



THE SCOOP

March 2009



CLEARWATER

COMMUNITY CENTER

& SENIOR HAPPENINGS

921 Janet Avenue
Clearwater, Kansas 67026
620.584.2332



Birthdays

MARCH

- 1. Larry Bradt
- 2. Mary Conley
- 3. Douglas Chase
- 4. Amydell Burns
Darrel Mourning
Carol Wise
- 5. Gloria Berntsen
- 7. Mike York
- 8. Joanne Flippin
- 10. Lanora Bradt
- 11. Ronald Southern
- 12. Leila Anderson
- 13. Virginia Snyder
- 15. Patricia Stewart
- 16. Bruce Hopson
Delbert McMillan
- 17. Dale Morris
- 18. Marsha Emberson
- 19. Elsie Bell
- 20. Penny Walker
- 23. Marie Nordstedt
- 24. Melvin Wohford
Nadia Seal
- 27. Lila Mourning
- 28. John Wells
- 31. Arnold Gregg
Jean Murphy

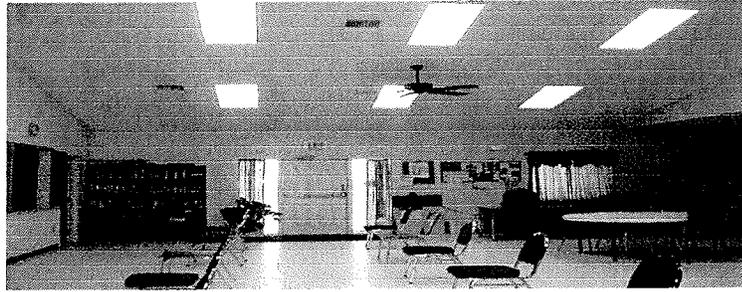


Anniversaries

MARCH

- 4. M&M /Richard Webb
M&M Justin McMillan
- 8. M&M Clifford Crane
- 16. M&M Leo Layton
M&M Myron Isern
M&M Wayne Dunn
- 24. M&M Todd Gerberding
- 25. M&M Dennis Johnson
- 26. M&M Larry Bradt
- 29. M&M Jack Richardson

STORY OF THE FANS AT THE COMMUNITY CENTER



Several years ago when Carl Shaffer lived in Escondido, CA, he had neighbors named Bill and Marguerite Reeves. Bill and Marguerite had lived in China for several years as missionaries, but had moved to Escondido in their retirement. Since they were both quite elderly, Carl made it a point to watch over them as they needed assistance in their daily living. They became good friends as well as good neighbors.

Bill had a stroke and was hospitalized for some time. Carl made sure that Marguerite was able to visit Bill at the hospital and helped her on a daily basis. Marguerite was widowed later and Carl and Kay moved from California back to Kansas. But they kept in touch.

When Marguerite, who later remarried, learned that Carl had taken the position of Director of the Clearwater Community and Senior Center and was in need of several improvements in the site, she asked how she could help. Carl said they were trying to earn money to add ceiling fans to the large meeting room.

Marguerite, in answer to the Senior's problem, sent a donation to buy fans for the facility.

And that's how we are able to have the fans bought and installed much sooner than expected.

We are all pleased that Carl had such a nice neighbor. We're also pleased and thankful that Marguerite held Carl in such high regard.

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Marguerite Voorhees, 94, Escondido, CA, made our fans possible much earlier than expected.



Senior Happenings



Maggie Liebold opened the business meeting following the February Pot-Luck Dinner. **Wanda Stitt** presented the devotions to the 30-plus diners.

Items announced and discussed:

There is a \$2.00 charge for the trip to Exploration Place on Feb. 25.

Geri Deninger is leading the sewing group making the school bags. It was reported that the group requesting the bags needs 400 for the month of March. One or two of the school bags were on display. Several ladies signed up to help with the project. They will meet on Tuesdays at 9:30 AM.

June Finney changed the date for knitting the headgear for servicemen to wear under their helmets in the hot climates to meet on Thursdays at 9:30 AM. June is still willing to teach folks interested is working with the project how to knit and crochet.

Penny Johnson, a local realtor, donated 12 signs for 'The Center' to use in promoting activities and events. WHAT A GIFT!!!!!!!!!!!!!!!!!!!!!!

