



# THE SCOOP



**Clearwater Senior Community Center**  
**921 Janet Ave Clearwater, KS 67026**  
**620-584-2332**  
**commcenter@sktc.net**

## KEY TO SENIOR SAFETY DURING THE WINTER & HOLIDAYS

Winter is an especially important time to keep an eye on seniors to make sure they are living as safely, healthfully and happily as possible.

Here are a few tips to help seniors during the season:

- Check on elderly loved ones regularly, or if you live out of town, arrange for neighbors to check in and provide their number to call in emergencies.
- Help your loved one arrange for someone to keep sidewalks shoveled and de-iced.
- Make sure seniors have emergency supplies.
- Arrange for transportation during severe weather to medical appointments or the grocery store.

If your loved one is physically or cognitively impaired, arrange for someone to stay with him during weather emergencies.

### **Holiday Safety Tips**

Trees, lights and candles an important part of holiday traditions but pose a danger when not used safely.

Tree and decoration tips:

- Buy an artificial tree that is labeled “fire resistant.”
- Choose a live tree that has green needles that do not break when bent between the fingers. The bottom of the tree should be sticky with resin. When tapped on the ground, the tree should lose only a few needles.
- Place trees away from fireplaces, vents and radiators. If using a live tree, remember to keep the stand filled with water.
- Use only noncombustible or flame-resistant decorations.

Lighting tips:

- Use indoor and outdoor lights that have been tested for safety by a nationally

CONTINUED ON PAGE 5

### INSIDE THIS ISSUE:

Upcoming events Pg 2,4

Recipe Pg 3

Bits & pieces Pg 3

Volunteer opportunities Pg 3

Lunch Report Pg 6

Local Happenings Pg 9

Calendars Pg 7,8



## DECEMBER BIRTHDAYS

“It takes a long time to become young.” Pablo Picasso

Virginia McSwain 12/06

William Titterington 12/18

Cindy Eason 12/09

Ardena Matlack 12/20

Ruby Morehead 12/12

Peggy Chitwood 12/20

Dorothy Erwin 12/12

Fran Nickels 12/23

Austin Pond 12/13

Linda Whitney 12/24

Janet Amerine 12/17

Ester Murphey 12/28

## UPCOMING EVENTS

### Schedule of Events

- 12-03 Planning Meeting
- 12-07 Jam Session
- 12-10 Carry in Lunch
- 12-16 BINGO
- 12-17 Trip to look at lights
- 12-19 Cooking Class
- 12-21 Biscuits & Gravy

#### Jam Session

Come enjoy some great entertainment. Enjoy music from local artists. The cost is free but donations are accepted. Also please bring a snack to share. We could also use players!

Date: Saturday December 7th  
Time: 7pm-9pm  
Location: Main Room at Center  
Cost: Free



#### Carry-In-Lunch

Join us for a great lunch made by the best cooks in town. We will have speakers who will present different topics. We ask that everyone brings in a dish to share and a plate and utensils. The event is free but donations are accepted.

Date: Tuesday December 10th  
Time: 12:00 noon  
Location: Main room at Center  
Cost: Free but donations are appreciated.

#### Biscuits & Gravy breakfast

All you can eat Biscuits & gravy made by Center volunteers. This is open to ALL age groups. It is a nice place to come feed the family when you don't feel like cooking.

Date: Saturday December 21st  
Time: 7am-10am  
Location: Main Room at Center  
Cost: \$4 for adults & \$2 for kids

#### Painting Group

Come down and paint with friends. This group is for those who already know how to paint. Please call the Center first to register.

Date: Every Monday  
Time: 1pm-3pm  
Location: Art & Crafts room  
Cost: Free



#### Tai Chi & Exercise Class

Tai Chi is a Chinese system of slow meditative physical exercise designed for relaxation and balance and health. Come down and enjoy this class which is taught by Lew Kellogg.

Date: Every Tuesday & Friday  
Time: 8:45 am  
Location: Centers Main Room  
Cost: \$8 per month donation per class



#### Blood Pressure Checks

Has your Dr told you to monitor your blood pressure? Do you not have a blood pressure machine at home? Stop by the Center to have your blood pressure checked for free.

