

# THE SCOOP



**Clearwater Community Center**  
**921 Janet Ave Clearwater, KS 67026**  
**620-584-2332**  
**communitycenter@clearwaterks.org**



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## TIPS TO AVOID HOME REPAIR FRAUD

Homeowners should be especially careful when having work done to their home. If damage is caused by a Kansas storm, homeowners are anxious to have repairs done as soon as possible. Storms also attract “con artists” who go door-to-door offering immediate and very attractive prices. Keep the following items in mind when contemplating hiring a contractor for home repair or remodeling:

1. Get more than one estimate and get them in writing. Three bids is a good reference. Bids do not need to be signed—but contracts do.
2. Inspect the contract carefully and do not sign a contract that has blank spaces or that you do not understand. A good reference is to compare the contract to that of someone who has recently had work done by that contractor. Also, if you are unsure, have someone else look it over for you.
3. Check to see that the contract includes the following: -Contractors full name, address & telephone number. -A description of the work to be performed.—Starting and estimated completion dates.—Total cost for work performed.—Payment upon completion work.
4. Do not fall for high pressure sales tactics and prices that seem “too good to be true.”
5. Only deal with contractors who have an established area business. Stay away from out-of-state contracting companies.
6. In regard to roofing contractors, confirm that the contractor is licensed. To check the status of the roofing contractor go to Kansas Attorney General website at: [www.ag.ks.gov/](http://www.ag.ks.gov/)
7. All other contractors can be checked through Sedgwick County at 316-660-1840, or

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## NOVEMBER BIRTHDAYS

“YOU DON'T GET OLDER, YOU GET BETTER!” SHIRLEY BASSEY



Shelley Martin 11/01  
 Sharyn Morris 11/05  
 Angie Shaver 11/08  
 Cathy Rogers 11/09  
 Becky Estes 11/10

Cindy Peitz 11/10  
 Frances Johnson 11/24  
 Jim Leibold 11/24  
 Cleta Cornett 11/25  
 JoAnn Coy 11/25

Marlene Jacobs 11/25  
 Kenneth Coy 11/29  
 Roger Dawson 11/30



## UPCOMING EVENTS

### Schedule of Events

- 11/2 Crochet & Quilting group
- 11/6 Planning meeting
- 11/10 Carry In Lunch
- 11/16 Crochet & Quilting group
- 11/20 BINGO
- 11/21 Biscuits & Gravy
- 11/26 Center Closed
- 11/27 Center Closed
- 11/30 Crochet & Quilting group

### Thanksgiving Carry-In-Lunch

Join us for a great lunch made by the best cooks in town. We will have speakers who will present different topics. We ask that everyone brings in a dish to share and a plate and utensils. Don't forget to wear your green!

Date: Tuesday, October 10th

Time: 12:00 noon

Location: Main room at Center

Cost: Free but donations are appreciated

### Painting Group

Come down and paint with friends. This group is for people who already know how to paint. Please call the Center first to register.



Date: Every Monday

Time: 1pm-3pm

Location: Art & Crafts room

Cost: Free

### Tai Chi & Exercise Class

Tai Chi is a Chinese system of slow meditative physical exercise designed for relaxation and balance and health. Come down and enjoy this class which is taught by Lew Kellogg. All ages welcome!



Date: Every Tuesday & Friday

Time: 8:45 am

Location: Centers Main Room

Cost: \$8 per month

### Blood Pressure Checks

Has your Dr told you to monitor your blood pressure? Do you not have a blood pressure machine at home? Stop by the Center to have your blood pressure checked for free

Date: Every Monday

Time: 10 am – 12 noon

Location: Center Main Room

Cost: Free



### Morning Coffee

Have you been looking for a place to come have morning coffee and visit with friends? The Center is now offering morning coffee. This is open to everyone. We will have a donation jar out for coffee.

Date: Every Wednesday morning

Time: 9:00 am—until you are done

Location: Centers Main Room

Cost: donations for coffee



### BIBLE STUDY

Pastor Lyle Hinsdale with the Clearwater Church of Christ leads a bible study. This is open to all.