March 6, 11:30 AM --- Chris Hadley from Heartland Home & Elder Care (Hospice) will talk about elder abuse: physical, mental, and emotional. This will be presented during the regular lunchtime.

March 7--- A **Chili & Soup** supper will be held from 5 to 7 PM. This will be followed by the monthly **Jam Session** from 7 to 10 PM. There is a charge for the chili and soup, but no charge to stay and participate with the Jam Session. Hope to see you there!

March 10 is the next Pot-Luck Dinner. The program for that day is a representative from **Garten Music** who will have some organs to view and will give a demonstration. Garten Music has been in the Valley Center, Wichita area for many years.

Maggie reminded the group that nominations for officers will be held at the April meeting, vote taken at the May meeting, and new officers begin their duties at the June meeting.

You MUST Remember *77

(I KNEW ABOUT THE RED LIGHTS, BUT NOT THE *77)

It was about 1:00 PM and the daughter was driving to visit a friend. An UNMARKED POLICE CAR pulled up behind her and put his lights on. Her parents have always told her never to pull over on the side of the road for an UNMARKED car, but rather to wait until they get to a gas station, etc.

She had actually listened to her parents advice, and promptly called *77 on her cell phone to tell the police dispatcher that she would not pull over right away. She proceeded to tell the dispatcher that there was an unmarked police car with a flashing red light on his rooftop behind her. The dispatcher checked to see if there were police cars where she was and there weren't, and told her to keep driving, remain calm and that he had backup already on the way.

Ten minutes later 4 cop cars surrounded her and the unmarked car behind. They pulled the guy from the car and tackled him to the ground. The man was a convicted rapist and wanted for other crimes.

I never knew about *77, but that phone number applies to ALL 50 states.

REMEMBER *77----- IT IS YOUR LIFE!!!!!!!!!!

St. Patrick's Day Quiz



1. What are the emblems of St. Patrick?
2. Which fabric made from flax is Ireland famous for?
3. Belfast is on the border of which two counties?
4. On which river does Galway stand?
5. Who or what is a bodhran?
6. What does the word whiskey mean?
7. For which musical instrument is James Galway most famous?
8. What is Ireland's only inland city?
9. What is the main ingredient of colcannon?
10. Which US President married Eleanor on St. Patrick's Day in 1905?

May there always be work for your hands to do;
May your purse always hold a coin or two;
May the sun always shine on your window pane;
May a rainbow be certain to follow each rain;
May the hand of a friend always be near you;
May God fill your heart with gladness to cheer you.

And may you be in heaven a half hour before the devil
knows you're dead.

Paddy was driving down the street in a sweat because he had an important meeting and couldn't find a parking place. Looking up to heaven he said, "Lord, take pity on me. If you find me a parking place I will go to Mass every Sunday for the rest of me life and give up me Irish Whiskey!"

Miraculously, a parking place appeared.

Paddy looked up again and said, "Never mind, Lord, I found one."

Paddy was in New York.

He was patiently waiting and watching the traffic cop on a busy street crossing. The cop stopped the flow of traffic and shouted, "Okay, pedestrians." Then he'd allow the traffic to pass.

He'd done this several times, and Paddy still s stood on the sidewalk.

After the cop had shouted, "Pedestrians!" for the tenth time, Paddy went over to him and said, "Is it not about time ye let the Catholics across?"

Q: What is black & blue & found floating upside down in the Irish Sea?

A: Someone who's telling a stupid Irish joke.

Important Days On My March Calendar:

March 7 – Chili & Soup Supper followed by the Jam Session at The Center.

March 8 – Daylight Saving Time Begins.

March 10 – Pot Luck Dinner

March 14 – Dance to music of the 60's & 70's. That was when they wore tie-dyed shirts, love beads, go-go boots, mini skirts, bouffant hair styles, crew cuts, & hippie long straight hair. They listened to the music of The Hollywood Argyles, Everly Brothers, Pat Boone, Ricky Nelson, Shelly Fabres, Little Eva, The Supremes, Roy Orbison, The Beach Boys, Peter, Paul & Mary, Elvis, and The Beatles.(Plus many more.)

March 17 – St. Patrick's Day

March 20 - First day of Spring

March 21 – Biscuits and sausage gravy.



