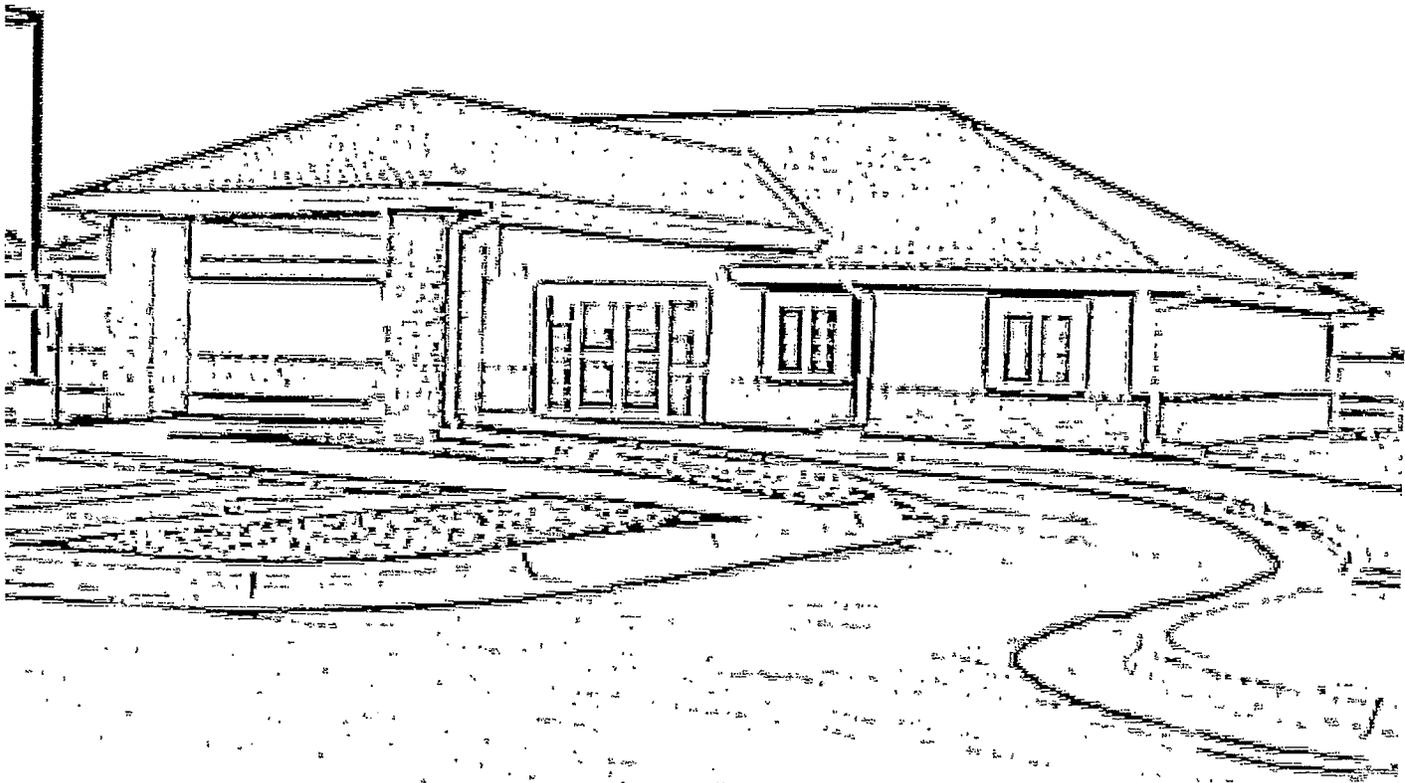




# THE SCOOP

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*May 2008*



## Clearwater Senior and Community Center

921 Janet Avenue  
Clearwater, Kansas 67026  
620.584.2332

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## CENTER UPDATES

On March 31<sup>st</sup> several people went to Skiatook, Oklahoma for an educational class on painting. The teacher was world famous Jerry Yarnell. The trip is about 3 hours each way, but the people all enjoyed the trip. Jerry painted a mountain scene and gave the painting to Geri Deninger, who was elated to get a painting by such a famous painter. Jerry gives lessons in foreign countries and can be seen on television on week ends. We need new students in all of our painting classes.

The volunteers have finished all the packets for the River Festival in Wichita. This year there is going to be a senior Gala on the 15<sup>th</sup> of May at the Airport Hilton for those 55 and up. You can dance the evening away with the Cool Blue and enjoy hors d'oeuvres. Or you can stroll along the river and enjoy food and the different displays.

We are in need of more people to attend the many different activities at the Center. We really appreciate all those nice people that do come and support the effort and what we are trying to accomplish. One new event is "Remember When" put on by Denny Stauth. He has over 40,000 old radio and tv shows. Denny has done a lot of reach to make this a very educational program. If you missed it, there will be another one on the 27<sup>th</sup> of May.

