

# The Scoop

October, 2011



## CLEARWATER COMMUNITY CENTER & SENIOR HAPPENINGS

921 Janet Avenue

Clearwater, Kansas 67026

[commcenter@sktc.net](mailto:commcenter@sktc.net)

**Phone: 620-584-2332**





## TUESDAY, SEPTEMBER 13, 2011, LUNCHEON



Barbara Hufford, Chairman

Marlene Parret, Secretary

After Carl gave the blessing for the 37 in attendance, we enjoyed the meal with Farol McMillan and Mary Jo McMahan, hostesses, serving chicken and noodles as the entrée.

September birthday people were Lew and Irlene Kellogg, John Chitwood, Wanda Stitt and Barbara Bird.

Mike York, Clearwater Mayor was the first speaker. His talk is located elsewhere in this Scoop.

Carl reminded all those present the importance of filling in the information cards to help with the qualifications needed for the Senior Program.

Marlene led the Pledge of Allegiance and the National Anthem and the Birthday song for our celebrants.

Our next speaker was **Austin Wood** from **SKT** who spoke about the new security systems they now offer called the **Guardian System**. He cited that there are over 35 million over age 65 now and that only 5% will die somewhere other than their home. Mortality rate is 31% from falls. He also told of a new persona-safety call system they now have available. He advised that after a set-up fee of \$75.00 that the monthly fee is \$30.00. The call-button can be worn as a bracelet or pendant. It even features a Fall Detector. His assistant, Michelle, also gave each one a nice goody-bag.

Lew Kellogg told of the new TaiChi exercise program he will be leading. He plans to begin 9-23 with time scheduled at 8:45 to 9:45 am, before his other exercise class on Tuesdays and Fridays at 10 am.

John Chitwood announced he will be leading a new square dancing class beginning on Sept. 23 at 7 pm at the Center. All are welcome to attend.

Other activities: Flu shots at the center Thurs. 9/15. The Sept. Jam Session had 50 in attendance. Biscuits and Gravy are scheduled for Sat., 9/17 from 7 to 10 am. The Senior Expo in Wichita is Sept. 21. Clean-up day at the Center is scheduled for the 24<sup>th</sup>. Some students from the H.S. Government class will be washing the windows as their public service requirement. The current quilt made by the Sew & Sews is at the quilter and will be on display at the Fall Festival quilt Show. The group hopes to make another quilt for a local veteran. Donations for the last Quilt Raffle was \$1,352. Thank You cards were sent to Mize's and Casey's. Attendance was down at the Fish Fry. Door prize of a fancy Christmas ornament was won by Marcille Mitchell. Bill Hammers is planning a Blue Grass concert in December. Phyllis Valens announced their concert at the Clearwater Christian Church was set for Sept. 25.

Those representing the City of Clearwater at lunch were City Administrator, City Clerk, one Councilman and Clearwater's Fire Chief.

Submitted by Marlene Parret, secretary

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**Clearwater Christmas Fair**



**SAT. NOV. 12 from 9 am to 3 pm**

Clearwater Middle School, 140 South 4<sup>th</sup>, Clearwater

**INFO. 620-584-6884 or [pwalker@sktc.net](mailto:pwalker@sktc.net)**

**For VENDORS & SHOPPERS**

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# CLEARWATER FALL FESTIVAL CALENDAR - 2011

## Thursday, October 20th

7:00PM [Movie Night](#) Methodist Church

## Friday, October 21st

All Day [Garage Sales](#) Around Town  
**10:00AM-4:00PM** [History Through Threads Quilt Show](#) **The River Community Church**  
 11:30AM [Lunch by Sr Gov't Class](#) In front of Emprise Bank  
 2:00-5:00PM [Hooks, Shuttle and Needlework](#) Entry Check-in Methodist Church  
 2:00-5:00PM [How Sweet It Is Contest](#) Entry Check-in Methodist Church  
 6:00-8:00PM [Bingo](#) CIC Building  
 6:00-11:00PM [Carnival](#) Ross Street  
 7:00-9:00PM [Chili Cook Off](#) City Park Shelter House