Date: Every Monday  
Time: 10 am – 12 noon  
Location: Center Main Room  
Cost: Free



#### Morning Coffee

Have you been looking for a place to come have morning coffee and visit with friends? The Center is now offering morning coffee and a snack. This is open to everyone. We will have a donation jar out for coffee.

Date: Every Wednesday morning  
Time: 9:00 am—until you are done  
Location: Centers Main Room  
Cost: donations for coffee



#### Knitting group

Have you always wanted to learn to knit? Come join us as we all learn different techniques and make beautiful things.

Date: Every Friday  
Time: 2:00 pm– 3:00pm  
Location: Craft Room  
Cost: Free and open to ALL AGES!



CONTINUED ON PAGE 4



# CHOCOLATE CRINKLES

## Method

- Take 2 bowls, in one melt the chocolate over a saucepan of simmering water (not boiling hot) and in the other sift together the flour, baking powder and salt, set aside.
- Remove the bowl 1 from heat and mix sugar, oil and vanilla extract mix well until well combined and sugar slightly dissolved.
- To this add egg and mix well, until well combined and you will find the mixture to be similar to a thick cake batter. Cover with cling-film and refrigerate for 2 hrs minimum/ overnight.
- Line a baking tray with parchment paper. Later take the mixture and spoon 1/2 tsp mixture and roll it into balls and coat with icing sugar. Place them on the prepared tray about an inch apart.
- The icing sugar can dissolve while you try to finish rolling them all. Make sure you repeat coating icing sugar twice with all the balls.
- Bake in a pre-heated oven 175C for 10 minutes if you want soft cookies 15 minutes if you want them firm. Cool them on a cooling rack and transfer to sir-tight containers.

Serve with cold milk to dip

## Ingredients

- Dark chocolate- 1/2 cup, broken
- Brown sugar- 1/2 cup, packed
- Egg- 1 large
- Vanilla extract - 1/2 tsp
- Plain flour- 1/2 cup
- Baking powder- 1/2 tsp
- Oil- 2 1/2 tbsp (I used refined)
- Salt- a pinch
- Icing sugar- 1/4 cup (coating)



## BITS & PIECES

### COMPUTER AREA

The center offers computers for members to use. You can come in to type up a document, send an email, or just surf the web. You can come into the Center anytime Monday through Friday from 8:00 am to 2:00 pm except for when Tai Chi is going. We also offer computer tutoring on Thursdays at 9am. The center also offers free wifi.

### DONATIONS

We have a local Senior who volunteers her time at Christian Street Ministry Safe House. A ministry for homeless teens in Downtown Wichita. She states they are needing blankets and coats. Also will accept food items & toiletries that can fit into a child's back pack. Snacks, crackers, health bars, etc. If you have any questions please contact the Center and we will get you in touch with

the person who is doing the collecting.

### Hospice Volunteer Needed

Person to sit with patient in the Clearwater area while her family attends caregiver support group the 2<sup>nd</sup> Wednesday of the month from 5:00-6:15 p.m. Please contact Cathy Parry-Jones or Randall Turner at Harden Hospice-Kansas, 316-559-2049.

**“If you don't have any charity in your heart you have the worst kind of heart trouble.”**

**-Bob Hope**



## VOLUNTEER OPPORTUNITIES

### Changing signs

We are looking for someone who might be interested in keeping our sandwich board signs updated and current for the upcoming events. This would be about a 20 minute per week job.

### SCOOP Delivery

Do you like to walk around and get to know people? Once a month we are needing a person to go to local businesses and hand out stacks of our

newsletter. This would be approximately a 2 hour a month job.

### Biscuits & Gravy Servers

The 3rd Saturday of every month we have our Biscuits & Gravy. The same volunteers are always here and we would like to give them a chance to enjoy a month off. If you would be interested in serving or any other listings please call the Center at 620-584-2332.

### Class Instructors

If you have a skill that you can teach to others. Knitting, a craft, a game, then we would love to have you share it.





### City of Clearwater Senior Community Center

#### Mission Statement:

The Clearwater Senior/Community Center is here to provide, maintain, and expand to the Community the social, educational, physical, nutritional, health, recreational, spiritual, and intellectual well being of each senior in our community.

