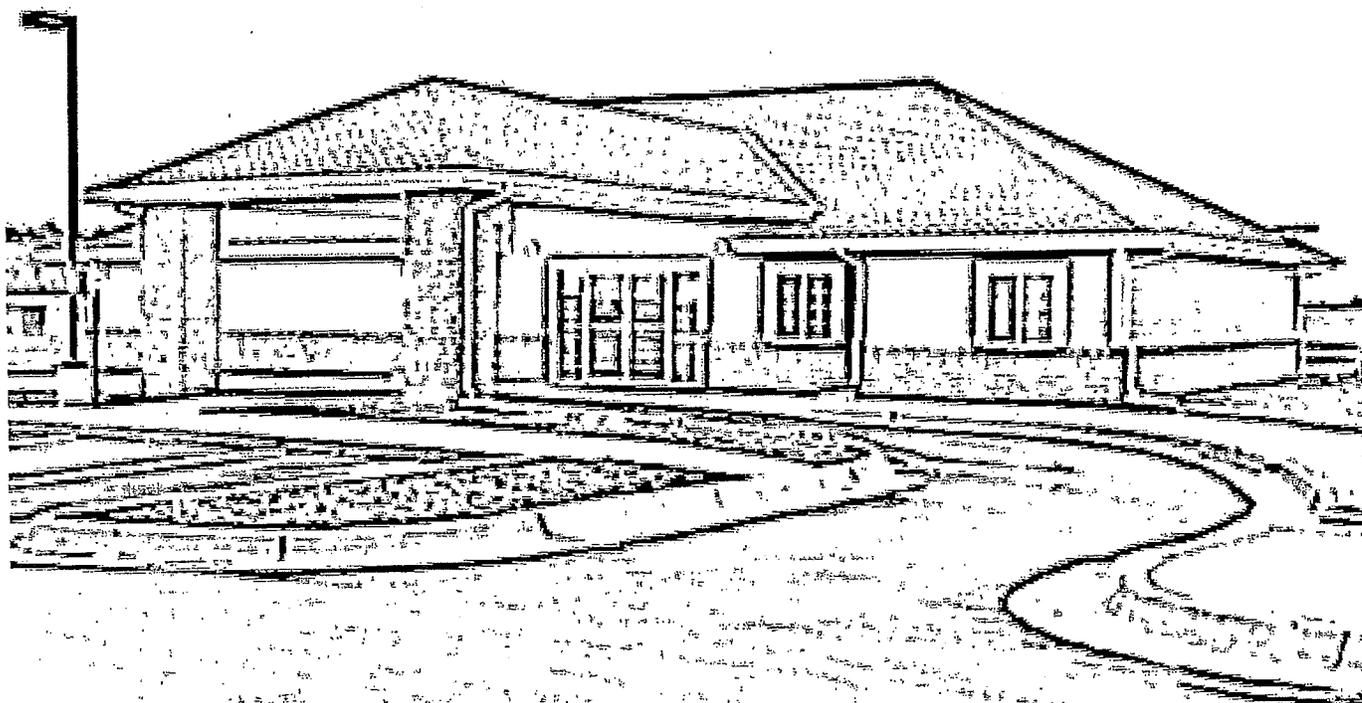




THE SCOOP

April 2009



CLEARWATER

COMMUNITY CENTER

& SENIOR HAPPENINGS

921 Janet Avenue
Clearwater, Kansas 67026
620.584.2332



April

Birthdays

- 07 – Cleo Vandruff
 - 09 – Frank Heath
 - 11 – Marvin Schauf
 - 12 – Thomas Stauth
 - 18 – Sharon Bonner
 - 19 – Clarene Weaver
 - 20 – Garland Fleming
 - 22 – Charles Hotvedt
 - 24 – James Benson
 - 25 – Farrell Callaway
 - 28 – Thomas Stauth
 - 29 – Charlotte Dawson
-
- 29 – Jan Hopson

APRIL FOOL'S DAY HISTORY

The history of April Fool's Day or All Fool's Day is uncertain, but the current thinking is that it began around 1582 in France with the reform of the calendar under Charles IX. The Gregorian Calendar was introduced, and New Year's Day was moved from March 25 – April (new year's week) to January 1.

Communication traveled slowly in those days and some people were only informed of the change several years later. Still others, who were more rebellious, refused to acknowledge the change and continued to celebrate on the last day of the former celebration, April 1. These people were labeled "fools" by the general populace, were subject to ridicule and sent on "fool errands," sent invitations to nonexistent parties and had other practical jokes played upon them. The butts of these pranks became known as a "poisson d'avril" or "April fish" because a young naïve fish is easily caught. In addition, one common practice was to hook a paper fish on the back of someone as a joke.