## Saturday, October 22nd

7:00AM-9:30AM [Sausage Gravy & Biscuit Breakfast](#) Methodist Church  
 9:00AM-6:00PM [Arts and Craft Fair](#) City Park  
 8:00-10:00AM [Hooks, Shuttles and Needlework](#) Entry Check-in Methodist Church  
 8:00-10:00AM [How Sweet It Is Contest](#) Entry Check-in Methodist Church  
**10:00AM** [Parade](#) **Ross Street**  
 10:00AM-4:00PM [History Through Threads Quilt Show](#) The River Community Church  
 11:00AM-11:00PM [Carnival](#) Ross Street  
 11AM-11PM [Food Vendors](#) City Park & Ross Street  
 11:50AM [Grand Marshall Presentation](#) City Park's Gabezo  
 12:00PM-4:00PM [Minute To Win It](#) City Park's Gabezo  
 12:30PM [Hooks, Shuttles and Needlework](#) Winners Posted Methodist Church  
 12:30PM [How Sweet It Is Contest](#) Winners Posted Methodist Church  
 1:00PM [Washer Toss](#) City Park  
 1:00PM [3 on 3 Basketball](#) Clearwater Middle School  
 2:00-5:00PM [Car and Motorcycle Show](#) Ross Street  
 4:00PM [Duckee Dash](#) City Park  
 6:30PM [Clearwater High School Alumni & Friends Dinner](#) Clearwater Intermediate Center (Former CHS)  
**7:00-11:30PM** [Street Dance](#) Featuring Dale Kenney and the Night Classics Band and **Frankie Valens** Ross Street

## Sunday, October 23rd

11:00AM [Church Service](#)  
 11:00AM [Golf Tournament](#) Golf Course  
 12:00PM [Community Lunch](#) City Park Shelter House



- 10 Reba Gross
- 10 Don Sparr
- 11 Wayne Tarrant
- 13 Cheryl Wright
- 18 Karen Van Allen
- 19 Julitta Darin
- 20 Margaret Burkhart
- 21 Betty Jo Embry
- 21 Norman Rogers
- 22 Gene Dunbar
- 22 Helen Stitt
- 22 Don Winter
- 26 LaVonna Greenlee
- 26 Bill Hammers
- 27 Jackie Matthews
- 29 Larry Jones



**INTERNATIONAL DAY  
OF OLDER PEOPLE  
OCTOBER 1**

The United Nations' (UN) International Day of Older Persons is celebrated annually on October 1 to recognize the contributions of older persons and to examine issues that affect their lives.

This is a special day for older persons or senior citizens all over the world. In many countries, politicians make speeches, particularly those responsible for government departments that focus on senior citizens, at this time of the year.

The World Health Organization (WHO), which is the UN's directing and coordinating authority for health related issues, and other groups have been actively involved in promoting public awareness and attention on the International Day of Older Persons.

Info from Google



Sandy

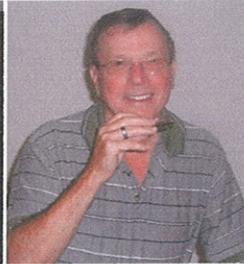


Carl

**SEPTEMBER'S JAM SESSION**



Roger & Charlotte Dawson



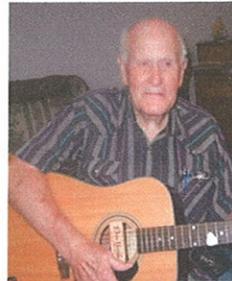
Merle Shoemaker



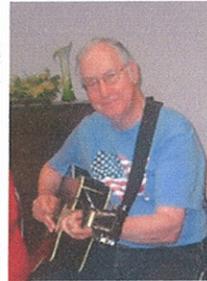
Peggy Shoemaker



Mel Veach



Bob Parmele



Bruce Hopson



Carl Shaffer

Another Saturday night with new musicians performing for us! Merle and Peggy came from Derby to join us, Mel came from Wichita. It's always so nice when we have new performers playing along with our local musicians, Roger and Charlotte, Bruce and Bob. Sandy is doing a great job recruiting new folks to entertain us.

Carl did a reading of "Rev. Mr. Black" with Roger coming in on the refrain, singing bits to enhance the reading. The audience enjoyed listening to it!