#### Goals:

1. Keep and Maintain a warm and friendly center.
2. To increase the activities and growth at the Center.
3. To maintain the newsletter promoting all activities at the Center.

#### Objectives:

1. Improve community involvement by newsletter, telephone, email, TV access channel with information on all Senior Activities.
2. Implement new ideas, programs, and activities as they develop.
3. Maintain and keep accurate records of attendance.
4. Maintain current facility and plan for growth.

#### Staff

#### Clearwater Senior Community Center

Pamela Riggs,  
Director

Farol McMillan  
Administrative Assistant

#### Advisory Committee Members

Terry Sullivan - Chairperson  
Joan Fleming - Co-Chair  
Barbara Hufford - Member at Large  
James Charles - Member at Large  
Marlene Hand - Member at Large

#### Planning Committee Members

Cheryl Wright - Chairperson  
Vacant - Co-Chair  
Marlene Parret - Secretary  
Vacant - Member at Large  
Vacant - Member at Large  
Farol McMillan - RSVP Program

Clearwater Senior Community Center

921 Janet Ave  
Clearwater, KS 67026  
620-584-2332

[commcenter@sktc.net](mailto:commcenter@sktc.net)

## UPCOMING EVENTS

### BINGO

We will be attempting to do our BINGO again this month. We have changed the day and time to see if it better fits schedules. Stop by and play for a chance to win some fun prizes!

Date: Monday December 16th

Time: 1pm

Cost: .25 cents per card

### Square Dancing Clinic

John Chitwood will be leading a class that will teach the basics of square dancing. The class will also be closed to any new students after November 15th in order to be fair to the rest of the dancers. You can still stop by and watch. If you are interested please call the Center at 620-584-2332 or just come by on a Friday night.

Date: Fridays at 6:00 pm

Location: Centers Main Room

Cost: donations for coffee.

### Trip to look at Christmas Lights

We will be taking a school to Wichita to look at all the pretty Christmas lights. If you would like to go please RSVP to the Center by calling 620-584-2332

Date: Tuesday December 17th

Time: meet at 5:30 pm

Location: Center parking lot

Cost: \$3

### Cooking Class

Kyle Huxford with the Clearwater Nursing Home will be here again to lead a cooking class. Bring your appetite!

Date: Thursday December 19th

Time: noon

Location: Centers Main Room

Cost: Free

### Medicare One on One

Schedule an appointment with our SHICK counselor to review your Medicare Part D prescription drug coverage.

Date: Mondays, Tuesdays, Thursdays, & Fridays

Time: by appointment only

Location: Centers Main Room

Cost: Free

ALL I NEED TO KNOW  
ABOUT LIFE LEARNED FROM  
A SNOWMAN

-- FUNNY CHRISTMAS POEMS --

1. It's okay if you're a little bottom heavy.
2. Hold your ground, even when the heat is on.
3. Wearing white is always appropriate.
4. Winter is the best of the four seasons.
5. It takes a few extra rolls to make a good midsection.
6. There's nothing better than a foul weather friend.
7. The key to life is to be a jolly, happy soul.
8. It's not the size of the carrot, but the placement that counts.
9. We're all made up of mostly water.
10. You know you've made it when they write a song about you.
11. Accessorize! Accessorize! Accessorize!
12. Avoid yellow snow.
13. Don't get too much sun.
14. It's embarrassing when you can't look down and see your feet.
15. It's fun to hang out in your front yard.
16. Always put your best foot forward.
17. There's no stopping you once you're on a roll.



recognized [testing laboratory](#). Use only newer lights that have thicker wiring and safety fuses to prevent wires from overheating.

- Before using, check lights for cracked sockets, damaged wires or loose connections. Throw out broken sets.
- Follow manufacturer's guidelines for stringing lights together. It is recommended to use no more than three standard-size sets of lights together.
- Make sure extension cords are rated for the intended use.
- Check outdoor light labels to make sure they have been certified for outdoor use. Only plug them into a ground-fault circuit interrupter (GFCI) protected receptacle or a portable GFCI.
- Turn off lights before going to bed or leaving the house.

Candle tips:

- Keep burning candles within sight.
- Keep candles out of reach of small children and pets.
- Extinguish candles before going to bed or leaving the room or house.