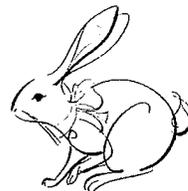
This harassment evolved over time and a custom of prank-playing continue on the first day of April. This tradition eventually spread elsewhere like to Britain and Scotland in the 18th century and was introduced to the American colonies by the English and the French. Because of this spread to other countries, April Fool's Day has taken on an international flavor with each country celebrating in its own way.

 **A senior moment:**

"WHERE is my SUNDAY paper?" The irate customer calling the newspaper office loudly demanded, wanting to know where her Sunday edition was.

"Ma'am," said the newspaper employee, "Today is Saturday. The Sunday paper is not delivered until tomorrow....on Sunday."

There was quite a long pause on the other end of the phone, followed by a ray of recognition as she was heard to mutter, "Well, darn... so that's why no one was at church today!"



Sunday, April 12, is Easter Sunday

Attend the church of your choice!



Senior Happenings



The following subjects were discussed at the monthly meeting following The Pot Luck Dinner on March 10 at 'The Center.'

Just a reminder for the folks who are knitting the headgear for our military personnel. The knitting class is now scheduled for each Thursday at 9:30 AM.

An announcement was made concerning the St. Patrick's Day Dance on Saturday night, March 14 from 7 to 10 PM.

A nominating committee was selected to secure officers for the next fiscal year beginning in June. Chairman is Geri Denninger. Those helping are Angie Shaver, Farol McMillan, Helen Fesnock, and Mary Mitchell. Names will be presented at the April meeting, voted on at the May meeting and new officers will begin with the June meeting.

A GARAGE SALE is planned for Saturday, May 2, from 8 AM to 4 PM. A work day preparing for the sale will be held April 25.

A big THANK YOU goes to Jerry Stitt and Wayne McEntire. When Carl has a problem because something needs to be built or altered, he gets with one or the other of these two talented guys, and we soon have the project finished and in place.

Biscuits and gravy are served every 3rd Saturday morning. In March there were 80+ folks who were served. Either the cooks are improving, or the word is spreading throughout the community, or both. It's a pleasure to have so many folks involved with happenings at 'The Center.'

The St. Pat's Dance had a low turnout. Only 11 folks signed the register. But Those 11 people had a GREAT time. Thanks to you eleven. Sorry the rest of you missed all the fun.

Accolades to Ollie Robbins from a number of the folks on her telephone calling list. They were impressed with the manner she presented the information.

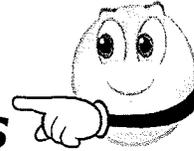
A new fan has been donated by the Clearwater Wellness Center. We are now working on getting donations so we can pay to have it installed in the crafts room.

The March chili and soup supper that preceded the monthly Jam Session fed 54 folks. The soups included potato soup, corn chowder, and chicken/noodle soup. Chili is always a good seller in cool weather.

The Jam session started off just great with over 60 folks in attendance. A group of young folks from Haysville sang several songs just before the 8:30 break for refreshments. Following the break, Carl received a call from our local fire chief, Marvin Schauf, saying that there were several tornadoes reported in Harper County coming our direction. Needless to say, the Jam Session closed down for the evening shortly after Carl's announcement. Clearwater was lucky that the storm wore itself out before it reached here.



MORE SENIOR HAPPENINGS



*****When you read about all the events coming up, please save the calendar out of 'The Scoop' as a reminder of those events you want to attend. We'd like to increase the number of folks attending, but after putting information in 'The Scoop', calling on the phone, sending emails, and announcing the coming events at every opportunity, we're in a quandary as to what needs to be done to gain community interest in the 'goings on.' If you have suggestions, we have real sharp ears. Let us know.

*****June Finney reported that those who knit, crochet, and sew have now completed 37 helmet liners and 39 bags for the Wichita school children. If you are interested in joining that group, please contact June or just appear at 9:30 Thursday morning.

*****Geri Denninger and Maggie Liebold are in charge of working with the Wichita River Festival buttons. If you'd like to help with that project, please contact one of them.

*******Heyyyyyy, we're having a Spaghetti Dinner from 5 to 7 PM, Saturday, April 4, for only \$5.00 a plate (+ seconds if you have room). Following the Spaghetti Dinner is the monthly Jam Session. This is definitely something you should put on your calendar. The cooks here do a terrific job!!!!!!**

*****Chris Hadley, LMSW, from Heartland Home Health Care & Hospice, will return on Friday, April 3, at 11:30, to talk about infection control. This is something we all should keep in mind.



THOUGHTS ON AGING FROM BOOKS I'VE READ

AGING: Eventually you will reach a point when you stop lying about your age and start bragging about it.