Date: Every Monday

Location: Craft Room

Time 9:30 am



### BIBLE STUDY

Pastor Joe Eash with the Clearwater E-free church leads a bible study. This is open to all.

Date: Every Thursday

Location: Craft Room

Time 10:00 am

### BINGO

Come play BINGO with friends and get a chance to win some neat prizes. We play just basic BINGO. Bring a friend. Open to all.

Date: Friday November 20th

Time: noon

Location: main room

Cost: .25 per card



# CANDIED PECAN SWEET POTATO CASSEROLE

## INGREDIENTS

- 5 pounds sweet potatoes, peeled and cut into 2 inch pieces
- 1 cup water
- 2 eggs
- 1 teaspoon vanilla
- ½ cup butter, melted
- 1 cup brown sugar
- 2-3 teaspoons salt (or to taste)
- ½ cup milk or heavy cream

## topping

- ½ cup brown sugar
- ⅓ cup flour
- ⅓ cup melted butter
- 1 cup chopped pecans (such as Diamond of California)

## INSTRUCTIONS

1. Potatoes can be boiled, drained, and then mashed OR cooked in a slow cooker. If using slow cooker, add sweet potatoes and water to slow cooker. Cover and cook on high for 4 hours or until potatoes are easily pierced with a fork. Drain slow cooker.
2. Preheat oven to 375. Mash cooked sweet potatoes. Add eggs, vanilla, ½ cup melted butter, brown sugar, salt, and milk (or heavy cream) and mix until smooth. (I like my potatoes to have a bit of texture so I don't whip them for too long).
3. Spread potato mixture in the bottom of a greased 9x13 baking dish. In a bowl combine brown sugar, flour, ⅓ cup melted butter, and pecans and mix well (with a spoon, not a mixer). Sprinkle mixture over potatoes (it's okay if potatoes aren't completely covered). Bake uncovered for 15-20 minutes until pecans are caramelized.
4. Spread marshmallows evenly over pecan mixture. Return to oven for another 5 minutes or until marshmallows are puffy and lightly browned. Serve immediately.

\*Fun flavor tip: After dropping pecan mixture over potatoes, sprinkle some coarse sea salt over the pecan layer - this will enhance that salty-sweet flavor combination



## BITS & PIECES (FROM PAM'S DESK)

### REMINDERS (VERY IMPORTANT)

Just a friendly reminder to make sure that every time you attend a program or class at the Center that you are checking in on the computer. If you do not have your card you can use your phone number. If you have problems let me know and I will help you. Also if you need a card, please let me know.

### SHICK COUNSELING

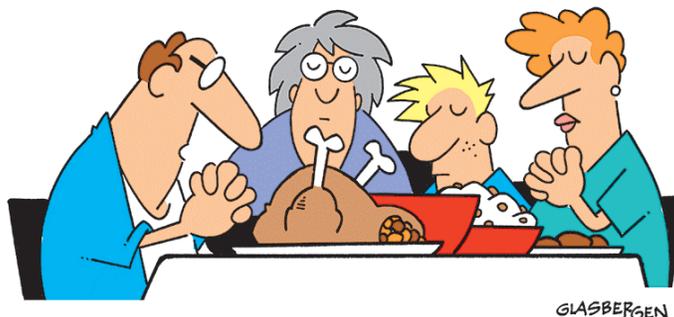
Reminder that open enrollment for Medicare Part D prescription drug plans is October 15th—December 7th. If you would like to have some assistance with going over your prescription drug plan please call the Center to make an appointment. We are not able to tell

you which plan you should choose. We can only give you the information to make an informed decision yourself.

### SAFE HOUSE NEEDS

Betty Jo Embry volunteers her time at the Safe House in Wichita. They offer warm meals and backpacks to homeless children in the Wichita area. They are needing some toiletry items such as deodorant, soaps, and shampoos for either boys or girls. If you would like to donate you can drop them off at the Center.