Through the donations of different people we have purchased new chairs for our exercise class. Lewis Kellogg and Robert Pugh are doing a great job leading us thru the class and it is growing. Again we have room for more people who want to come and join into the exercises.

Last month we reported that we received our 1<sup>st</sup> check from the transportation activity. We have since received our 2<sup>nd</sup> check and with trips turned in to us, we will receive over \$1,000 so far this year. What a great fund raiser!! If you can help drive or you need a ride call the office at 584-2332 or Farol at 584-4510. Try to give us 24 to 48 hour notice. Tips to the driver is appreciated with the high cost of fuel.

Our Advisory and Planning committees are doing a fantastic job. The members are Carla Butterfield, Joan Fleming, Judy Armstrong, James Charles, Terry Sullivan, Maggie Leibold, Lois Winters, Barbara Hufford, Jo Clutts, and June Finney.

We are going to start a box here at the Center for our service men. They are requesting socks and liquid soap, small tooth paste, tooth brushes, deodorants, etc. We can send it overseas at no cost. Please help.

Ruby Fisher has room for 3 or 4 people interested in learning more about the computer. We are going to have the class on Wednesday morning, if we can get enough to sign up. It is on a first come-first serve basis. Call the Center to get on the list.

The Arts and Crafts class is still meeting on Tuesday mornings and they volunteer to help sew vest for the Fall Festival.

We have purchased the new video game called the WII. All the centers are raving about the number of people participating in the activity. Some of the centers are having bowling leagues or golf matches. I understand there are several different games that be played on the screen. So come join in the fun.

We have a water cooler installed at the Center for your use. Please help us keep the area clean around the cooler.

Our biscuits and sausage gravy breakfast are growing. We had 19 people there for the first time at the last breakfast.

Our attendance for people 55 and over that has come into the Center this year is at 205 compared to 165 last year. Of that number 94 new participants have singed cards this year, which is really a very number. We will try to reach 250 for our goal this year.

Our pool table is available each and every day for your use. We would enjoy having people, both men or women come in to play.

We had the NCAA basketball final game here at the Center. Several people can to watch the game, eat pop corn, and pop. Everyone was excited that KU won the championship.

We are planning to have a 1 year anniversary celebration in June for the opening of the building. Details will be in next months "Scoop."

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According to Proverbs 17:22 "A cheerful heart is good medicine."

Here are some points to ponder and some church one liners

Many folks want to serve God, but only as advisors.

It is easier to preach ten sermons than it is to live just one.

People are funny: they want the front of the bus, the middle of the road, and the back of the church.

Some minds are like cement: thoroughly mixed up and permanently set.

A lot of church members who are singing "Standing on the Promises" are just sitting on the premises.

He who angers you, controls you!!

The best mathematical equation I have ever seen: 1 cross + 3 nails= 4 given

## LAUGHTER OR POINTS TO PONDER

True story with a happy ending. Charlotte, North Carolina

Best lawyer story of the year, decade, and maybe the century.

A Lawyer purchased a box of very rare cigars, then insured them against, among other things, fire. Within a month, having smoked his entire stockpile of these great cigars and without yet having made even his first premium payment on the policy the lawyer filed a claim against the insurance company.

In his claim, the lawyer stated the cigars were lost "in a series of small fires." The insurance company refused to pay, citing the obvious reason, that the man had consumed the cigars in the normal fashion.

The lawyer sued and Won!

Delivering the ruling, the judge agree with the insurance company that the claim was frivolous. The judge stated nevertheless, that the lawyer held a policy from the company, which it had warranted that the cigars were insurable and also guaranteed that it would them against fire, without defining what is considered to be unacceptable 'fire' and was obligated to pay the claim. Rather than endure lengthy and costly appeal process, the insurance company accepted the ruling and paid \$15,000 to the lawyer for his loss of the cigars lost in the 'fires.'

NOW FOR THE BEST PART.....

After the lawyer cashed the check, the insurance company had him arrested on 24 counts of ARSON!!!

With his own insurance claim and testimony from the previous case being used against him, the lawyer was convicted of intentionally burning his insured property and was sentenced to 24 months in jail and a \$24,000 fine.

Only in America, no wonder third world countries think we're nuts!

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A new pastor was visiting in the homes of his parishioners. At one house it seemed obvious that someone was at home, but no answer came to his repeated knocks at the door.

Therefore, he took out a business card and wrote "Revelation 3:20" on the back of it and stuck it in the door.

When the offering was processed the next Sunday, he found that his card had been returned.. Added to it was this cryptic message, "Genesis3:10."