THE older we get, the fewer things seem worth waiting in line for.

YOU know you are getting old when everything either dries up or leaks.

AH, being young is beautiful, but being old is comfortable.

LORD, keep your arm around my shoulder, and your hand over my mouth!

LIFE in Kansas Music Makers

The Clearwater Seniors were entertained at their March 10th meeting by the LIFE in Kansas MusicMakers. LIFE members **Karen Gilbert, Vesta Campbell, and Bill Sullivan** played songs on the Lowrey organs that were provided by the group's sponsor, Garten's Music, Wichita. Gilbert, Campbell, and Sullivan all learned to play by attending classes designed to teach retired adults how to make music for fun. Door prize winners included: **Melvin Wohlford, Wichita, music CD; Betty Harbour, Cheney, Leila Anderson & Carol Loker, both of Clearwater, free enrollments to the next beginner class at Garten's Music, 4235 W. Central, Wichita.**



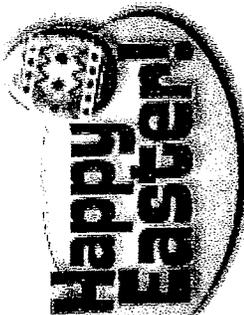
Standing, left to right: Vesta Campbell, Betty Harbor, Melvin Wholford, Karen Filbert. Seated: Leila Anderson.

SOME CENTER NEEDS

Pitch and bridge players have dropped off. If you'd like to join these folks for some table games, check the calendar for the times and dates. Drop in and check it out! *****We have bowling on the Wii disc. We'd like to start a bowling league or tournament for all ages! Come in and sign up for a team.*****Donations we receive will be going toward installation of the fan in the crafts room and for another Wii disc with activities other than sports. With the big-screen TV these games are easy to play and easy to watch.

*******CONFUSED BLONDE**

A blonde is watching the news with her husband when the newscaster says, "Two Brazilian men die in a skydiving accident."**The blonde starts crying to her husband, sobbing "That's horrible!!! So many men dying that way!"***Confused, he says, "Yes, dear, it is sad, but they were skydiving and there is always that risk involved."***After a few minutes, the blond, still sobbing, says, "How many is a Brazilian?"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 HAMBURGER on BUN SPINACH MACARONI SALAD PEACH CUP 21 Gm Fat 708 Calories 634 mg Sodium	 CHICKEN FAJITA RED BEANS & ONIONS ROSY APPLESAUCE 18 Gm Fat 649 Calories 1192 mg Sodium	© HAM & BEANS w/ONIONS DICED CARROTS TROPICAL FRUIT CHOCOLATE PUDDING CORNBREAD 14 Gm Fat 661 Calories 1120 mg Sodium	SALISBURY STEAK MASHED POTATOES TOSSED SALAD w/DRSG APRICOT MIX WHOLE WHEAT BREAD 23 Gm Fat 685 Calories 614 mg Sodium	● TURKEY TETRAZINI BRUSSELS SPROUTS FRUITY AMBROSIA DINNER ROLL 24 Gm Fat 676 Calories 1082 mg Sodium
© PORK PATTIES in GRAVY MASHED POTATOES CUCUMBER TOMATO SAL w/DRSG SPRING FRUIT MIX DINNER ROLL 37 Gm Fat 838 Calories 1224 mg Sodium	SPAGHETTI w/MEATSAUCE MEDITERRANEAN VEGETABLES PINEAPPLE CHUNKS FRENCH BREAD 18 Gm Fat 649 Calories 1192 mg Sodium	CRANBERRY MEATBALL MASHED POTATOES LOOSE LEAF SALAD w/DRSG FRUIT COCKTAIL WHOLE WHEAT BREAD 25 Gm Fat 774 Calories 1163 mg Sodium	GROUND BEEF STROGANOFF GREEN BEANS FRESH ORANGE STRAWBERRY GELATIN POTATO ROLL 27 Gm Fat 738 Calories 763 mg Sodium	GOOD FRIDAY TUNA SALAD on WHEAT BROCCOLI POTATO SALAD FRESH APPLE 15 Gm Fat 643 Calories 807 mg Sodium
SLOPPY JOE on BUN BUTTERED CABBAGE STRAWBERRIES & APRICOTS TAPIOCA PUDDING 27 Gm Fat 764 Calories 731 mg Sodium	OVEN ROASTED CHICKEN GARDEN RICE PILAF SPINACH SALAD w/DRSG FRESH ORANGE WHOLE WHEAT BREAD 17 Gm Fat 719 Calories 964 mg Sodium	BEEF HASH PEAS & MUSHROOMS MANDARIN ORANGES SUGAR COOKIES WHOLE WHEAT BREAD 28 Gm Fat 784 Calories 852 mg Sodium	SOFT TACO CALICO CORN FRESH BANANA 21 Gm Fat 651 Calories 881 mg Sodium	MINSTRONE SOUP BAKED POTATO CHERRY CRISP SALTINES 29 Gm Fat 956 Calories 674 mg Sodium
BEEF & MACARONI CAULIFLOWER PINEAPPLE CHUNKS PEANUT BUTTER COOKIES WHOLE WHEAT BREAD 27 Gm Fat 764 Calories 731 mg Sodium	LIVER & ONIONS MASHED POTATOES PICKLED BEETS SUGAR & SPICE APPLE SLICES WHOLE WHEAT BREAD 23 Gm Fat 628 Calories 596 mg Sodium	CHILI CHEESE POTATO CAPRI VEGETABLES CINNAMON APPLESAUCE WHOLE WHEAT BREAD 18 Gm Fat 714 Calories 706 mg Sodium	BEEF GUMBO SOUP SMOKY GREEN BEANS CARROT RAISIN SALAD JELLIED STRAWBERRY PEAR SALAD SALTINES 21 Gm Fat 650 Calories 920 mg Sodium	© HAM LOAF w/CREAM GRAVY MASHED POTATOES ROMAINE SALAD w/DRSG FRUIT COCKTAIL GELATIN CAKE WHOLE WHEAT BREAD 25 Gm Fat 822 Calories 1219 mg Sodium
BEEF & MACARONI CAULIFLOWER PINEAPPLE CHUNKS PEANUT BUTTER COOKIES WHOLE WHEAT BREAD 25 Gm Fat 700 Calories 709 mg Sodium	© BBQ PORK on BUN DICED CARROTS PASTA SALAD PEACH CUP 17 Gm Fat 688 Calories 629 mg Sodium	TACO SALAD PEAS MANDARIN ORANGES 27 Gm Fat 669 Calories 820 mg Sodium	30	● CONTAINS TURKEY © CONTAINS PORK