Keep lighted candles away from items that can catch fire, such as trees, decorations, curtains and furniture.

#### Keeping Walks Clear

Falls are always a concern for seniors. Winter poses a special risk, so put down road salt, cat litter or sand to keep sidewalks, steps and driveways as slip-free as possible.

Persons over age 65 — especially those with a history of high blood pressure and heart disease — should leave snow shoveling to others. The combination of strenuous work and blood vessels constricted by the cold air raises the risk of heart attack. Falls and severe muscle strains are also risks. However, seniors who are able to shovel walks should:

- Dress warmly and in layers, along with a hat and gloves, to retain body heat and prevent hypothermia. To avoid slipping, wear boots with non-skid soles.
- Before starting, limber up with light warm-up exercises.
- Push the snow in front of you, rather than try to lift it. If you must lift, pick up small amounts and lift with your legs, not your back.

Take frequent breaks. If you become dizzy or numb, stop immediately and go inside. Call 911 if you experience chest pain or other heart attack symptoms.

#### Protect Against Hypothermia

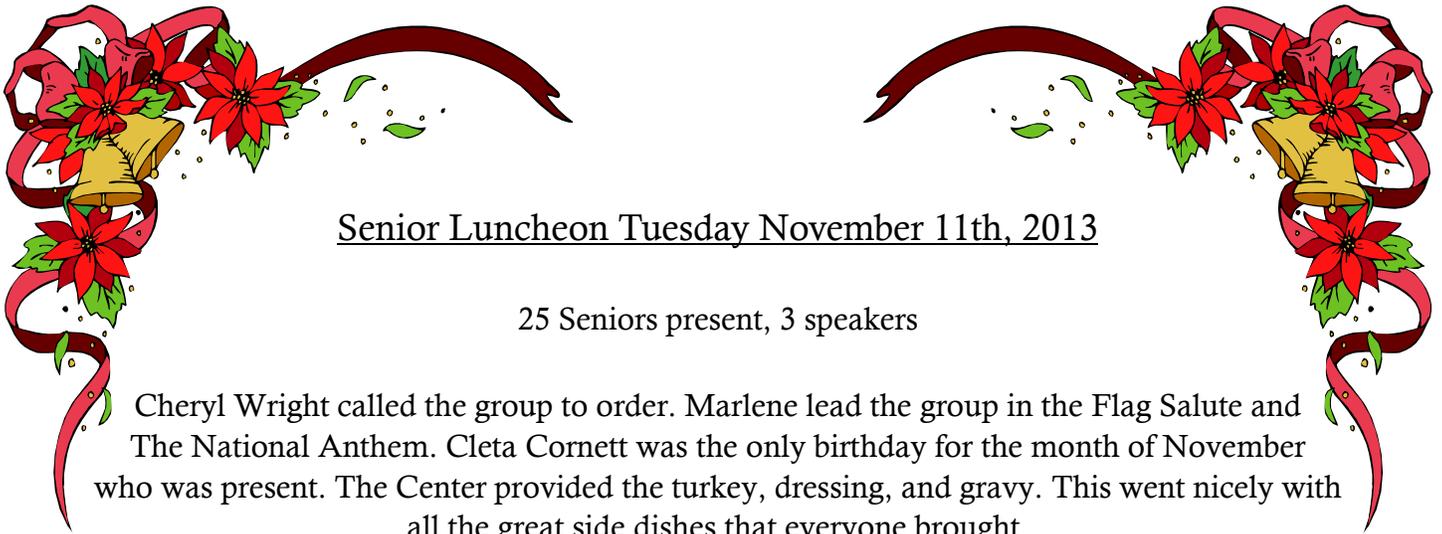
Seniors generally produce less body heat. That makes them especially susceptible to [hypothermia](#), which if not detected early, can be extremely dangerous.

Conditions such as stroke, Parkinson's disease and severe arthritis — even some medications — can limit the body's response to cold, leaving seniors even more vulnerable.

Hypothermia prevention tips:

- Limit time outdoors and stay indoors on windy days. Go inside if you begin shivering.
- Wear warm, layered clothing of natural fibers. To reduce heat loss, wear a hat, gloves, warm socks and boots. Cover your mouth to protect your lungs.
- Keep the thermostat at a comfortable level, wear warm clothing and use enough blankets to stay warm at night.
- To keep your body temperature up, eat hot, nourishing meals and drink warm beverages.