"It's just too hot to wear clothes today," Paddy says as he steps out of the shower. "Honey, what do you think the neighbors would think if I mowed the lawn like this?"

"Probably that I married you for your money," his wife replied.

Dear Lord,

I pray for **Wisdom** to understand my Paddy; **Love** to forgive him; and **Patience** for his moods. Because, Lord, if I pray for **Strength**, I'll beat him to death. Amen.

Your Yearly Dementia Test

It's that time of year to take our annual senior citizen test. Exercise of the brain is as important as exercise of the muscles. As we grow older, it is important to keep mentally alert. If you don't use it, you lose it! Below is a very private way to gauge your loss or non-loss of intelligence.

OK, relax, clear your mind and begin.

1. What do you put in a toaster?
2. Say "silk" five times. Now spell "silk." What do cows drink?
3. If a red house is made from red bricks and a blue house is made from blue bricks, and a pink house is made from pink bricks, and a black house is made from black bricks, what is a green house made from?
4. It's twenty years ago, and a plane is flying at 20,000 feet over Germany. (If you will recall, Germany at the time was politically divided into West Germany and East Germany.) Anyway, during the flight, two engines fail. The pilot, realizing that the last remaining engine is also failing, decides on a crash landing procedure. Unfortunately the engine fails before he can do so and the plane fatally crashes smack in the middle of "no-man's land" between East Germany and West Germany. Where would you bury the survivors? East Germany, West Germany, or "No-man's Land"?
5. Without using a calculator --- You are driving a bus from London to Milford Haven in Wales. In London, 17 people get on the bus. In Reading, six people get off the bus and nine people get on. In Swindon, two people get off and four get on. In Cardiff, 11 people get off and 16 people get on. In Swansea, three people get off and five people get on. In Carmathen, six people get off and three get on. You then arrive at Milford Haven.
What was the name of the bus driver?

Brain Teasers

1. What does: \$0 all all all all represent?
2. What does: PUNISHMENT represent?
3. What does: TIME TIME represent?
4. What's My Job?

I travel several miles a day, carrying many people with me, yet I do not use a car, truck, bus, or plane. At the end of the day, I finish right where I begin. How do I travel, and what's my job?

5. How Many Rungs

A boat has a ladder that has six rungs; each rung is one foot apart. The bottom rung is one foot from the water. The tide rises at 12 inches every 15 minutes. High tide peaks in one hour. When the tide is at it's highest, how many rungs are under water?

---Support bacteria. They're the only culture some people have.

---He who laughs last, thinks slowest.

---What happens if you get scared to death twice?

Want to offer items for "The Scoop?" email: ruby67026@sktc.net

Or call 620-584-2866 and leave a message. I'll call back!

FEBRUARY ACTIVITIES

Special events are getting better each month. We started the month with the Jam Session. Not as many musicians showed up but the ones we had were great. We were also lucky to have Donna Penley, Haysville's cowboy poet, in the audience. She told several stories that were enjoyed by everyone.

The next Saturday was the Valentine Dance. This was a new activity that was heartily welcomed. There were 40 folks who signed the attendance sheet. Several times during the evening, there were at least 7 couples on the dance floor several times.

A most pleasant surprise last Saturday morning at the biscuits and gravy feed: A group of twelve Boy Scouts and their leaders from Garden Plain filled up with biscuits and sausage gravy before continuing on their outing. Over 60 folks enjoyed their Saturday breakfast.

MARCH EVENTS

If you noticed on the calendar, the Friday Cards & Games has been changed from the afternoon slot to 4 to 8PM, and you bring the snacks. If you'd like to join in the cards and/or games but dislike driving after dark, call the center (584-2332) to have someone pick you up.

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If you noticed on the calendar, a St. Pat Dance is scheduled. The music will be of the 60's and 70's. So practice up on your dancing: the twist, the swim, rock and roll, disco, break dancing, the pony, East Coast Swing, mashed potato, street hustle, and MORE! Fun, Fun, Fun!!!!

We plan on having more dances as time goes on. April will be a classic-country dance, then in May a more modern country dance. If you have a special song you'd like to have included, let us know.

NEED HELP WITH YOUR TAXES?