April 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				KNITTING 9:30 TO 11:30 AM AA 7 TO 9 PM	EXERCISE 10 TO 11 AM CHRIS HADLEY-ON INFECTION CONTROL 11:30 AM CARDS & GAMES 4 TO 8 PM	SPAGHETTI DINNER 5 TO 7 PM JAM SESSION 7 TO 10 PM
5	6	7	8	9	10	11
	PAINING 9:30 TO 11:30 AM--- BOTH BEGINNING AND ADVANCED	ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM PITCH CLUB 1-4 PM AA 7 TO 9 PM	ARTS & CRAFTS 9:30 TO 11:30 AM EXERCISE 10-11 AM PITCH CLUB 1-4 PM AA 7 TO 9 PM	KNITTING 9:30 TO 11:30 AM PLANNING COMMITTEE 1 TO ? AA 7 TO 9 PM	EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM	
12	13	14	15	16	17	18
	PAINING 9:39 TO 11:30 AM---BOTH BEGINNING AND ADVANCED	EXERCISE 9 TO 10 AM CARRY-IN-LUNCH 12 TO 2 PM AA 7 TO 9 PM	EXERCISE 9 TO 10 AM CARRY-IN-LUNCH 12 TO 2 PM AA 7 TO 9 PM	WAL-MART & SAM'S 10:00 TO ? KNITTING 9:30 TO 11:30 AM AA 7 TO 9 PM	EXERCISE 10 TO 11 AM RACHEL---ANGELS ON STROKES CARDS & GAMES 4 TO 8 PM	BISCUITS AND GRAVY 7 TO 10 AM
19	20	21	22	23	24	25
	PAINING 9:30 TO 11:30 AM---BOTH BEGINNING AND ADVANCED	EXERCISE 10 TO 11 AM ARTS & CRAFTS 9:30 TO 11:30 AM BRIDGE CLUB 1 TO 4 PM AA 7 TO 9 PM	EXERCISE 10 TO 11 AM ARTS & CRAFTS 9:30 TO 11:30 AM BRIDGE CLUB 1 TO 4 PM AA 7 TO 9 PM	KNITTING 9:30 TO 11:30 AM AA 7 TO 9 PM	EXERCISE 10 TO 11 AM CARDS & GAMES 4 TO 8 PM	
26	27	28	29	30		
	PAINING 9:30 TO 11:30 AM---BOTH BEGINNING AND ADVANCED	ARTS AND CRAFTS 9:30 TO 11:30 AM EXERCISE 10 -11 AM AA 7 TO 9 PM	ARTS AND CRAFTS 9:30 TO 11:30 AM EXERCISE 10 -11 AM AA 7 TO 9 PM	KNITTING 9:30 TO 11:30 AM AA 7 TO 9 PM		