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**COMMENT FROM A FACEBOOK FRIEND:**

With time, women gain weight because we accumulate so much information and wisdom in our heads that when there is no more room, it distributes out to the rest of our bodies. So we aren't overweight we are enormously cultured, educated and happy. Beginning today, when I look in the mirror I will think, Good Grief, look how clever I am, I must be a genius!!!

\*\*\*\*\*

**EMAIL FROM CEC & COLEEN:**

I have been to a lot of places, but I've never been in Cahoots. Apparently you can't go alone. You have to be in Cahoots with someone. I've also never been in Cognito, either. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips, thanks to my friends and family. I would like to go to Conclusions, but you have to jump...I'm not much on physical activity.

\*\*\*\*\*

**Red Skelton:** All men make mistakes but married men find out about it sooner.

## **SERVICE OF REMBRANCE AND HONOR - SUNDAY, 9/11/2011**

By Cindy Eason

The Clearwater Ministerial Alliance sponsored a service of remembrance of those lost during the terrorist attacks of 9/11/2001 and to honor those who served so bravely and to also honor those who continue to serve here in our community

The Service was held at the Clearwater City Park at 2 pm. Reverend Susan Stover opened with a warm welcome and a prayer. She then introduced the Clearwater High School Band, lead by Mr. Ives, who performed an inspiring rendition of "The Star Spangled Banner."

Next, Pastor Mike Kroeker introduced the police, fire fighters, and first responders who serve our community. Pastor Kroeker spoke of the sacrifice and service of these brave and committed people. He was followed by Reverend Chris Griffin who led us in a time of silence and prayer.

Reverend Paul Rathke read the scripture. The message for the day was brought by Reverend Keith Kelley. He spoke eloquently about the cross still standing after the fall of the Twin Towers and the meaning of the cross for our lives. He was followed by Amy Ives who gave us a heartfelt performance of "God Bless America."

Pastor Gene Eason ended the service by first inviting the police, fire fighters, and first responders to form a receiving line for the audience to thank them, then closed the service with a benediction.



Members of the Clearwater High School Band performing "The Star Spangled Banner"