He reached for his Bible to check out the citation, he broke up in gales of laughter. Revelation 3:20 begins "Behold, I stand at the door and knock." Genesis 3:10 reads, "I heard your voice in the garden and I was afraid for I was naked."

## MAY BIRTHDAYS

3 Katylu Brant	4 Anita Mc Millan
6 La Vina Mc Emtire	6 Sallie West
8 Frances Robbins	13 Virginia Burt
14 Bob Purvine	18 Al Coleman
22 Betty Schmidt	25 John Davis
25 Cheryl Kunkel	26 Lola Mae True
28 Norma Jean Watts	28 Gerry Benson

## MAY ANNIVERSARIES

3 Mr. and Mrs. Don Berntsen	20 Mr. and Mrs. Lynden Speer
20 Mr. and Mrs. Frank Gerlach	22 Mr. and Mrs. Mark Pelz
23 Mr. and Mrs. Alvin Hoelscher	Dr. and Mrs. David Papish
25 Dr. and Mrs. Karl May	27 Mr. and Mrs. Ken Coy
29 Mr. and Mrs. Dan Suttles	31 Mr. and Mrs. Leon Johnston

## VOLUNTEERS

The community of Clearwater is very fortunate to have so many volunteers. At the Center they come in to do ant task that is put before them. Most of these people are 55 or over, they come with different abilities, they have many ideas or suggestions, some cannot do a lot, but their presence is a big help, they have a lot of knowledge, (which is a shame to waste). Here is some examples of what people do: Jim Leibold , Maggie Leibold, Farol Mc Millan, Lois Winters, Mary Jo Mc Mahan, Ruby Morehead, Angie Shaver, and others come in at 6 AM on our biscuits and gravy breakfast morning to get thing up and running. Ruby Fisher and Sandra Cummings work on the Jam Session, Farol Mc Millan is in charge of the RSVP program, Geri Deninger is in charge of the Arts & Crafts, Jo Clutts and June Finney are in charge of the Education classes,(that we need to have a minimum of 40), Charles Mc Coy, Jim Stodder, Carl Conley, Wayne Mc Entire, Terry Sullivan, add in others who given of their time, labor, making different items, donations, and etc. Then you have a whole community involved in a project that is making great progreess towards the goals we are trying to acheive. **IT IS THE VOLUNTEERS WHO ARE MAKING THE DIFFERENCE. YES, THE SENIORS ARE DOING MANY DIFFERENT THINGS, BECAUSE THEY ARE GIVEN AN OPPORTUNITY AND FREEDOM TO WORK AS A TEAM!!**

We don't want to overlook all of the merchants and business people who have supported us in so many ways. What we're doing cannot be accomplished without a great, community effort.

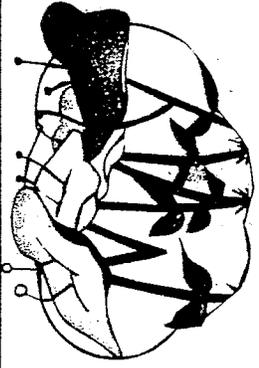
# May 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Everyone is welcome to the planning or advisory meetings	Remember When is a really good program—it is new and Denny does a great job—Come and listen	Cards start a 4 pm on Fridays We can use more people at our events		1 9:30 AM Arts & Crafts 7 PM AA Meeting	2 10 AM Exercise 4-8 Cards	3 7 PM JAM SESSION
4	5 9:30 AM Beg. Painting 1 PM Ad. Painting	6 10 AM Exercise Class 7 PM AA Meeting 12:30 Pitch Club	7	8 9:30 AM Arts & Crafts 10 AM Planning Committee 7 PM AA Meeting	9 10 AM Exercise Class 4-8 Cards	10
11	12 9:30 AM Beg. Painting 1 PM Ad Painting 6:30 PM Fall Festival Meeting	13 9 AM Exercise Class Noon Carry-in lunch 7 PM AA Meeting	14	15 Arts & Crafts 7 PM AA Meeting	16 10 AM Exercise Class 4-8 Cards	17 7 AM Biscuits & Sausage Gravy Breakfast
18	19 9:30 AM Beg. Painting Noon Advisory Meeting 1 PM Ad. Painting	20 10 AM Exercise Class 1:00 PM Bridge Club 7 PM AA Meeting	21	22 9:30 Arts & Crafts 7 PM AA Meeting	23 10 AM Exercise Class 4-8 Cards	24 7 PM Bingo
25	26 9:30 AM Beg. Painting 1 PM Ad. Painting	27 10 AM Exercise Class 12:30 Pm Remember When 7 PM AA Meeting	28	29 9:30 AM Arts & Crafts	30 10 AM Exercise Class	31

