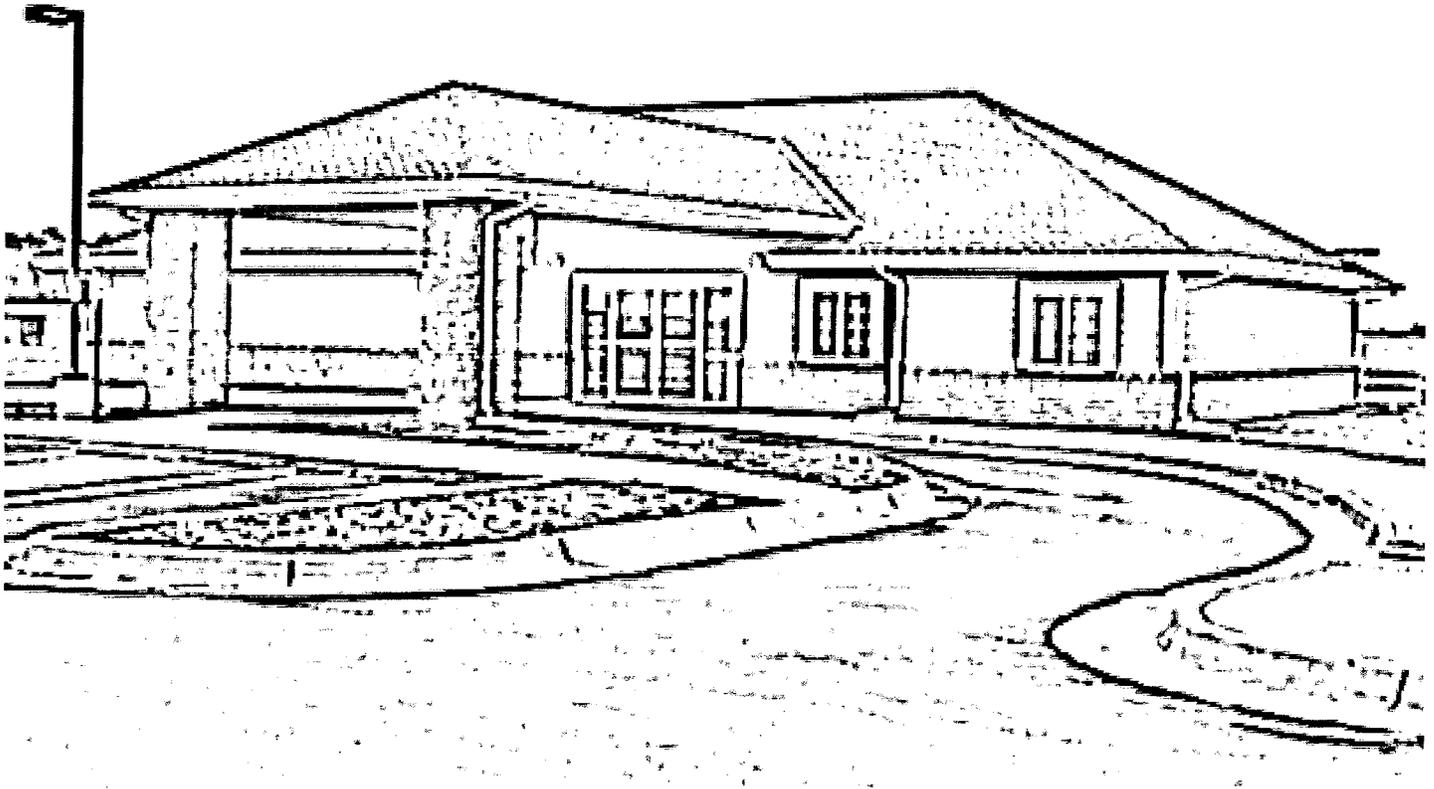


THE SCOOP

October 2008



Clearwater Senior and Community Center

921 Janet Avenue
Clearwater, Kansas 67026
620.584.2332

CENTER UPDATES

As we all can remember, the month of September started out nice, but turned to rain. It did not dampen the ladies in their effort to get ready for the Fall Festival. They were baking, sewing, pricing and boxing the items for our booth at the United Methodist Church. We even had a dry run to see how the tables would fit in a 10 x 10 spot. Of course when we got there we changed it all around. Our thanks goes to Jerry Stitt and Terry Sullivan for the use of their pick-ups in taking the merchandise to and from the building, helping to set up and taking down, the displays. Along with the volunteers who sat the booth, we had a very good experience. A big thank you goes to the church, all the volunteers, all the people who purchased merchandise, and to the Fall Festival committee to help us make it a successful day.

