 5 to 7 PM at 'The Center', 921 E. Janet. Prizes will be given for Bingo and the Pool Tourney.**

**Please RSVP with Carl @584-2332 by July 7 so Dawn can bring enough food and prizes.**

*Det. Jameson spoke to the group attending the monthly Friendship Lunch.* Jameson has been with Sedg. Co. Sheriff's office for 13+ years. He now works with PR for Wichita Police Dept., Sedg. Co. Sheriff's Office, and Wichita Crime Commission. He told of a new program for Seniors that has been operating for less than a year called S.E.N.I.O.R.S. (Sheriff's Elderly/Disabled Notification Intensive Outreach Response System) This is a FREE cooperative between Law Enforcement, Triad, and the Senior Citizens of Sedgwick County. To become involved in this program, check with the Sheriff's Office Community Liaison Unit, 141 W. Elm, Wichita. Phone: 316-660-3920.

He also showed a film of a burglar & talked of ID theft. **VERY INTERESTING** speech & speaker!!!!!!



## Declaration of Independence, July 4, 1776

When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the laws of nature and of nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

### We hold these truths to be self-evident:

That all men are created equal; that they are endowed by their Creator with certain unalienable rights; that among these are life, liberty, and the pursuit of happiness; that, to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed; that whenever any form of government becomes destructive of these ends, it is the right of the people to alter or to abolish it, and to institute new government, laying its foundation on such principles, and organizing its powers in such form, as to them shall seem most likely to effect their safety and happiness. Prudence, indeed, will dictate that governments long established should not be changed for light and transient causes; and accordingly all experience hath shown that mankind are more disposed to suffer, while evils are sufferable than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same object, evinces a design to reduce them under absolute despotism, it is their right, it is their duty, to throw off such government, and to provide new guards for their future security. Such has been the patient sufferance of these colonies; and such is now the necessity which constrains them to alter their former systems of government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute tyranny over these states. To prove this, let facts be submitted to a candid world.

He has refused his assent to laws, the most wholesome and necessary for the public good.

He has forbidden his governors to pass laws of immediate and pressing importance, unless suspended in their operation till his assent should be obtained; and, when so suspended, he has utterly neglected to attend to them.

He has refused to pass other laws for the accommodation of large districts of people, unless those people would relinquish the right of representation in the legislature, a right inestimable to them, and formidable to tyrants only.

He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their public records, for the sole purpose of fatiguing them into compliance with his measures.

He has dissolved representative houses repeatedly, for opposing, with manly firmness, his invasions on the rights of the people.

He has refused for a long time, after such dissolutions, to cause others to be elected; whereby the legislative powers, incapable of annihilation, have returned to the people at large for their exercise; the state remaining, in the mean time, exposed to all the dangers of invasions from without and convulsions within.

He has endeavored to prevent the population of these states; for that purpose obstructing the laws for naturalization of foreigners; refusing to pass others to encourage their migration hither, and raising the conditions of new appropriations of lands.

He has obstructed the administration of justice, by refusing his assent to laws for establishing judiciary powers.

He has made judges dependent on his will alone, for the tenure of their offices, and the amount and payment of their salaries.

He has erected a multitude of new offices, and sent hither swarms of officers to harass our people and eat out their substance.

He has kept among us, in times of peace, standing armies, without the consent of our legislatures.

He has affected to render the military independent of, and superior to, the civil power.

He has combined with others to subject us to a jurisdiction foreign to our Constitution and unacknowledged by our laws, giving his assent to their acts of pretended legislation:

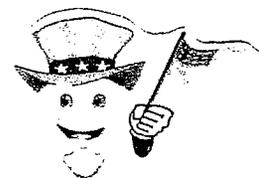
For quartering large bodies of armed troops among us;

For protecting them, by a mock trial, from punishment for any murders which they should commit on the inhabitants of these states;

For cutting off our trade with all parts of the world;

For imposing taxes on us without our consent;

For depriving us, in many cases, of the benefits of trial by jury;



For transporting us beyond seas, to be tried for pretended offenses;

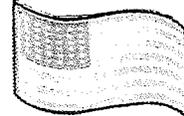
For abolishing the free system of English laws in a neighboring province, establishing therein an arbitrary government, and enlarging its boundaries, so as to render it at once an example and fit instrument for introducing the same absolute rule into these colonies;

For taking away our charters, abolishing our most valuable laws, and altering fundamentally the forms of our governments;

For suspending our own legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever.

He has abdicated government here, by declaring us out of his protection and waging war against us.

He has plundered our seas, ravaged our coasts, burned our towns, and destroyed the lives of our people.



He is at this time transporting large armies of foreign mercenaries to complete the works of death, desolation, and tyranny already begun with circumstances of cruelty and perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the head of a civilized nation.

He has constrained our fellow-citizens, taken captive on the high seas, to bear arms against their country, to become the executioners of their friends and brethren, or to fall themselves by their hands.

He has excited domestic insurrection among us, and has endeavored to bring on the inhabitants of our frontiers the merciless Indian savages, whose known rule of warfare is an undistinguished destruction of all ages, sexes, and conditions.