**“Volunteers are not paid- not because they are worthless, but because they are priceless.”**



GLASBERGEN

“Lord, make us grateful for the cholesterol, diabetes, high blood pressure, weight gain and indigestion we are about to receive . . .”

## UPCOMING EVENTS

### BYOD

Bring Your Own Device! Bring in your new technology and we can assist you in figuring it out or setting things up. We help with laptops, tablets, smart phones, cell phones, digital picture frames, digital cameras, you name it and we can probably figure it out and show you how to use it.



Date: Every Thursday except 2nd Thursday

Time: 9:00 am

Location: Pam's office

Cost: Free

### HELP WANTED



Subway restaurant here in Clearwater is looking for a part time person to help out during their lunch hour. The position would be approximately 11am—2pm during the week. They are willing to work with you if there are days you can not work. They are very flexible. The pay starts at \$9.00 per hour. They believe this would be a great opportunity for a retired person who might just need some extra income. If interested stop by Subway during the day and ask to speak with Kathy.

### PAINTING GROUP NEEDS MORE PARTICIPANTS!



Every Monday at 1:00 pm a group of people get together here at the Center to enjoy painting together. We call this a painting group instead of a painting class because there is no official teacher. However the people who participate are able to give instruction as they are experienced. They would love to have more participants to join them in their painting. There are paints and other supplies here at the Center for use. This group is open to ALL ages and there is no cost. If you might be interested in participating just show up on a Monday at 1:00 pm or call 620-584-2332 or email [communitycenter@clearwaterks.org](mailto:communitycenter@clearwaterks.org)



## CONTINUED FROM MAIN PAGE

check with your local city &/or code enforcement office. In addition, you can also contact the District Attorneys Office at 316-660-3600 or Wichita Area Builders Association at 316-265-4226.

8. Ask for proof of the contractors liability and workers compensation insurance to help protect you as a property owner against any claims in the event someone is injured while the work is being done on your property.
9. Get lien waivers. This protects you from claims against you or your property in the event a general contractor fails to pay subcontractors or material suppliers.
10. Do not give a down payment, or make final payment until you are completely satisfied and all subcontractors have been paid. Any legitimate contractor will wait until the job is completed to be paid.

Typical examples of home repair rip-off schemes:

- Unsolicited door-to-door sales people with no local connection offer to do home repair work for substantially less than market price;
- A company which lists only a telephone number or PO box number solicits repair work;
- A contractor refuses to provide proof of insurance and references when asked;
- Someone offers to inspect your home for free without authentic identification establishing their business status;
- A contractor demands cash payment &/or full payment before they complete or start a job;
- A contractor asks for a check payable to the third party; and
- A contractor offers to drive the homeowner to his/her bank to withdraw funds to pay for their work.

The City of Clearwater has established a new solicitors permit application process. If you have a solicitor appear at your door, request that they provide you with a copy of their City Permit. If a solicitor does not have a permit and you observe them going door to door, please contact the Police Department at 620-584-2349.



## WOODCARVING CLASS



Wood carving is a broad term encompassing any form of working wood with a tool into some sort of aesthetic object. One would rarely refer to a non-aesthetic form of wood-working as such, but some types of carving may be functional, as with artisanal chairs, instruments, or paneling. Humans have been carving wood for thousands of years, and examples of this form of art can be seen in almost every society on the planet.



*Jack Skinner* is a local resident who is interested in starting a Wood carving class here at the Center. This class will be from beginners to advanced. This is a class you would be able to “try out” before you went out and purchased your tools. If you are interested please let us know a day and time that would work best for you. We need to have a close estimate on people who would be interested.

Please call 620-584-2332 or email [communitycenter@clearwaterks.org](mailto:communitycenter@clearwaterks.org)



### **Senior Carry-In Lunch Tues 10-13-15**

Pam greeted everyone to the monthly lunch. She introduced the speakers of the day; Jason Gearhart, an officer with the CPD, Justin Givens, City Administrator, and a SHICK Counselor. Our monthly birthdays were Reba Gross, Betty Jo Embry and Donna Yost. Marlene led the group in the Flag Salute and The National Anthem as well as led grace for the meal.