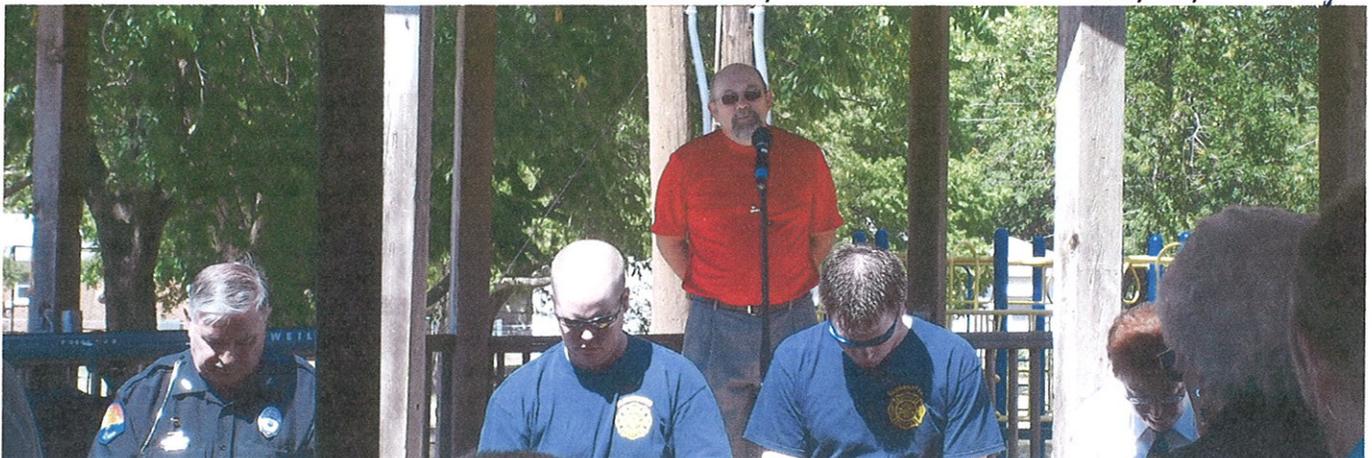
Rev. Susan Stover



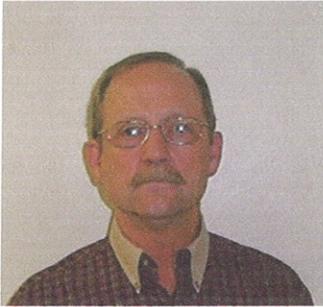
Rev. Keith Kelley



Amy Ivey



Pastor Gene Eason standing behind those who serve our community



Clearwater Mayor Mike York

Mayor York spoke at the September monthly luncheon at The Center. He talked of several of the items that concern the city government and the residents.

1. The city is on a tight budget, but they consider The Center to be an asset to the community, and should not be just considered the SENIOR CENTER.

2. The council is proposing a local survey in the near future, or a TOWN HALL type meeting concerning services currently offered that may or may not need to continue or cut back or new changes to be considered.

3. Concerning the proposed INDUSTRIAL PARK, it will assuredly be a long-range program. So far there have been two inquiries about it. The drive way/entrance has been laid in anticipation.

4. Concerning the bridge south of town, there have been more problems found that will require immediate attention, and could require as much as two more months to complete.

5. There has also been interest in building more apartment complexes to the southeast of the current Senior apartment complex.

6. At the 9/11 memorial service this past Sunday, the Ministerial Alliance sponsored a fund-raiser to use donation and plant a tree in the park as a memorial to our local emergency people. Also, the Business people have mentioned planting another tree in honor of the local veterans.

7. Mayor York also referred to the current questions about the trash vs re-cycle program containers. If you feel you no longer need a full-size trash container, smaller ones are available at a reduced cost on your monthly billing. Or if you need another re-cycle container, they are available. Contact the City Offices.

8. He also stated that attendance at the aquatic center was listed as 14,237 people, down over 900 from last year.

9. To inquire about your re-cycle credit, or to see if there is the possibility of local merchants using the program, contact the City Office for help.

Submitted by Marlene Parret, secretary

## *E-mails to share with YOU!*

### **From MariJack:**

When you drink Vodka over ice, it can give you kidney failure,

When you drink Rum over ice, it can give you liver failure,

When you drink whiskey over ice, it can give you heart problems,

When you drink Gin over ice, it can give you brain problems.

Apparently, ice is really bad for you.

**WARN ALL YOUR FRIENDS!**

### **From MariJack:**

When asked by a young patrol officer "Do you know you were speeding?" this 83-year-old woman gave the young officer an ear-to-ear smile and stated: "Yes, but I had to get there before I forgot where I was going."

The officer put his ticket book away and bid her a good day. **MAKES PERFECT SENSE TO ME!**

### **From Cec & Colleen:**

1. I may be schizophrenic, but at least I have each other.

2. KENTUCKY: Five million people, Fifteen last names.

3. Money isn't everything, but it sure keeps the kids in touch.

### **From Lawren: Senior Thoughts**

1. I'm wrinkled, saggy, lumpy, and that's just my left leg.

2. I'm sure they are making adults much younger these days, and when did they let kids become policemen?

3. I'm a walking storeroom of facts.... I've just lost the key to the storeroom door.

4. Comment for the Day: Don't ever take a fence down until you know the reason it was put up."

### **From CommCenter: *One of Maxine's Best***

**MINORITIES:** We need to show more sympathy for these people. They travel miles in the heat. They risk their lives crossing a border. They don't get paid enough wages. They do jobs that others won't do or are afraid to do. They live in crowded conditions among a people who speak a different language. They rarely see their families, and they face adversity all day - every day.

**I'm not talking about illegal Mexicans** - I'm talking about our troops. Wouldn't it be great if we took the 360 billion we spend on illegals every year and spend it on our troops?? !!!!!!!