In every stage of these oppressions we have petitioned for redress in the most humble terms; our repeated petitions have been answered only by repeated injury. A prince, whose character is thus marked by every act which may define a tyrant, is unfit to be the ruler of a free people.

Nor have we been wanting in our attentions to our British brethren. We have warned them, from time to time, of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity; and we have conjured them, by the ties of our common kindred, to disavow these usurpations which would inevitably interrupt our connections and correspondence. They too, have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity which denounces our separation, and hold them as we hold the rest of mankind, enemies in war, in peace friends.

We, therefore, the representatives of the United States of America, in General Congress assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the name and by the authority of the good people of these colonies solemnly publish and declare, That these United Colonies are, and of right ought to be, **FREE AND INDEPENDENT STATES**; that they are absolved from all allegiance to the British crown and that all political connection between them and the state of Great Britain is, and ought to be, totally dissolved; and that, as free and independent states, they have full power to levy war, conclude peace, contract alliances, establish commerce, and do all other acts and things which independent states may of right do. And for the support of this declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our lives, our fortunes, and our sacred honor.

[Signed by] JOHN HANCOCK [President]

New Hampshire  
JOSIAH BARTLETT,  
WM. WHIPPLE,  
MATTHEW THORNTON.

Massachusetts Bay  
SAML. ADAMS,  
JOHN ADAMS,  
ROBT. TREAT PAINE,  
ELBRIDGE GERRY

Rhode Island  
STEP. HOPKINS,  
WILLIAM ELLERY.

Connecticut  
ROGER SHERMAN,  
SAM'L HUNTINGTON,  
WM. WILLIAMS,  
OLIVER WOLCOTT.

New York  
WM. FLOYD,  
PHIL. LIVINGSTON,  
FRAS. LEWIS,  
LEWIS MORRIS.

New Jersey  
RICH'D. STOCKTON,  
JNO. WITHERSPOON,  
FRAS. HOPKINSON,  
JOHN HART,  
ABRA. CLARK.

Pennsylvania  
ROBT. MORRIS

BENJAMIN RUSH,  
BENJA. FRANKLIN,  
JOHN MORTON,  
GEO. CLYMER,  
JAS. SMITH,  
GEO. TAYLOR,  
JAMES WILSON,  
GEO. ROSS.

Delaware  
CAESAR RODNEY,  
GEO. READ,  
THO. M'KEAN.

Maryland  
SAMUEL CHASE,  
WM. PACA,  
THOS. STONE,  
CHARLES CARROLL of Carrollton.

Virginia  
GEORGE WYTHE,  
RICHARD HENRY LEE,  
TH. JEFFERSON,  
BENJA. HARRISON,  
THS. NELSON, JR.,  
FRANCIS LIGHTFOOT LEE,  
CARTER BRAXTON.

North Carolina  
WM. HOOPER,  
JOSEPH HEWES,  
JOHN PENN.

South Carolina  
EDWARD RUTLEDGE,  
THOS. HAYWARD, JUNR.,  
THOMAS LYNCH, JUNR.,  
ARTHUR MIDDLETON.

Georgia  
BUTTON GWINNETT,  
LYMAN HALL,  
GEO. WALTON.







## PEER SUPPORT PROGRAM For Older Adults

Pam White, Program Assistant for Office of Aging and Long Term Care, instructed local residents who volunteered to train as counselors for the newly organized Peer Support Program at 'The Center.' Completing the training were Angie Shaver, Barbara Hufford, Carl Shaffer, Farol McMillan and Wanda Stitt.

These volunteer counselors will be visiting with shut-ins, folks who recently suffered the loss of a family member, or folks with physical handicaps who have drawn into themselves. With counseling, these volunteers hope to bring them out of their shells, help them set and then meet goals, and become more active members of the community.

Ms. White, who has several years of working through Social Services, will accompany each of the local volunteers in their first meeting with the medicaid participants. Local volunteers will spend an hour of one-on-one counseling each week for 10 weeks with each participant. 'The Center' will receive \$7.00 each time a visit is made.

We're pleased to add this service to our growing list of activities offered by 'The Center.'

!!!!!!\*\*\*\*\*      !!!!!\*\*\*\*\*      !!!!!\*\*\*\*\*      !!!!!\*\*\*\*\*      !!!!!!!  
**REMEMBER HAMBURGERS & HOTDOGS ON 7/11/09**  
RSVP by 7/9 so Farol can get enough food for all attending!

The Scoop is a monthly newsletter of the Clearwater Community Center, 921 Janet, Clearwater, KS 67026.  
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Print Engineer: Jimmy Charles, Charles Engineering, Clearwater.  
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The Scoop can also be seen online by going to City of Clearwater's website: <http://www.clearwaterks.org>.

