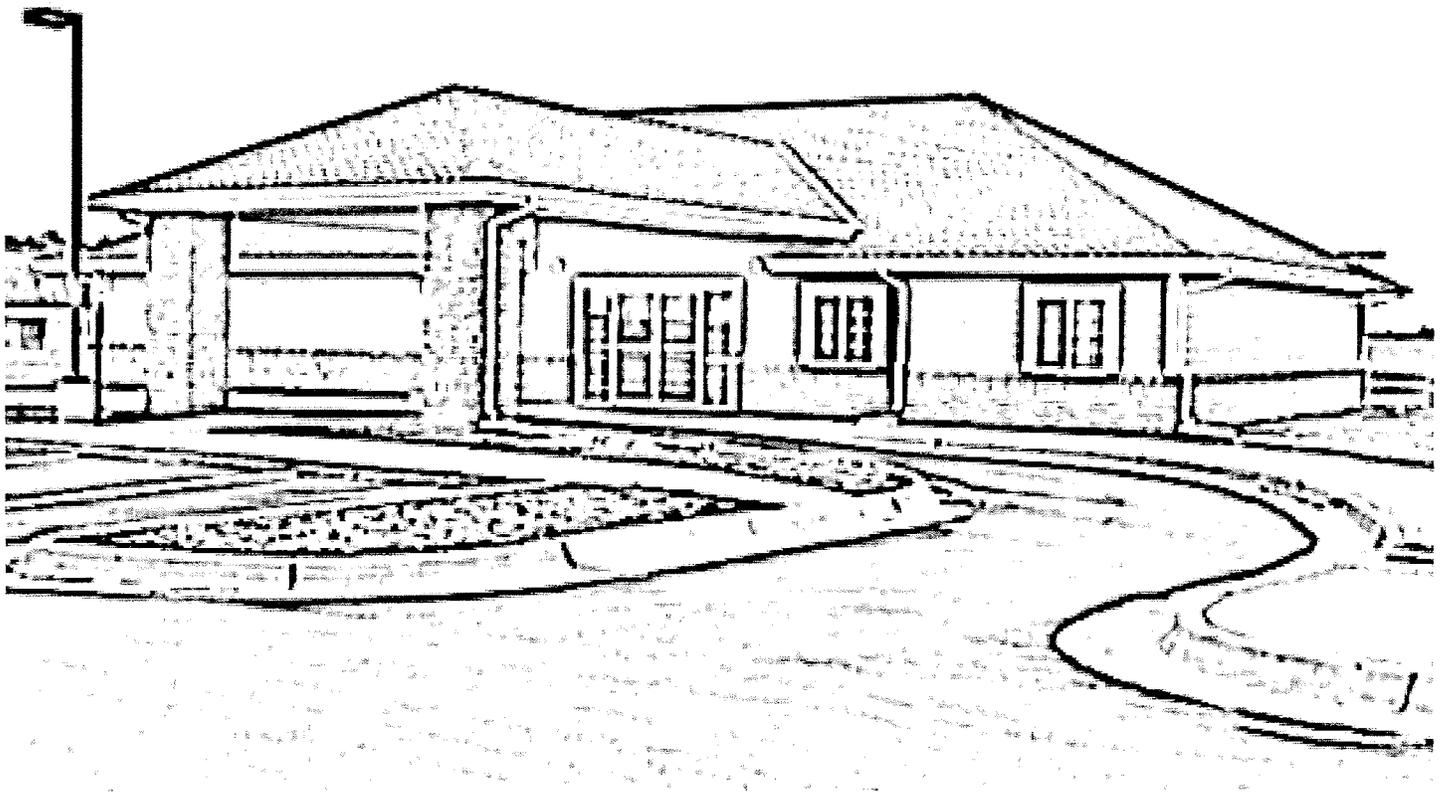




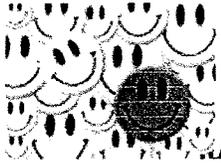
# THE SCOOP

*January 2009*



## Clearwater Senior and Community Center

921 Janet Avenue  
Clearwater, Kansas 67026  
620.584.2332



**Birthdays**

- 1/01 Ima Kinkaid
- 1/07 Ben Peel
- 1/09 Butler Kinkaid,  
Lewis Kellogg
- 1/10 Aileen Lauterbach,  
Floyd Light
- 1/12 James Richardson,  
Richard Hayworth
- 1/13 Mary Miller,  
Don Fitch
- 1/14 Maynard Lemon
- 1/16 Reid Williams,  
Paul Clark
- 1/18 Melvin Nelson
- 1/20 Pete Kester
- 1/21 Lynn Crist
- 1/25 Vada Ruth Tjaden
- 1/26 Bob Parmele,  
Ruby Darling
- 1/27 Phil Wise
- 1/31 Norma Schoeppel