Our next big event was our CAT FISH FRY, and again we had rain up and until the day of the fry. The weather cooperated with us and we had a very successful event. I don't have enough space to put everyone's name and all the different crews they worked on from time to time, but will mention a few. Thanks goes to Jerry Stitt and his associates, who caught over 100 fish; the fillet crew, for cutting up the fish, for all those who donated equipment, such as ice chest, jugs, and etc; to Ed and Miriam Shaffer of Belle Plaine, who not only donated the cookers, but cooked the fish and the potatoes, the rest of the cooking crew, all those who baked the cakes and pie, to Carla Butterfield and young Sydney Hufford in keeping the tables bussed and new place mats down, and the serving crew which included David Fitzgerald of the City Council; the crew that set up and took down the tables and chairs. Several people worked on many of these crews. Again a GREAT BIG THANK YOU FOR ALL THOSE VOLUNTEERS; that made this a marvelous success. We again could have made this happen if it was not a god solid community effort.

Our next fund raiser was our third Saturday morning BISCUITS AND SAUSAGE GRAVY breakfast. Again the volunteers did a terrific job and the community supported the effort very nicely.

Some people who help support us in the back ground are all the businesses that allow us to distribute the "Scoop" in the place of business and let us up the flyers for these occasions.

Others are the ones who make the flyers that we post. As the director I personally want to say a big thank goes to Cathleen Smothers for her imagination in making the flyers she puts on channel 2. Charles Engineering for printing the "SCOOP." These people are AWESOME!!!!!!

We also rented the building 3 times this month. Thanks for making it POSSIBLE!!

CENTER UPCOMING EVENTS

OCTOBER 1st Flu shots to be given---starting at 9:30 AM. Please call the CENTER at 584-2332 to get on the list. Times will be assigned so that the waiting time will be less than if everyone comes at once. Shingles and Pneumonia may also be available at that time. Call for information on those if you would like to have either or both shots.

OCTOBER 4th Our Jam Session that night will be of gospel songs. Bring along a light snack to share. Coffee and tea will be furnished. Come and enjoy the good times.

NOVEMBER 8th A bake sale is planned for the Christmas Festival at the Middle School. Every one is invited to bring their cakes, pies, candy, or what ever their favorite desert dish for the event.

OCTOBER 2nd Date of the next Planning Committee meeting is at 10 A.M. at the Center. Everyone is invited. We need your suggestions and ideas in getting more programs to benefit every one.

OCTOBER 14th A fashion show is planned for the carry-in-lunch. This is always a fun occasion for all.

OCTOBER 18th Will be the next Biscuits and Sausage Gravy breakfast. This is a good time to sit down eat al you want, and converse with old and new friends.

OCTOBER 15th and 16th AARP is going to give a drivers safety course. There is a \$10.00 charge for the class and materials. After you have completed the course you will receive a certificate to get at least 5% off of your car insurance. This depends on your insurance company, but some people get as high as 8% off.

OCTOBER 15th is the deadline to turn in your unwanted shoes. These shoes should be in good repair, as they are to given to those less fortunate then we are, they are the homeless of victims of floods, fires, hurricanes, and the such.

OCTOBER BIRTHDAYS

1 Shirlene Duncan	6 Jim Whitney
8 Twyla Wiggins	11 Elna Fitch
13 Cheryl Wright	14 Ethel Emberson
15 Astin Janne	21 Norman Rogers
22 Gene Dunbar	24 Violet Peterson
26 Bill Hammers	27 Helen Stitt

Even at 88, my mother was vain about her looks. At a party an old friend exclaimed, "Edith you haven't changed in 20 years." "Oh," said mother, horrified. "I hope I didn't look like this 20 years ago."

Two businessmen in New York city are sitting down for a break in their soon-to-be new store, As yet, the store isn't ready—only a few shelves are set up. One turns to the other, "I bet any minute now some tourist is going to walk by, put his face to the window, and ask what we're selling." No sooner was the words out of his mouth when, sure enough, a curious Southern walks to the window, has a peek, and in a drawl Southern asks, "What're y'all sellin' here?" One of the men replies, "Oh! We're selling idiots here." Without skipping a beat, the Southern gentleman, "Well, I see y'all're doing really good. You only got two left!"

A group of friends went deer hunting and paired off in twos for the day. That night one of the hunters returned alone, staggering under the weight of a ten point buck. "Where's Henry?" "Henry had a stroke of some kind. He's a couple of miles back up the trail." "You left Henry lying out there and carried the deer?" "A tough call" nodded the hunter,"but I figured no one was going to steal Henry."