### Advisory Committee Members

Chairperson- Terry Sullivan  
Co-Chair- Joan Fleming  
Secretary- Carla Butterfield  
Member at Large- James Charles  
Member at Large- Marlene Hand

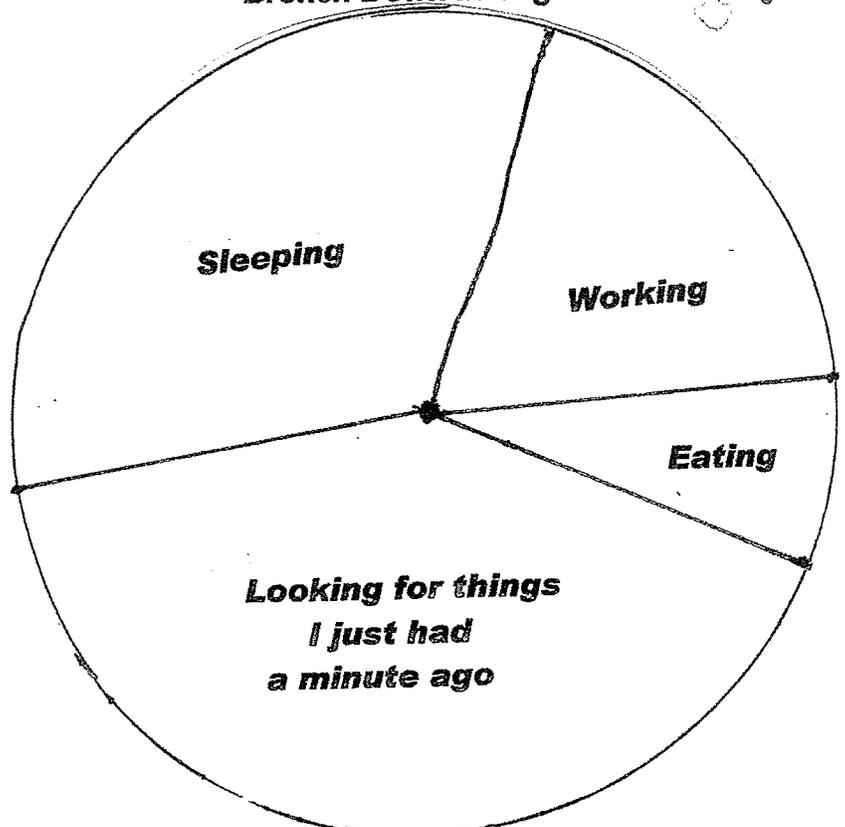
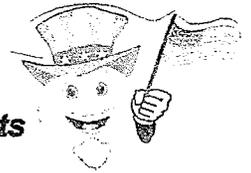
### Planning Committee Members

Chairperson- Farol McMillan  
Co-Chair- Angie Shaver  
Secretary- Barbara Hufford  
Historian- Helen Fesnok  
Education- June Finney  
RSVP- Farol McMillan



Jean Watts won the door prize at the noon luncheon June 23 from the Southern Care Hospice speaker, Dawn VanAuken.

### MY LIFE Broken Down In Segments



Sunday	Monday	Tuesday	wednesday	Thursday	Friday	Saturday
<h1>July 2009</h1> <p>Come Have Fun July 10th! <math>\leftarrow</math> <math>\rightarrow</math>            Dinner, Pool and Bingo!            Join Clearwater Senior Center &amp;            Southern Care Hospice for a Night of Fun!</p>						
			1	2	3	4
				KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	QUILTING 9:30 TO 11:30 AM EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM	CLOSED HAPPY AND SAFE 4 <sup>TH</sup> TO ALL
5	6	7	8	9	10	11
	PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10 TO 11 AM PITCH CLUB 1 TO 4 PM AA & AL-ANON 7 TO 9 PM	KNITTING 9:30 TO 11:30 AM PLANNING MEETING 10 AM AA & AL-ANON 7 TO 9 PM	QUILTING 9:30 TO 1:30 AM EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM	QUILTING 9:30 TO 1:30 AM EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM	HAMBURGERS & HOT DOGS 5:30 TO 7:30 PM <i>RSVP BY 7/7/09 584-2352</i>
12	13	14	15	16	17	18
	PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	EXERCISE 9 TO 10 AM CARRY-IN-LUNCH 12:00 TO 2 PM AA & AL-ANON 7 TO 9 PM	EXERCISE 9 TO 10 AM CARRY-IN-LUNCH 12:00 TO 2 PM AA & AL-ANON 7 TO 9 PM	KNITTING 9:30 TO 11:30 AM WAL-MART & SAM'S 10 AM AA & AL-ANON 7 TO 9 PM	QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CHRIS HADLEY/BONE DENSITY 5 PM CARDS & GAMES 4 TO 8 PM	BISCUITS AND GRAVY 7 TO 10 AM RENTED 1 TO 4 PM
19	20	21	22	23	24	25
	PAINTING 9:30 TO 11:30 AM BOTH BEGINNING AND ADVANCED	ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM BRIDGE CLUB 1-4 PM AA & AL-ANON 7 TO 9 PM	ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM BRIDGE CLUB 1-4 PM AA & AL-ANON 7 TO 9 PM	KNITTING 9:30 TO 11:30 AM AA & AL-ANON 7 TO 9 PM	QUILTING 9:30 TO 11:30 AM EXERCISE 10-11 AM CARDS & GAMES 4 TO 8 PM	
26	27	28	29	30	31	
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