**THE THREE LITTLE PIGS**

(This is a true story, providing how fascinating the mind of a six year old is. They think so logically.)

A teacher was reading the story of the Three Little Pigs to her class.

She came to the part of the story where first pig was trying to gather the building materials for his home. She read: 'and so the pig went up to the man with the wheel barrow full of straw and said: "Pardon me, sir, but may I have some of that straw to build my house?"

The teacher paused, then asked the class: "A what do you think the man said?"

One little boy raised his hand and said very matter-of-factly..."I think the man would have said - 'Well, I'll be damned!! A talking pig!' "

The teacher had to leave the room.

A former classmate of mine had filled out his

classmates.com profile with this information:  
MARITAL STATUS - Not good.  
Wife's Name - Plaintiff

Honest criticism is hard to take, particularly from a relative, an acquaintance, or a stranger. - FP Jones

**TAKEN FROM The Clearwater News**

**Jan. 2, 1958** - A Christmas Day dinner was held at the home of Mrs. Ida Coulson with the following present: Mr. & Mrs. Bob Coulson and sons of Wichita, Mr. & Mrs. Earl Light, Keith and Connie Sue, Mr. & Mrs. Lynn Leichhardt & Richard, Mr. and Mrs. Jim Haney and daughter, Mr. & Mrs. Jerry Whittaker and daughter, Mr. and Mrs. Lloyd Whittaker and Phil, and Mr. & Mrs. Kenneth Clark of Enid, OK.

Mr. And Mrs. Floyd Wentworth of Enid, OK were guests last Thursday of Mr. And Mrs. Garold Wentworth and family and Mrs. Leo Wentworth.

**Jan. 9, 1958** - Plan to attend the Mid Winter Band Concert to be given tonight (Friday) in the High School Auditorium at 7:30 PM. The concert is under the direction of Paul Bohning, Jr., instrumental High School music teacher.

Bud's Drive In, owned by Mr. And Mrs. Lloyd , "Bud," Mourning, opened January 2, with an Open House.... Assisting at the cafe are Mrs. Florence Carter, Mrs. Dorothy Luckner, Mrs. Edna Leichhardt, Mrs. Harriette Luckner, Mrs. Della Murray and Miss Veda Pike.

**Jan. 20, 1983** - Mr. And Mrs. Moses Parker hosted a birthday dinner Sunday at a cafeteria for Mr. and Mrs. Willard Parker, Gladys Trindle and Alice Parker.

The Snowman's Ball will be at 7 PM Friday, the 28<sup>th</sup>. Everyone is invited and all residents and their families are encouraged to attend this gala event. (from Ninescah Manor news)

**3 More File For Offices** - Two more Clearwater residents have tossed their hats into the city Council ring. Wayne Hooper, 402 E. Park, filed as a candidate for city council and paid his fee Monday. Hooper joins two others, Bill Morris and Roger Pierson who had filed for the council earlier. On Tuesday, David Loger, 450 So. Prospect, became the first to file for the position of Clearwater mayor which is being vacated by Don Roth.

*(If you'd be interested in seeing more of these 25 and 50 years ago items, let us know.)*

**Painting classes will start again this month. For more information, check with Jerry Deninger or the "Center."**

**It's the first of the year and again time to fill out the attendance cards. Since the "Center" is looking forward to having 320 folks attending activities in 2009, it is important that we each take time to give the correct information again.**

**The cards are necessary for credit to the Dept. of Aging. Only those folks 55 or older need to fill these out!**

## **IMPORTANT INFORMATION from Carl Shaffer, CommCenter Director**

As the year 2008 drew to a close, we at the "Center" had much to be thankful. In our second year at the new building, our attendance had risen remarkably. As of December 16 we had 291 people who live in Sedgwick County sign cards as they came through our "Center." Of that total, 158 were new in 2008. We had some people move away and have had some who have passed on who will be missed. Our goal for 2009 will be 320 people through the "Center." Our biggest draws this past year were the biscuits and gravy, the fish fry, and the chili supper. As you can see, we like to eat! Our booth at the Fall Festival was also a great success as we sold out of bake goods. Again, a BIG thanks you to all the volunteers who helped on these activities.