One of my husband's duties as a novice drill instructor at Fort Jackson, was to escort new recruits to the mess hall. After everyone had made it through the chow line, he sat them down and told them,"There are three rules in the mess hall: Shut up! Eat up! Get up! Checking to see that he had everyone's attention, he asked, "What is the first rule?" Much to the amusement of the other instructors, 60 privates yelled in unison, "Shut up, Drill Sergeant!"

The other day, Avril and I got into a petty argument. As is our nature, neither of us would admit the possibility that we were in error. To her credit, Avril finally said, "Look. I'll admit I'm wrong of you if you admit I was right." "Fine." I said. She took a deep breath, looked me in the eye and said, "I'm wrong." I grinned and replied, "You're right."

OCTOBER ANNIVERSARIES

9 Mr. and Mrs. Joe Prickett	13 Mr. and Mrs. Roger Tjaden
17 Mr. and Mrs. Don Wolf	31 Mr. And Mrs. Gale Dixon

LAUGHTER OR POINTS TO PONDER

The easiest way to find something around the house is to buy a new one.

A penny saved is a government oversight.

Did you ever notice that the Roman Numerals for forty (40) are XL.

Did you ever notice: When you put the 2 words 'The' and 'IRS' together it spells 'Theirs.'

The sole purpose of a child's middle name is so he can tell when he's really in trouble.

When birds of a feather flock together, they crap on your newly wash car.

If you smile when things go wrong, you have someone in mind to blame.

Theirs is always something to be thankful for; like how nice it is that wrinkles don't hurt.

Aging: Eventually you will reach a point when you stop lying about your age and state bragging about it.

Ah, being young is beautiful , being old is comfortable, then you forget names, then you forget faces, then you forget to pull up your zipper, and it's worst when you forget to pull it down. Lord, keep your arm around my shoulder and your hand over my mouth.

When in England at a fairly large conference, Colin Powell as asked by The Archbishop of Canterbury if our plans doe Iraq were just an example of Empire building by George Bush? He answered by saying, "Over the years, the United States has sent many of it's finest young men and women into great peril to fight for freedom beyond our borders. The only amount of land we have ever asked for in return is enough to bury those that did not return." You could have hear a pin drop.

There was a conference in France where a number of International engineers were taking part, including French and Americans. During the break one of the French engineers came back into the room saying, "Have you heard of the latest dumb stunt Bush has done? He has sent an aircraft carrier to Indonesia to help the tsunami victims. What does he intend to do, bomb them?"

One Boeing engineer stood up and replied quietly: For you information our carriers have three hospitals on board that can treat several hundred people; they are nuclear powered and can supply emergency electrical power to shore facilities; they have three cafeterias with the capacity to feed 3,000 people three meals a day, they can produce several thousand gallons of fresh water from sea water each day, and they carry half a dozen helicopters for use in transporting victims and injured to and from their flight deck. We have eleven such ships; how many does France have?"

You could have heard a pin drop.

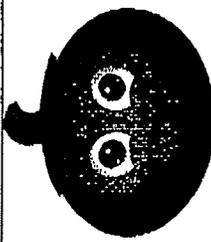
GOOD ENLIGHTENED TO ENLIGHTENED

CHINESE MENU (MENU IS SUBJECT TO CHANGE)