## WHO TO CALL

**THE SCOOP** is a monthly newsletter of the Clearwater Community Center, 921 Janet, Clearwater, KS 67026. Publisher: Carl Shaffer, 620-584-2332

[commcenter@sktc.net](mailto:commcenter@sktc.net)

Editor: Ruby Fisher, 620-584-2866

[ruby67026@sktc.net](mailto:ruby67026@sktc.net)

Print Engineer: Jimmy Charles  
Charles Engineering, Clearwater.  
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**THE SCOOP** can also be seen online, in color, by going to City of Clearwater's website:

<http://www.clearwaterks.org>

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### ADVISORY COMMITTEE MEMBERS

Chair - Terry Sullivan  
Co-Chair - Joan Fleming  
Secretary - Carla Butterfield  
Member at Large - James Charles  
Member at Large - Marlene Hand

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### PLANNING COMMITTEE MEMBERS

Chair - Barbara Hufford  
Co-Chair - Angie Shaver  
Secretary - Marlene Parret  
Historian - Helen Fesnock  
Activity Leader - June Finney  
RSVP Program - Farol McMillan

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While checking for interesting people in October in Google, I found that on Oct. 9, 2011, I will be 30,000 days old. - Ruby

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Judge Judy of TV fame was at one time a prosecutor in a family court in New York City. In 1982, NYC Mayor Ed Koch appointed her as a judge in criminal court. Four years later, she was promoted to supervising judge in the Manhattan division of the family court.

She was approached by Big Ticket TV after her retirement re a possible courtroom TV show. She accepted.

In 2005 her salary was \$25 mil per year. Her net worth now is \$95 million and is ranked #13 on the Forbes magazine top 20 richest women in entertainment today.

Her BD is Oct. 21. She'll be 68. -Ruby

## Happy Things

By Helen Farries - copyright 1972

*Sometimes it's pleasant just to sit and think of happy things a bit.*

*Or find a quiet little nook and read a very favorite book.*

*Or maybe find some little stream and simply sit awhile and dream.*

*We don't take time to think about the joy that's ours day in and out.*

*The trees that come alive in spring, where birds may rest a bit and sing.*

*The seashore on a summer day where waves jump high and children play.*

*The Christmas trees with stars above and gifts below from those we love.*

*The birthdays when folks let us know they're glad 'we're us' and tell us so.*

*Yes, sometimes it's just nice to sit and think of happy things a bit.*

*The little gifts and sweet bouquets that someone sent to cheer our days*

*The starry nights, when though so far, we wished upon the brightest star*

*And while we've all had days, it's true, when we've felt sort of sad and blue*

*Days when we've felt that no one cares and no one seem to hear our prayers*

*When we just take the time to sit and think of happy things a bit.*

*We feel so loved, so blessed, so glad for all the happy things we've had!*



### **QUOTES BY DWIGHT D. EISENHOWER (Oct. 14,1890-Mar. 26,1969)**

- A people that values its privileges above its principles soon loses both.
- An intellectual is a man who takes more words than necessary to tell more than he knows.
- Farming looks mighty easy when your plow is a pencil and you're a thousand miles from the corn field.
- I have found out in later years that we were very poor, but the glory of America is that we didn't know it then.
- I like to believe that people in the long run are going to do more to promote peace than our governments. Indeed, I think that people want peace so much that one of these days governments had better get out of the way and let them have it.
- If you want total security, go to prison. There you're fed, clothed, given medical care and so on. The only thing lacking...is freedom.

### **QUOTES BY JOHN F. KENNEDY (May 29,1917-Nov. 22,1963)**

- Do not pray for easy lives. Pray to be stronger men.
- If a free society cannot help the many who are poor, it cannot save the few who are rich.
- A child miseducated is a child lost.
- A nation that is afraid to let its people judge the truth and falsehood in an open market is a nation that is afraid of its people.
- As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.
- Domestic policy can only defeat us; foreign policy can kill us.
- Geography has made us neighbors. History has made us friends. Economics has made us partners, and necessity has made us allies. Those whom God has so joined together, let no man put asunder.