Our transportation, or RSVP, was successful for the 1<sup>st</sup> year. We took in over \$2,500.00, which was OK, however, it's possible to make up to \$22,000.00 per year. This program is for people 55 and over. Both the driver and the rider have to be over age 55. Under this program, people can be taken to the doctor, grocery store, hair appointment, have nails done, go shopping, drug store, etc. Drivers need to fill out the paper work and have it in to the office by the end of the month so the "Center" can get paid the following month. We owe a big thank you to Farol McMillan for getting this program off and running. We are hoping to more than double our income on this program next year. Working together can make this happen. Keep in mind that the drivers are volunteering their time and gas. It would be nice if they received something for their effort. Remember, the driver's time is valuable so try to make it a one-stop trip.

I do not have room to **THANK EACH PERSON WHO HELPED US OUT THIS PAST YEAR. SO THANK YOU, EACH AND EVERY ONE!** – ESPECIALLY ALL THOSE WHO WORKED ON THE advisory, Planning committee, and all the heads of other activities. Our volunteers, who are the backbone of our community, did a yeoman's job this past year! We are looking forward to this year, with more activities and **PLEASE, more volunteers, tooooooooooooo!**

A big THANK YOU goes to the crew of the "Scoop" who has done a great job. Speaking of the "Scoop," I will share with you a phone call I got on Tuesday, 12/16/08. The phone rings. A lady on the other end wants to know if this is the Senior Center. I said yes. She then asked about some of our activities then talked about the meals. After answering her questions, she wanted to know where the 620 area code is. I tell her Clearwater, Kansas. Much to my surprise, she answers back, "Oh, I thought I was calling Clearwater, Florida." We both had a laugh---- so—we never know where the Scoop goes when it is mailed or is picked up and given to some one. We are now printing about 300 issues a month.

Which brings us to other groups of people who support us: The community businesses with all their contributions in supporting the "Scoop," the flyers in windows, coming to our events, donations, and programs from the school. We are deeply grateful for these people and a huge THANK YOU to each of you!

As I mentioned earlier, our goals for this year, 2009, are to have at least 320 participants, at least 10 base line activities, at least 15 special events, and over 40 educational programs. These are goals to maintain our Level II status. We also need to increase the attendance to our daily Good Neighbor Nutrition meals. Please be AWARE that these meals can be delivered to those of you who do not drive or are shut-ins. If you need a ride to the "Center," give us a call (584-2332) and we will attempt to have someone pick you up and deliver you to the front door.

Our exercise class is growing and Lewis Kellogg is doing a fantastic job working with group.

Please don't forget that we have items that can be loaned out such as wheel chairs and crutches, just to name a couple.

R-E-M-E-M-B-E-R, the "Center" can be rented. Call 584-2332 for details.

**!!! WE ARE HERE TO HELP YOU !!!**

## **LETTER From "Right At Home"**

### **CommCenter Staff,**

Carla, Holly and I want to thank Carl, June, and your great group at Clearwater Senior Living for inviting us to eat lunch (Dec, 9) and share our programs with you.

We were very surprised by the strong turnout considering the weather conditions. Obviously you have a tight knit group. We applaud you!

We hope you got some good information from us on what we offer. Our staff of caregivers and nurses is what makes us the #1 home health agency. We have over 300 caregivers who currently work for us. The caregivers work in areas from Salina to Arkansas City and from El Dorado to Pratt. We go out of the way to do all the little things we can to make someone's day better.

During our presentation, Carla talked about two of our medication dispensing services we offer that others do not, the Phillips Medication Dispenser and the AccuPax mail to your door pharmacy program. These are unique and help to ensure loved ones are getting their medications as proscribed.

"Right At Home" in Wichita was started eight years ago by Carla Shepherd and her sister, Jacque Herdzina. They were the 2<sup>nd</sup> franchise of "Right At Home" which is based out of Omaha, NE. "Right At Home" currently has 150 franchises across the United States. The support we get from a strong national franchise helps us serve our clients at a higher level.