Beginning March 3 you can get help with preparation of your taxes. AARP has offered this service for the past several years, but is unable to supply a tax representative this year. Carl has been on the phone for the past several weeks and finally came up with a solution.

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The sessions will be held from 12:30 to 4:30 PM each Tuesday and Thursday in **Wellington**, the closest facility Carl could find. Carl can transport six (6) folks at a time in his van.

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The March 3rd date is already full, but he will take reservations on a first come, first served basis. If you call 'The Center' and ask for Carl he can set up the dates. You will have to stop by 'The Center' to pick up sheets listing the necessary info you must have with you.

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Carl's van cannot transport wheel chairs. If you have a vehicle that will accommodate your chair, you can follow him to Wellington and he'll see that you are first in line to visit with the taxman.

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*****'THE SCOOP' ON THE NET*****

If you have family members or friends who do not have access to the scoop, they can read it on the Internet. Go to this web site:

<http://clearwaterks.org/>

When the page opens, scroll down to the phrase "Check out the Senior Scoop." Click on that line then wait. The next page will have about a year's worth of "The Scoop."

While you're there at the City's site, learn more about how your city government operates and who is doing the operating. It's a **GOOD** website.



Nancy Porter, Grace Webb & Val Lange seated with 4 others at a table for 4..... and every one danced!!!!!!!!!!!!

Cell phone locator

Cell Phone Location...You may remember that a young woman was recently abducted from a Target parking lot in Overland Park. Her body was discovered many miles away in Missouri.

They were able to locate her by the sequence of cell phone towers that picked up her cell phone location.

She had not attempted to dial out, but when her family was trying to call her, the towers could sense her phone. Sadly, the authorities were not able to reach her in time. However, they were able to locate her body which was in an area where they never would have searched without the cell phone tower information.

The cell phone 'locator' can be either set on:

- 1. E911'...in which case you must dial out to be located;**
- 2. or it can be set to be on all the time..."Location on'.**

There is no higher battery usage from having it on all of the time.

With it on all the time you can be located by emergency services through the police if you fail to respond (sick, injured or worse).

I found that on my phone 'location' was not on. I turned it on so my phone can be traced. ALL cell phones have this feature. It's called Location.

It's usually under the: Settings - Tool.

Once you turn this on, THEN your phone is traceable. (Select 'Location On' instead of E911 Only'.)

This is good information that everyone should have.

Answers To St. Patrick's Quiz

Snakes & shamrocks. 2. Linen. 3. Antrim & Down. 4. Corrib. 5. Drum. 6. Water of life. 7. Flute. 8. Kilkenny. 9. Potatoes. 10. Franklin D. Roosevelt.

Answers to Brain Teasers

1. free for all
2. capitol punishment,
3. time after time,
4. elevator operator in sky scraper,
5. none, the boat rises with the tide.



Hostesses: Angie Shaver, Maggie Liebold, and Lois Winters At the Valentine's Day Dance.

The following list was published by an insurance company for internal distribution. Here are some of the brief statements describing their accidents.

*I thought my window was down, but found it was up when I put my hand through it.

*A pedestrian hit me and went under my car.

*The guy was all over the place. I had to swerve a number of times before I hit him.

*I was on my way to the doctor's with rear end trouble when my universal joint gave way, causing me to have an accident.

*As I approached the intersection, a stop sign suddenly appeared in a place where no stop sign had ever appeared before. I was unable to stop in time to avoid the accident.

*The telephone pole was approaching fast. I was attempting to swerve out of its path when it struck my front end.

*To avoid hitting the bumper of the car in front, I struck the pedestrian.

*The pedestrian had no idea which direction to go, so I ran him over.

Irish Toasts

*I have known many, liked not a few, loved only one, I drink to you.

*May you live as long as you want, and never want as long as you live.

*May the grass grow long on the road to hell for want of use.

*May you live to be a hundred years, with one extra year to repent.

*May the roof above us never fall in, and may we friends gathered below never fall out.

Drinking Toast

When we drink, we get drunk.

When we get drunk, we fall asleep.

When we fall asleep, we commit no sin.

When we commit no sin, we go to heaven.

So, let's all get drunk, and go to heaven!

Irish Quotation – by Alex Levine

“Only Irish coffee provides in a single glass all four essential food groups: alcohol, caffeine, sugar, and fat.”