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 ASIAN BEEF WRAP PEAS & MUSHROOMS FRUIT COCKTAIL FORTUNE COOKIE 26 Gm Fat 695 Calories 927 mg Sodium 6	● CONTAINS TURKEY ● CONTAINS PORK  SPAGHETTI w/MEATS SAUCE MEDITERRANEAN VEGETABLES PINEAPPLE CHUNKS FRENCH BREAD 17 Gm Fat 735 Calories 973 mg Sodium 7	BEEF HASH BROCCOLI FRESH BANANA VANILLA PUDDING WHOLE WHEAT BREAD 26 Gm Fat 771 Calories 803 mg Sodium 1 OCTOBERFEST ● BRATWURST on BUN BUTTERED CABBAGE PICKLED BEETS CINNAMON APPLE SAUCE 30 Gm Fat 681 Calories 1002 mg Sodium 8	MUSHROOM STRIP STEAK MASHED POTATOES LOOSE LEAF SALAD w/DRSG PEACHES WHOLE WHEAT BREAD 30 Gm Fat 740 Calories 1052 mg Sodium 2 ● APPLE WALNUT TURKEY SALAD on WHOLE WHEAT PEA LETTUCE SALAD TROPICAL MIXED FRUIT OATMEAL COOKIES 20 Gm Fat 662 Calories 1098 mg Sodium 9	CHICKEN TORTILLA SOUP CAULIFLOWER CHERRY CRISP SODIUM FREE CRACKERS 31 Gm Fat 831 Calories 898 mg Sodium 3 BEEF PATTY w/ONION GRAVY MASHED POTATOES MARINATED GREEN BEANS PEACHES WHOLE WHEAT BREAD 29 Gm Fat 778 Calories 634 mg Sodium 10
MEAT LOAF w/TOM. SAUCE CAULIFLOWER APRICOT MIX TAPIOCA PUDDING WHEAT ROLL 22 Gm Fat 633 Calories 968 mg Sodium 13 SLOPPY JOE ON BUN TARRAGON GREEN BEANS POTATO SALAD MANDARIN ORANGES 29 Gm Fat 743 Calories 727 mg Sodium 20 CHEESEBURGER on BUN MACARONI & TOMATOES CARNIVAL SALAD STRAWBERRY PEACHES 29 Gm Fat 757 Calories 824 mg Sodium 27	LIVER & ONIONS MASHED POTATOES SPINACH SALAD w/DRSG FRESH APPLE WHOLE WHEAT BREAD 13 Gm Fat 664 Calories 639 mg Sodium 14 CHICKEN FAJITA HOT THREE BEAN CASSEROLE FRUITY AMBROSIA 22 Gm Fat 666 Calories 1013 mg Sodium 21 ● HAM & BEANS w/ONIONS COMBINATION SALAD w/DRSG FRESH BANANA GINGERSNAP COOKIES CORNBREAD 14 Gm Fat 658 Calories 1061 mg Sodium 28	BBQ CHICKEN on BUN CARROTS MACARONI SALAD PINEAPPLE & STRAWBERRIES 20 Gm Fat 714 Calories 628 mg Sodium 15 ● SCALLOPED HAM and POTATOES BRUSSELS SPROUTS PEACHES SUGAR COOKIES WHOLE WHEAT BREAD 21 Gm Fat 701 Calories 976 mg Sodium 22 CRANBERRY MEATBALLS MASHED POTATOES RANCH BROCCOLI SALAD APPLESPICE GELATIN WHOLE WHEAT BREAD 29 Gm Fat 854 Calories 1250 mg Sodium 29	TACO SALAD PEAS FRESH ORANGE 27 Gm Fat 669 Calories 820 mg Sodium 16 BEEF VELVET MASHED POTATOES MIXED GREEN SALAD w/DRSG PINEAPPLE SAUCE DINNER ROLL 26 Gm Fat 724 Calories 629 mg Sodium 23 OVEN ROASTED CHICKEN CORN CORONADO SALAD APRICOTS POTATO ROLL 23 Gm Fat 641 Calories 452 mg Sodium 30	● ROAST PORK w/GRAVY SWEET POTATOES BROCCOLI SALAD MIXED FRUIT CUP POTATO ROLL 20 Gm Fat 724 Calories 676 mg Sodium 17 ● TURKEY & CAVATAPPI CALIFORNIA VEGETABLES FRUIT COCKTAIL CHOCOLATE PUDDING WHOLE WHEAT BREAD 18 Gm Fat 632 Calories 1007 mg Sodium 24 HALLOWEEN CHILI CAPRI VEGETABLES PEARS & MANDARIN ORANGES PUMPKIN SURPRISE SALTINES 24 Gm Fat 742 Calories 996 mg Sodium 31

HAPPY HALLOWEEN

October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 10 AM Planning 7 PM AA	3 10 AM Exercise 4-8 PM Games	4 7 PM Jam Session
5	6 10 AM Sewing	7 10 AM Exercise 10 AM Arts & Crafts 12:30 Pitch Club	8	9 10 AM Arts & Crafts 7PM AA	10 10 AM Exercise 4-8 PM Games	11
12	13 10 AM Sewing	14 9 AM Exercise 12 NOON carry- in-lunch 7 PM AA	15	16, 10 AM Arts & Crafts 7 PM AA	17 10 AM Exercise 4-8 PM Games	18 7 AM Biscuits and Gravy
19	20 10 AM Sewing 12 AM Advisory Meeting	21 10 AM Exercise 1 PM Bridge Club & PM AA	22	23 10 AM Arts & Crafts 7 PM AA	24 10 AM Exercise 4-8 PM Games	25
26	27 10 AM Sewing	28 10 AM Exercise 7 PM AA	29	30 10 AM Arts & Crafts 7 PM AA	31 10 AM Exercise 4-8 PM Games	

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