Seek medical attention immediately for anyone you believe is suffering from hypothermia. Keep the person dry and warm with blankets. Do not rub limbs to warm them. Encourage the person to drink hot, nonalcoholic, caffeine-free beverages



## Senior Luncheon Tuesday November 11th, 2013

25 Seniors present, 3 speakers

Cheryl Wright called the group to order. Marlene lead the group in the Flag Salute and The National Anthem. Cleta Cornett was the only birthday for the month of November who was present. The Center provided the turkey, dressing, and gravy. This went nicely with all the great side dishes that everyone brought.

The first speaker was Jill Steiner with Dove Estates Senior Living Community that is currently under construction in Goddard. She invited us to visit the new facility. This facility will offer an array of amenities including various daily activities.

Our second speaker was Gary Hunt who represents the Kansas Wildlife and Parks. He offers many Hunter Educations courses throughout Kansas. He brought with him several stuffed birds, all of which can be found throughout Kansas. He is a local man who states he has many varieties of wildlife (stuffed of course) he would be glad to share information about.

Mae Taylor was our third speaker. She was representing Christopher CJ Banks in Derby, KS. She brought several garments to sell and to show. There are to stores in our area. One in Derby, KS and one in New Market Square in Wichita.

Announcements: Reminder of Wednesday Coffee time at the Center at 9:00 am  
11-16 Biscuits & Gravy. Helpers still needed.

11-19 National Memory Screening Day at the Center

11-21 Cooking Class at the Center with lunch provided by the Clearwater Village.

11-25 Farewell reception for Ruby Fisher who is moving to Florida. She has held many positions here at the Center and will be missed.

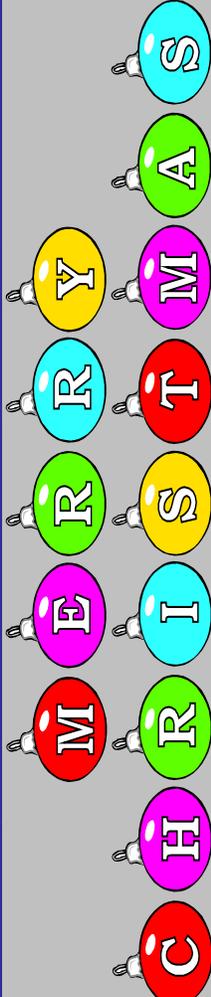
Each Monday morning Pam is available to check blood pressures.

Looking ahead; 12-17 Possible bus trip to look at Christmas lights. More information on this later.

Marlene Parret,  
Secretary



~ December 2013 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 	2 Blood pressure ck 10am-noon Painting group 1pm-3pm	3 Tai Chi 8:45 am Exercise 10:00 am Planning mtg 9 am AAVAI Anon 7-9 pm	4 Morning Coffee 9am Games 10 am	5 Computer Tutoring 9am AA 7pm-9pm	6 Massage 8-8:45am & 11-12pm Tai Chi 8:45 am Exercise 10:00 am Knitting Class 2-3pm	7 Jam Session 7pm-9pm open to all ages	
8 	9 Blood pressure ck 10am-noon Painting group 1pm-3pm	10 Tai Chi 8:45 am Exercise 10:00 am Sewing Class 9am <b>Carry In Lunch noon</b> AAVAI Anon 7-9 pm	11 Morning Coffee 9am Games 10 am	12 Building Rented all day	13 Massage 8-8:45am & 11-12pm Tai Chi 8:45 am Exercise 10:00 am Knitting Class 2-3pm	14	
15 	16 Blood pressure ck 10am-noon Painting group 1pm-3pm BINGO at 1pm	17 Tai Chi 8:45 am Exercise 10:00 am Sewing Class 9 am AAVAI Anon 7-9 pm <b>Trip to look at Xmas lights @ 5:30 pm</b>	18 Morning Coffee 9am Games 10 am	19 Cooking Class at noon AA 7pm-9pm	20 Massage 8-8:45am & 11-12pm Tai Chi 8:45 am Exercise 10:00 am Knitting Class 2-3pm	21 Biscuits & Gravy 7am – 10am *open to all ages	
22 	23 Blood pressure ck 10am-noon Painting group 1pm-3pm	24 Center Closed 	25 Center Closed 	26 Computer Tutoring 9am AA 7pm-9pm	27 Massage 8-8:45am & 11-12pm Tai Chi 8:45 am Exercise 10:00 am Knitting Class 2-3pm	28	
29 	30 Blood pressure ck 10am-noon Painting group 1pm-3pm	31 Tai Chi 8:45 am Exercise 10:00 am Sewing Class 9 am AAVAI Anon 7-9 pm					