# October 2011

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

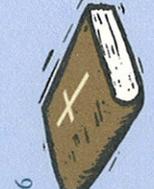
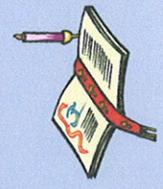
THURSDAY

FRIDAY

SATURDAY

**The Clearwater Fall Festival will be Oct. 20<sup>th</sup> for a movie, 21<sup>st</sup> for citywide garage sales, 22<sup>nd</sup> for the PARADE, fun and games, 23<sup>rd</sup> for church and lunch. Let's Have FUN !!!!!**

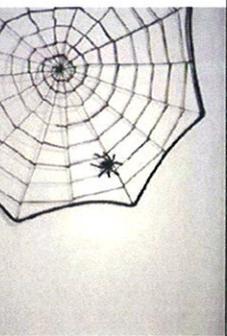
**October 10 is Columbus Day. Another day to display your flag!!!!!!!!!!!!**

 <p>2</p>	<p>3 <b>Painting</b> - both Beginners &amp; Advanced 1 to 3 PM</p>	<p>4 Tai Chi: 8:45 to 9:45 Exercise: 10 to 11am <b>Plan Meeting:</b> 10am AA &amp; AI Anon: 7 pm</p>	<p>5</p>	<p>6 <b>Knitting:</b> 9:30 to 11:30 am AA &amp; AI Anon: 7 pm</p>	<p>7 <b>Quilting:</b> 9:30 to ? Exercise: 10 to 11 am Cards &amp; Games 1:30 pm to ???</p>	<p>8</p>
 <p>9</p>	<p>10 <i>Columbus Day</i> <b>Painting</b> - both Beginners &amp; Advanced 1 to 3 PM</p>	<p>11 Tai Chi EXERCISE 9:30 to 10:30 am <b>LUNCHEON: NOON</b> AA &amp; AI Anon: 7PM</p>	<p>12</p>	<p>13 <b>Knitting:</b> 9:30 to 11:30 am AA &amp; AI Anon: 7 pm</p>	<p>14 <b>Quilting:</b> 9:30 to ? Exercise: 10 to 11 am Cards &amp; Games 1:30 pm to ???</p>	<p>15 <b>BISCUITS &amp; GRAVY</b> <b>7 TO 10 AM</b></p>
 <p>16</p>	<p>17 <b>Painting</b> - both Beginners &amp; Advanced 1 to 3 PM</p>	<p>18 Tai Chi: 8:45 to 9:45 Exercise: 10 to 11am <b>Plan Meeting:</b> 10am AA &amp; AI Anon: 7 pm</p>	<p>19 <b>MOVIE</b> <b>1:30 PM</b></p>	<p>20 <b>Knitting:</b> 9:30 to 11:30 am Line Dance: 9 am Flu Shots 9:30 to 11:30</p>	<p>21 <b>Quilting:</b> 9:30 to ? Exercise: 10 to 11 am Cards &amp; Games 1:30 pm to ??? <i>Garage Sale</i></p>	<p>22</p>
 <p>23</p>	<p>24 <b>Painting</b> - both Beginners &amp; Advanced 1 to 3 PM</p>	<p>25 Tai Chi: 8:45 to 9:45 Exercise: 10 to 11am <b>Plan Meeting:</b> 10am AA &amp; AI Anon: 7 pm</p>	<p>26</p>	<p>27 <b>Knitting:</b> 9:30 to 11:30 am AA &amp; AI Anon: 7 pm</p>	<p>28 <b>Quilting:</b> 9:30 to ? Exercise: 10 to 11 am Cards &amp; Games 1:30 pm to ???</p>	<p>29</p>
 <p>30</p>	<p>31 HALLOWEEN <b>Painting</b> - both Beginners &amp; Advanced 1 to 3 PM</p>	<p><b>Trick or Treat - Another day to make sure the young ones get all the sugar they need!</b></p> 				