GOOD NEIGHBOR NUTRITION PROGRAM

GNNP MENU (menu is subject to change)

MAY 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>SPAGHETTI MEDITERRANEAN VEGETABLES SUNSHINE APPLE JELLO FRENCH BREAD</p> <p>17 Gm Fat 745 Calories 975 mg Sodium</p>	 <p>MEXICAN BEEF PATTY SPANISH RICE COMBINATION SALAD w/DRSG PINEAPPLE CHUNKS DINNER ROLL</p> <p>23 Gm Fat 669 Calories 593 mg Sodium</p>	<p>● CONTAINS TURKEY ● CONTAINS PORK</p> <p>● TURKEY CHEF SALAD CREAM of POTATO SOUP FRESH BANANA OATMEAL COOKIES SODIUM FREE CRACKERS</p> <p>19 Gm Fat 648 Calories 1127 mg Sodium</p>	<p>● TURKEY TETRAZINI CALIFORNIA VEGETABLES CRANBERRY ORANGE GELATIN POTATO ROLL</p> <p>20 Gm Fat 735 Calories 1241 mg Sodium</p>	<p>● BEEF &amp; ZUCCHINI RICE BROCCOLI SALAD w/DRSG PINEAPPLE SAUCE WHOLE WHEAT BREAD</p> <p>30 Gm Fat 779 Calories 903 mg Sodium</p>
<p>SLOPPY JOE on BUN GREEN SNAP BEANS POTATO SALAD FRESH ORANGE GINGERSNAP COOKIES</p> <p>23 Gm Fat 686 Calories 1075 mg Sodium</p>	<p>CHILI CHEESE POTATO ROMAINE SALAD w/DRSG PEARS WHOLE WHEAT BREAD</p> <p>18 Gm Fat 641 Calories 664 mg Sodium</p>	<p>● HAM &amp; BEANS w/ONIONS CAPRI VEGETABLES PEACHES CHOCOLATE PUDDING CORNBREAD</p> <p>14 Gm Fat 673 Calories 1111 mg Sodium</p>	<p>CHICKEN FAJITA RED BEANS &amp; ONIONS ROSY APPLESAUCE</p> <p>29 Gm Fat 859 Calories 772 mg Sodium</p>	<p>● BEEF VELVET MASHED POTATOES MIXED GREEN SALAD w/DRSG FRUIT COCKTAIL DINNER ROLL</p> <p>33 Gm Fat 817 Calories 901 mg Sodium</p>
<p>HAMBURGER on BUN CORN CORONADO SALAD PEACHES</p> <p>21 Gm Fat 642 Calories 413 mg Sodium</p>	<p>SWISS STEAK MASHED POTATOES SPINACH SALAD w/DRSG SUGAR &amp; SPICE APPLES DINNER ROLL</p> <p>26 Gm Fat 736 Calories 606 mg Sodium</p>	<p>● BEEF MINESTRONE SOUP GREEN PEAS CITRUS FRUIT MIX VANILLA PUDDING CRACKERS</p> <p>22 Gm Fat 708 Calories 878 mg Sodium</p>	<p>TACO SALAD CALICO CORN FRESH ORANGE</p> <p>28 Gm Fat 657 Calories 777 mg Sodium</p>	<p>● TURKEY RICE CASSEROLE BROCCOLI SUMMER LIME GELATIN WHOLE WHEAT BREAD</p> <p>19 Gm Fat 662 Calories 1065 mg Sodium</p>
<p>CLOSED FOR MEMORIAL DAY</p> 	<p>● BEEF &amp; MACARONI CAULIFLOWER MANDARIN ORANGE GELATIN WHOLE WHEAT BREAD</p> <p>19 Gm Fat 659 Calories 732 mg Sodium</p>	<p>● SALISBURY STEAK BAKED POTATO GARDEN VEG. SALAD w/DRSG PEARS WHOLE WHEAT BREAD</p> <p>27 Gm Fat 757 Calories 639 mg Sodium</p>	<p>● HAMLOAF w/CREAM GRAVY MASHED POTATOES PICKLED BEETS MIXED FRUIT DINNER ROLL</p> <p>21 Gm Fat 695 Calories 1065 mg Sodium</p>	<p>● OVEN ROASTED CHICKEN COLESLAW w/CARROTS FRESH APPLE CHOCOLATE CAKE POTATO ROLL</p> <p>29 Gm Fat 801 Calories 860 mg Sodium</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>22</p>	<p>23</p>
<p>9</p>	<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>
<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>
<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>

ter Senior and Community Center

t Avenue

ter, Kansas 67026

20-584-2332

ress: [www.wedontknow.org](http://www.wedontknow.org)

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