Notes:

**GOOD NEIGHBOR NUTRITION PROGRAM MENU (219-4020)**  
**(menu is subject to change)**  
**DECEMBER 2013**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAMBURGER on BUN TATOR TOT ROMANOFF THREE BEAN SALAD MANDARIN ORANGES	● SOUTHWEST TURKEY & PASTA CAPRI VEGETABLES FRESH BANANA CHOCOLATE PUDDING DINNER ROLL	OVEN ROASTED CHICKEN GARDEN RICE PILAF PEA LETTUCE SALAD w/DRSG ROSY APPLESAUCE POTATO ROLL	☺ SCALLOPED POTATOES with HAM GREEN BEANS MIXED FRUIT w/STRAWBERRIES TAPIOCA PUDDING WHEAT BREAD	CHILI WITH BEANS BRUSSELS SPROUTS FRESH APPLE CHOCOLATE CHIP COOKIES CRACKERS
30 Gm Fat 832 Calories 1049 mg Sodium	19 Gm Fat 725 Calories 1295 mg Sodium	23 Gm Fat 699 Calories 669 mg Sodium	20 Gm Fat 742 Calories 1092 mg Sodium	29 Gm Fat 788 Calories 772 mg Sodium
BEEFY MAC & CHEESE CALIFORNIA VEGETABLES CINNAMON APPLESAUCE DINNER ROLL	☺ HAM & BEANS w/ONIONS SPINACH FRUITED GELATIN CORNBREAD	CRANBERRY MEATBALLS BAKED SWEET POTATO COMBINATION SALAD w/DRSG PINEAPPLE CHUNKS WHEAT BREAD	TACO SALAD GREEN PEAS CITRUS FRUIT MIX OATMEAL COOKIES	CHICKEN BREAST CACCIATORE GARDEN RICE PILAF SPINACH SALAD w/DRSG QUICK FRUIT CUP WHEAT BREAD
24 Gm Fat 643 Calories 800 mg Sodium	12 Gm Fat 678 Calories 1112 MG Sodium	26 Gm Fat 795 Calories 1129 mg Sodium	36 Gm Fat 816 Calories 932 mg Sodium	15 Gm Fat 696 Calories 1053 mg Sodium
BEEF GUMBO SOUP BAKED POTATO SPICED PEACHES CHOCOLATE CHIP COOKIES CRACKERS	☺ HAM LOAF w/CREAM GRAVY WASHED POTATOES RANCH BROCCOLI SALAD PEACHES, PEARS & GRAPES POTATO ROLL	TACO BURGER on BUN CALICO CORN PINEAPPLE AMBROSIA	WHOLE GRAIN SPAGHETTI w/MEATS/AUCE GREEN BEANS CITRUS FRUIT MIX BREADSTICKS	● APPLE WALNUT TURKEY SALAD on WHEAT BREAD ITALIAN PASTA SALAD FRUIT SLAW
27 Gm Fat 872 Calories 804 mg Sodium	25 Gm Fat 761 Calories 1070 mg Sodium	32 Gm Fat 828 Calories 984 mg Sodium	20 Gm Fat 749 Calories 880 mg Sodium	23 Gm Fat 672 Calories 1157 mg Sodium
ITALIAN CHICKEN CASSEROLE CAPRI VEGETABLES STRAWBERRY CUP FRENCH BREAD	SLICED ROAST BEEF w/GRAVY WASHED POTATOES COMBINATION SALAD w/DRSG SPICED PEARS POTATO ROLL	 CLOSED FOR CHRISTMAS DAY	SLOPPY JOE on BUN PARSLIED POTATOES COLESLAW w/CARROTS MIXED FRUIT	☺ BISCUIT w/PORK SAUSAGE GRAVY POTATOES O'BRIEN FRESH ORANGE
17 Gm Fat 746 Calories 1060 mg Sodium	19 Gm Fat 703 Calories 703 mg Sodium		28 Gm Fat 731 Calories 713 mg Sodium	36 Gm Fat 768 Calories 1110 mg Sodium
BREADED CHICKEN PATTY on BUN HERBED POTATOES SWEET & SOUR SLAW MIXED FRUIT CUP	BEEF PATTY w/ONION GRAVY WASHED POTATOES MIXED GREEN SALAD w/DRSG FRUIT MIX w/BLUEBERRIES DINNER ROLL			● CONTAINS TURKEY ☺ CONTAINS PORK
28 Gm Fat 699 Calories 893 mg Sodium	25 Gm Fat 684 Calories 615 mg Sodium			
30	31			