Irish Blessing

May the road rise to meet you,

May the wind be always at your back,

May the sun shine warm upon your face,

The rains fall soft upon your fields and,

Until we meet again,

May God hold you in the palm of His hand.

SMILES

**All people smile in the same language.

**A smile is God's cosmetic.

**A smile is a wrinkle that shouldn't be removed.

**A smile confuses an approaching frown.

QUOTE OF THE DAY: In a moment of decision, the best thing you can do is the right thing to do.

The worst thing you can do is nothing.

--Theodore Roosevelt



Taken at the Feb. Pot Luck Dinner



Cecil & Colleen Sullivan from Udall, celebrating their 3rd Wedding Anniversary on Feb. 14



Ruby Fisher, DJ & General Goof-off at the Valentine Dance

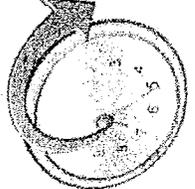
March 2009

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|-----------|---|---|--|
| 1 | 2 PAINTING 9:30 TO 11:30 AM—BOTH BEGINNING AND ADVANCED | 3 SEWING 9 TO 11:30 PM EXERCISE 10 TO 11 AM PITCH CLUB 1 TO 4 PM AA 7 TO 9 PM | 4 | 5 KNITTING 9:30 TO 11:30 AM AA 7 TO 9 PM | 6 EXERCISE 10 TO 11 AM CHRIS HADLEY—ELDER ABUSE 11:30 AM NOTE CHANGE ON CARDS 4 TO 8 | 7 SOUP AND CHILI SUPPER 4 TO 7 PM FOLLOWED BY THE JAM SESSION 7 TO 10 PM |
| 8 | 9 PAINTING 9:30 TO 11:30 AM—BOTH BEGINNING AND ADVANCED | 10 EXERCISE 9 TO 10 AM CARRY-IN-LUNCH 12 TO 2 PM AA 7 TO 9 PM | 11 | 12 KNITTING 9:30 TO 11:30 AM | 13 EXERCISE 10 TO 11 PM SOUTHERN CARE VALVA HIGGINS SLOPPY JOE'S CARDS & GAMES 4 | 14 BUILDING RENTED 1 TO 4 PM ST PAT DANCE 7 TO 10 PM—MUSIC FROM 50'S & 60'S |
| 15 | 16 PAINTING 9:30 TO 11:30 AM—BOTH BEGINNING AND ADVANCED | 17 EXERCISE 10 TO 11 AM SEWING 9 TO 11:30 AM BRIDGE 1 TO 4 PM AA 7 TO 9 PM | 18 | 19 WAL-MART & SAM'S 10 TO ? AM KNITTING 9:30 TO 11:30 AM AA 7 TO 9 PM | 20 EXERCISE 10 TO 11 AM RACHEL-HYPER TENSION 11 :30 AM SHAMROCK CLUB 12 TO 1 PM CARDS & GAMES 4 TO 8 PM/SNACKS | 21 BISCUITS AND GRAVY 7 TO 10 AM |
| 22 | 23 PAINTING 9:30 TO 11:30 AM—BOTH BEGINNING AND ADVANCED | 24 EXERCISE 10 TO 11 AM PITCH CLUB 1 TO 4 PM AA 7 TO 9 PM | 25 | 26 KNITTING 9:30 TO 11:30 AM AA7 TO 9 PM | 27 EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM/SNACKS | 28 |
| 29 | 30 PAINTING 9:30 TO 11:30 AM—BOTH BEGINNING AND ADVANCED | 31 SEWING 9:30 TO 11:30 AM EXERCISE 10 TO 11 AM AA 7 TO 9 PM | | | | |

GOOD NEIGHBOR NUTRITION PROGRAM

GNP MENU (menu is subject to change)