**GOOD NEIGHBOR NUTRITION PROGRAM**

**GNP MENU (menu is subject to change)**

**OCTOBER 2011**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
BROCCOLI CHEESE SOUP BAKED POTATO STRAWBERRIES & APRICOTS CHOCOLATE CHIP COOKIES WHOLE WHEAT BREAD	HAMBURGER RICE CASSEROLE RANCH BROCCOLI SALAD AUTUMN GELATIN SALAD WHOLE WHEAT BREAD	OVEN ROASTED CHICKEN CHEESY POTATOES TOSSED SALAD w/DRSG FRESH APPLE WHOLE WHEAT BREAD	SPAGHETTI w/MEATSAUCE CALIFORNIA VEGETABLES FRUITY AMBROSIA BREADSTICKS	●HAM LOAF w/CREAM GRAVY MASHED POTATOES COMBINATION SALAD w/DRSG PEACH CUP POTATO ROLL
17 Gm Fat 671 Calories 811 mg Sodium	20 Gm Fat 682 Calories 613 mg Sodium	26 Gm Fat 754 Calories 663 mg Sodium	21 Gm Fat 732 Calories 828 mg Sodium	21 Gm Fat 747 Calories 1011 mg Sodium
3	4	5	6	7
SLOPPY JOE on BUN CAPRI VEGETABLES MACARONI SALAD APRICOT MIX	LIVER & ONIONS MASHED POTATOES PEA LETTUCE SALAD PINEAPPLE & STRAWBERRIES POTATO ROLL	CHILI CHEESE POTATO RANCH BROCCOLI SALAD ROSY APPLESAUCE WHOLE WHEAT BREAD	●TURKEY CHEF SALAD CREAMY POTATO SOUP FRESH BANANA OATMEAL COOKIES SALTINE CRACKERS	MUSHROOM STRIP STEAK CHEESY POTATOES ROMAINE SALAD w/DRSG SUGAR & SPICE APPLE SLICES DINNER ROLL
24 Gm Fat 736 Calories 689 mg Sodium	15 Gm Fat 684 Calories 711 mg Sodium	23 Gm Fat 754 Calories 742 mg Sodium	19 Gm Fat 648 Calories 1127 mg Sodium	36.5 Gm Fat 832 Calories 1294 mg Sodium
10	11	12	13	14
TACO SALAD GREEN PEAS CITRUS FRUIT MIX	●HAM & BEANS w/ONIONS DICED CARROTS CINNAMON APPLESAUCE CORNBREAD	CRANBERRY MEATBALL MASHED POTATOES LOOSE LEAF SALAD w/DRSG APRICOT MIX WHOLE WHEAT BREAD	ITALIAN BEEF STEW CORONADO SALAD SUNSHINE GELATIN SALAD CHOCOLATE CHIP COOKIES WHOLE WHEAT BREAD	BEEF & CABBAGE HASH GREEN BEANS FRUIT MIX w/STRAWBERRIES WHOLE WHEAT BREAD
28 Gm Fat 798 Calories 920 mg Sodium	12 Gm Fat 667 Calories 1020 mg Sodium	25 Gm Fat 798 Calories 1165 mg Sodium	24 Gm Fat 774 Calories 853 mg Sodium	21 Gm Fat 693 Calories 841 mg Sodium
17	18	19	20	21
●SCALLOPED POTATOES w/HAM BUTTERED CABBAGE APRICOT HALVES STRAWBERRY APPLE GELATIN WHOLE WHEAT BREAD	GOULASH CALIFORNIA VEGETABLES FRESH ORANGE WHOLE WHEAT BREAD	●TURKEY TETRAZININI BRUSSELS SPROUTS MANDARIN ORANGES WHOLE WHEAT BREAD	TUNA SALAD on WHEAT TOMATO SOUP PASTA SALAD HOT FRUIT COMPOTE	◎GLAZED PORK ROAST MASHED POTATOES ROMAINE SALAD w/DRSG FRUIT COCKTAIL SPICE CAKE w/TOPPING DINNER ROLL
20 Gm Fat 729 Calories 1037 mg Sodium	22 Gm Fat 643 Calories 777 mg Sodium	20 Gm Fat 627 Calories 1066 mg Sodium	14 Gm Fat 637 Calories 1270 mg Sodium	24 Gm Fat 959 Calories 800 mg Sodium
24	25	26	27	28
●BLACK-EYED PEAS w/HAM SOUTHERN STYLE OKRA & TOMATOES MANDARIN ORANGES CHOCOLATE PUDDING WHOLE WHEAT BREAD				● CONTAINS TURKEY ◎ CONTAINS PORK
19 Gm Fat 755 Calories 1151 mg Sodium	31			

**HAPPY HALLOWEEN!!!**



# Happy Halloween



Clearwater Community/Senior Center  
921 East Janet  
Clearwater, KS 67026