Thank you again for inviting us to your facility. You all should be very proud of your center and your group of folks. Please feel free to call Carla, Holly or myself if you have any questions or need anything at all.  
Brian Brown, Marketing, "Right At Home", 316-721-6001

### **RETARDED GRANDPARENTS - (This was actually reported by a teacher)**

After Christmas, a teacher asked her young pupils how they spent their holiday away from school. One Child wrote the following:

We always used to spend the holidays with Grandma and Grandpa. They used to live in a big brick house but Grandpa got retarded and they moved to Florida. Now they live in a tin box and have rocks painted green to look like grass. They ride around on their bicycles and wear nametags because they don't know who they are anymore. They go to a building called a wreck center, but they must have got it fixed because it is all okay now, they do exercises there, but they don't do them very well. There is a swimming pool too, but they all jump up and down in it with hats on.

At their gate, there is a dollhouse with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out, and go cruising in their golf carts. Nobody there cooks, they just eat out. And, they eat the same thing every night --- early birds. Some of the people can't get out past the man in the dollhouse. The ones who do get out, bring food back to the wrecked center for potluck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too. When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren.

### **SMART PEOPLE QUIZ**

1. Name the sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several growing seasons. All others must be replanted every year. Can you name these two vegetables?
4. What fruit has its seeds on the outside?
5. There are 14 punctuation marks in English grammar. Can you name at least half of them?
6. Name 6 or more things that you can wear on your feet beginning with the letter "S."

(Answers can be found on some other page in this month's "Scoop.")

## Activities & Events

### For Jan., 2009

Jan. 1, 2009 – New Year's Day

Jan. 6 - School Resumes

Jan. 10 – Center rented from 8 AM to Noon

Jan. 16 – Presidents' Day  
No School

Jan. 19 – Martin Luther King Day

Jan. 24 – Lion's Club Pancake & Sausage Day, 7AM to 3PM

Jan. 29 – Kansas Day

### ANNIVERSARIES

1<sup>st</sup> – M&M Jerry Stinson

8<sup>th</sup> – M&M Jim Charles

19<sup>th</sup> – M&M Richard Dinwiddie

26<sup>th</sup> – M&M Ed Noland

29<sup>th</sup> – M&M Bob Fleming

30<sup>th</sup> – M&M Ed Cotham

### AT THE CENTER EACH MO.

These activities are for folks of all ages **NOT** just for seniors, people over 55.

**The only activity listed below for Seniors only is the GNNP meals that are served each week day, except holidays.**

**Each Tues. & Thurs. 7 to 8PM**  
A A Meetings

**Each Wed.-5:30 to 6:30**

The Ark Church Youth Group  
**Each Day- 8:30AM to 2:30 PM**  
Pool Table is OPEN

**Each Day- 11:30 AM**

GNNP meals for Seniors Only

**Each Fri.- 1 to 4 PM**

Pitch, bridge, pinochle, and other card games. Players bring refreshments to share. Occasionally there are educational speakers.

**1<sup>st</sup> Mon. – 9AM to 11:30 AM**

Beginning Painting

**1<sup>st</sup> Mon. – 1PM to 3:30 PM**

Advanced Painting

**1<sup>st</sup> Tues – 12 NOON TO 4PM**

Pitch Club

**1<sup>st</sup> Sat. – 7 to 10 PM**

Country Music Jamboree

**2<sup>nd</sup> Tues – 11:30 to ??**

Carry In Dinner (Pot Luck)

**2<sup>nd</sup> Tues- 10 to 11AM**

### ACTIVITIES, CONTINUED

Planning Committee Meeting

**3<sup>rd</sup> Wed.- 1 to 4PM**

Bridge Club- You want to learn how to play bridge? Do it here!

**3<sup>rd</sup> Sat. – 7 to 10 AM**

Biscuits and Sausage Gravy are served with coffee, juice, & jelly. December's attendance was over 80 people. The drawing for the cake was won by Floyd (Irish) Light.

**4<sup>th</sup> Tues.-**

In the past, Lila Mourning from Dr. Papish's office came to the Center to check blood pressure and pulse rates. This was dropped for lack of participants. If you are interested in seeing this service continued, please call the Center, 584-2332, to let us know that you would like to participate. If enough folks are interested, a day and time will be set.