MARCH 2009

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| TUNA SALAD on WHOLE WHEAT BREAD BRUSSELS SPROUTS MACARONI SALAD FRESH APPLE 14 Gm Fat 672 Calories 812 mg Sodium | © HAM & BEANS w/ ONION DICED CARROTS TROPICAL MIXED FRUIT GINGER SNAP COOKIES CORNBREAD 14 Gm Fat 653 Calories 1107 mg Sodium | MUSHROOM STRIP STEAK MASHED POTATOES TOSSED SALAD w/DRSG APRICOT MIX WHOLE WHEAT BREAD 30 Gm Fat 744 Calories 1045 mg Sodium | BBQ CHICKEN on BUN CORN RANCH BROCCOLI SALAD QUICK FRUIT CUP 22 Gm Fat 749 Calories 655 mg Sodium | MEXICAN STYLE GROUND BEEF COMBINATION SALAD w/DRSG FRESH BANANA VANILLA WAFERS WHOLE WHEAT ROLL 44 Gm Fat 887 Calories 1209 mg Sodium |
| CHICKEN TORTILLA SOUP SPINACH MANDARIN ORANGES TAPIOCA PUDDING SODIUM FREE CRACKERS 27 Gm Fat 767 Calories 1076 mg Sodium | BEEF & ZUCCHINI RICE PICKLED BEETS PINEAPPLE & STRAWBERRIES WHOLE WHEAT BREAD 25 Gm Fat 741 Calories 942 mg Sodium | CHEESEBURGER on BUN CALICO BEANS GARDEN VEG SALAD w/DRSG CRANBERRY GELATIN SALAD 23 Gm Fat 841 Calories 946 mg Sodium | BEEF & MACARONI GREEN BEANS PEACH CUP WHOLE WHEAT BREAD 19 Gm Fat 643 Calories 618 mg Sodium | © PORK ROAST in GRAVY MASHED POTATOES PEA LETTUCE SALAD FRUIT COCKTAIL POTATO ROLL 15 Gm Fat 631 Calories 551 mg Sodium |
| SPAGHETTI with MEATSAUCE MEDITERRANEAN VEGETABLES PINEAPPLE CHUNKS FRENCH BREAD 17 Gm Fat 719 Calories 964 mg Sodium | ST PATRICK'S DAY SWISS STEAK POTATOES O'BRIEN BROCCOLI SALAD GREEN CAKE w/STRAWB TOP POTATO ROLL 37 Gm Fat 1018 Calories 1005 mg Sodium | MAYORS FOR MEALS © RIBETTE on BUN CORN COBBETTE CORONADO SALAD FRESH BANANA 19 Gm Fat 646 Calories 923 mg Sodium | BEEF MINESTRONE SOUP BAKED POTATO CHERRY CRISP SALTINES 29 Gm Fat 956 Calories 675 mg Sodium | BEEF SPINACH CASSEROLE RICE MIXED GREEN SALAD w/DRSG TROPICAL MIXED FRUIT WHOLE WHEAT BREAD 33 Gm Fat 821 Calories 1056 mg Sodium |
| BEEF PATTY w/ONION GRAVY MASHED POTATOES PICKLED BEETS APRICOT MIX WHOLE WHEAT BREAD 25 Gm Fat 752 Calories 844 mg Sodium | OVEN ROASTED CHICKEN GARDEN RICE PILAF SPINACH SALAD w/DRSG MANDARIN ORANGES WHOLE WHEAT BREAD 23 Gm Fat 646 Calories 621 mg Sodium | CHILI CHEESE POTATO CAPRI VEGETABLES CINNAMON APPLESAUCE WHOLE WHEAT BREAD 18 Gm Fat 714 Calories 706 mg Sodium | SLOPPY JOE on BUN BUTTERED CABBAGE PASTA SALAD MIXED FRUIT CUP 27 Gm Fat 727 Calories 718 mg Sodium | © SCALLOPED HAM & POTATOES GREEN BEANS PEACH CUP CHOC CHIP CAKE w/WHIPPED TOPPING DINNER ROLL 18 Gm Fat 670 Calories 909 mg Sodium |
| MEATLOAF w/TOMATO SAUCE BROCCOLI POTATO SALAD SUGAR & SPICE APPLE SLICES PEANUT BUTTER COOKIES WHOLE WHEAT BREAD 23 Gm Fat 646 Calories 621 mg Sodium | TACO SALAD PEAS PINEAPPLE CHUNKS 27 Gm Fat 659 Calories 805 mg Sodium | DAYLIGHT SAVINGS TIME MARCH 8 TH  | ST. PATRICK'S DAY MARCH 17 TH  | |

- CONTAINS TURKEY
- ⊙ CONTAINS PORK