**MERRY**

**CHRISTMAS**



# Local Happenings

## CHRISTMAS COMES TO CLEARWATER

Saturday, December 7th, 2013

### EVENTS

4:00 p.m. Jingle Bell Walk/Run Start at Clearwater Family Practice (to 4th St. & back)

5:00-7:00 p.m. Clown/Balloon Creations, Downtown.

5:00-8:00 p.m. Old-Fashioned Games, Downtown.

5:00-7:00 p.m. Hay Rack Rides Ross from Duckwall's to 2nd & back.

5:00-7:00 p.m. Hot Cider & Popcorn By Lions Club at Emprise Bank

5:00-7:00 p.m. Live Nativity First Baptist Church

5:00-7:00 p.m. Display of Nativity Scenes United Methodist Church

5:00-7:00 p.m. Petting Zoo First Baptist Church

5:00-8:00 p.m. Winter Wonderland Church of the Nazarene

5:00-8:00 p.m. Chili & Hot Dog Feed By Ministerial Alliance at First Baptist Church

5:15 p.m. Coloring Contest Winners\*

5:25 p.m. Invocation Rev. Chris Griffin

5:30 p.m. Students Sing/Perform City Christmas Tree

6:00 p.m. Santa Arrives by Fire Truck City Christmas Tree/Emprise Bank

6:15 p.m. Santa Lights Tree at City Christmas Tree

6:35-??? Visit with Santa Emprise Bank

Plus Luminaries, Downtown Decorations, Bells & Caroling!

\*Coloring Contest Rules: Please be sure your name, age, and grade are on your completed picture. Take it to the business printed on the back of the page to be displayed and judged! Deadline is Wednesday, December 4th, at close of business. stuffed Christmas Stocking will be given to eight winners — one from each age group: 1-4 yrs., K, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup>

Grades!!! Winners will be announced at "Christmas Comes to Clearwater" event at 5:15 p.m. at City Christmas Tree. Need not be present to win; visit all the businesses to see the pictures; pick them up the week of Christmas if you want to keep them!

COME AND LET'S WELCOME THE CHRISTMAS SEASON TO CLEARWATER TOGETHER!



A local Senior is looking for some live in help. Someone to cook and clean for him. If this is something you may be interested in please call the Center and we can get you his information.



Do you have some yardwork that needs to be done? Leaves to rake or weeds to pull? The First Baptist Church yoooooooooth™ group is your answer! The kids are trying to earn money for camp, and are available for hire. They will do any yard work for donations. This is a great way to help the youth, and get your outdoor work done at the same time. If you would like to schedule a time for them to come by, call the First Baptist Church at 620-584-2058

If you have something you would like to sell or share on this page please contact the Center at 584-2332



---

Clearwater Senior  
Community Center  
921 Janet Ave  
Clearwater, KS 67026  
620-584-2332  
commcenter@sktc.net



find us on

Facebook

---

Save your soda tabs

Bring in your pop tabs off of soda cans. We will donate tabs to the Ronald McDonald House which helps families of children with different illnesses. Just drop off your collection of pop tabs to the Center.



Do you have some gently used shoes lying around? We are partnering with Sedgwick Senior Center to gather used shoes to donate to the VA. They take new and like new shoes and donate them to Veterans. Please drop off shoes at the Clearwater Senior Community Center.