Answers to smart folks quiz

1. Boxing 2. Niagara Falls.

The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute. 3. Asparagus & rhubarb. 4. Strawberry

5. Punctuation marks: period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation point, quotation marks, brackets, parenthesis, braces, and ellipses. 6. Footwear:

shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stockings, stilts.



To rent the Community Center, please call us at 584-2332 for pertinent information.

**Brain Teasers** — especially for Charles Engineering folks!

What Do The Following Represent?

1. GR12"AVE
2. Few Few
3. On the On the
4. \$0 all all all
5. PUNISHMENT
6. MY1111LIFE
7. RAEG
8. CCCC FIRE
9. TIME TIME
10. ENE4MY

### From the Reader's Digest:

Billy Crystal wants everyone to know there is a huge difference between a class clown and a comedian.

"The class clown was the guy at graduation who walked out to get his diploma, would hike up his gown, moon his parents and run off the stage," he told *Time* magazine. Crystal, on the other hand, was a comedian.

"I was the guy who talked him into doing it."

When cheese gets its picture taken, what does it say?

--George Carlin

The Little boa constrictor wiggled home one day with tears in his eyes.

"Mommy," he sobbed, "those meany cobras next door won't let me play with their little boy in their new pit."

"Won't let you play with their little boy!" his mother screamed.

"Those snobs. I knew them when they didn't have a pit to hiss in."

Well, did you laugh once? Or at least smile? Hope so!

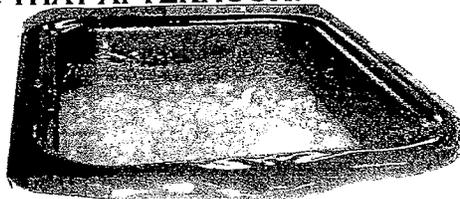
THE PICTURES BELOW ARE SOME THAT WERE TAKEN AT THREE OF THE 2008 ACTIVITIES. THERE WOULD HAVE BEEN MORE PICTURES BUT MY PRINTER REFUSED TO ACCEPT THE OTHERS.

AT 12 O'CLOCK IS PART OF THE LAST PAN OF CHILI. WORKERS WHO HELPED IN THE KITCHEN HAD THEIR OWN RECIPE. ONE WOULD ASK IF THE CHILI WAS HOT ENOUGH AND ANOTHER WOULD SAY "NO." THE THIRD WOULD POUR IN ANOTHER HALF-CUP OF CHILI POWDER. THE FOURTH, AFTER THE POWDER WAS THOROUGHLY MIXED IN WOULD THEN SAMPLE AND GIVE (OR NOT GIVE) APPROVAL.

THE 3 O'CLOCK PICTURE SHOWS THREE HAPPY DINERS AFTER TWO BOWLS EACH. FRANK, GENE AND BOB REALLY ENJOYED!

AT THE 6 O'CLOCK STATION IS BOB PARMELE WITH HIS GUITAR AND HIS HARMONICA AT ONE OF THE COUNTRY MUSIC JAMBOREES.

THE 9 O'CLOCK POSITION IS BILL HAMMERS AND HIS GROUP WARMING UP BEFORE THEIR SUNDAY AFTERNOON PROGRAM. WE LISTENED TO SOME GREAT MUSIC THAT AFTERNOON.



#### ANSWERS TO BRAIN TEASERS

1. One foot in the grave.
2. too few to mention.
3. on the double.
4. Free for all.
5. Capital Punishment.
6. For Once (4 ones) In My Life.
7. Reverse Gear.
8. Cease (c's) Fire.
9. Time After Time.
10. Foreign (4 in) Enemy.

GOOD NEIGHBOR NUTRITION PROGRAM

GNNP MENU (menu is subject to change)

JANUARY 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>CONTAINS TURKEY</li> <li>CONTAINS PORK</li> </ul>			 <p>CLOSED FOR NEW YEAR'S DAY</p>	<p>BEEF PATTY W/ONION GRAVY MASHED POTATO CASSEROLE PICKLED BEETS APRICOT MIX WHOLE WHEAT BREAD</p> <p>30 Gm Fat 799 Calories 911 mg Sodium</p>
<p>CHICKEN TORTILLA SOUP SPINACH MANDARIN ORANGES TAPIOCA PUDDING SODIUM FREE CRACKERS</p> <p>27 Gm Fat 767 Calories 1076 mg Sodium</p>	<p>BAKED POTATO with HAM and CHEESE GREEN BEANS FRUIT COCKTAIL WHOLE WHEAT BREAD</p> <p>25 Gm Fat 713 Calories 1159 mg Sodium</p>	<p>HAMBURGER ON BUN DICED CARROTS MACARONI SALAD STRAWBERRIES &amp; APRICOTS</p> <p>21 Gm Fat 670 Calories 581 mg Sodium</p>	<p>SOFT TACO CALICO CORN PEAR GELATIN SALAD</p> <p>21 Gm Fat 631 Calories 938 mg Sodium</p>	<p>MEATLOAF with TOMATO SAUCE MASHED POTATOES COMBINATION SALAD w/DRSG PINEAPPLE CHUNKS WHOLE WHEAT BREAD</p> <p>23 Gm Fat 697 Calories 877 mg Sodium</p>
<p>BBQ RIBETTE on BUN CORN COBBETTE RONADO SALAD CRANBERRY GELATIN SALAD</p> <p>19 Gm Fat 705 Calories 1000 mg Sodium</p>	<p>SALISBURY STEAK MASHED POTATOES LOOSE LEAF SALAD w/DRSG SUGAR &amp; SPICE APPLE SLICES WHOLE WHEAT BREAD</p> <p>23 Gm Fat 679 Calories 635 mg Sodium</p>	<p>GOULASH BRUSSELS SPROUTS HI FIBER FRUIT MIX CHOCOLATE PUDDING WHOLE WHEAT BREAD</p> <p>25 Gm Fat 857 Calories 872 mg Sodium</p>	<p>HAM &amp; BEANS w/ONIONS CALIFORNIA VEGETABLES FRESH BANANA GINGER SNAP COOKIES CORNBREAD</p> <p>14 Gm Fat 684 Calories 1090 mg Sodium</p>	<p>TACO SALAD PEAS PEACH CUP</p> <p>28 Gm Fat 706 Calories 802 mg Sodium</p>
<p>CLOSED FOR MARTIN LUTHER KING, JR BIRTHDAY</p>	<p>PORK PATTIE SANDWICHES CAPRI VEGETABLES PINEAPPLE CHUNKS SUGAR COOKIES</p> <p>30 Gm Fat 712 Calories 1208 mg Sodium</p>	<p>LIVER &amp; ONIONS MASHED POTATOES MIXED GREEN SALAD w/DRSG PEARS WHOLE WHEAT BREAD</p> <p>13 Gm Fat 628 Calories 653 mg Sodium</p>	<p>CHICKEN &amp; NOODLES GREEN BEANS MANDARIN ORANGES VANILLA PUDDING SALTINE CRACKERS</p> <p>17 Gm Fat 660 Calories 688 mg Sodium</p>	<p>BEEF SPINACH CASSEROLE RICE TOSSED SALAD w/DRSG TROPICAL MIXED FRUIT DINNER ROLL</p> <p>33 Gm Fat 808 Calories 1035 mg Sodium</p>
<p>SLOPPY JOE ON BUN BROCCOLI PASTA SALAD CHERRY GELATIN SALAD</p> <p>31 Gm Fat 859 Calories 848 mg Sodium</p>	<p>OVEN ROASTED CHICKEN GARDEN RICE PILAF SPINACH SALAD w/DRSG FRESH ORANGE POTATO ROLL</p> <p>23 Gm Fat 658 Calories 641 mg Sodium</p>	<p>CHILI DICED CARROTS PEACH CUP GINGERSNAP COOKIES SALTINE CRACKERS</p> <p>23 Gm Fat 708 Calories 889 mg Sodium</p>	<p>CRANBERRY MEATBALL MASHED POTATOES PEA LETTUCE SALAD APPLESAUCE WHOLE WHEAT BREAD</p> <p>25 Gm Fat 824 Calories 1193 mg Sodium</p>	<p>BBQ PORK ON BUN BUTTERED CABBAGE FRUIT COCKTAIL CHOCOLATE CAKE</p> <p>21 Gm Fat 678 Calories 722 mg Sodium</p>

HAPPY HAPPY NEW YEAR