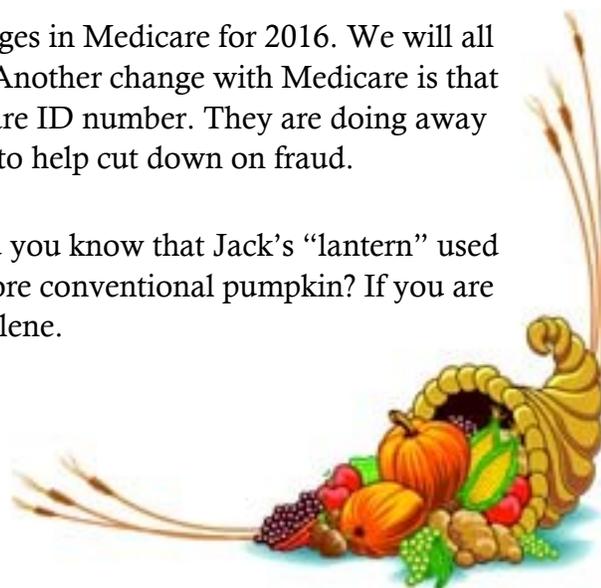
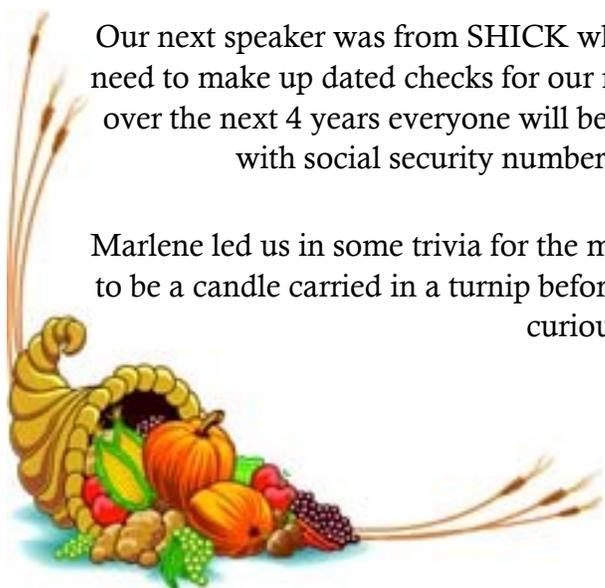
Jason was our first speaker and he gave valuable tips on how to avoid being scammed by home repair fraud. First and foremost we need to remember that just because they try to put pressure on us that we DO NOT have to talk to them if we have not contacted them to begin with. Make sure you feel good about the decision you make. Also make sure they have a solicitors permit if they are going door to door. There has been recent changes with the Solicitors permit. The City has established a new solicitors permit application process. If they do not have the a current PURPLE permit, advise them that after they secure one at the City building that you may be willing to visit with them. If you observe them going door to door and are aware that they have no permit, contact the Police dept at 584-2349. The permits are for general solicitors. Each year the color of the permit will change, so make sure they have the current color permit.

Justin Givens with the City advised us of some of the happenings in our town. The search for a new Police Chief is making progress. They hope to soon have that position filled. He stated the need for more volunteer fire and ambulance personnel. The long term hope for that department would be to have a full time Director. He advised that the City building will be in the process of moving some offices in the vacant building just west of the current building. The projected date for the upgrade of 4th street is listed for March 2016. We will also be looking at an increase in our sewer bill around the first of the year due to upgrades they are required to make. There has been recent interest in new building at the Industrial Park.

Our next speaker was from SHICK who advised us of changes in Medicare for 2016. We will all need to make up dated checks for our medical and rx care. Another change with Medicare is that over the next 4 years everyone will be issued a new Medicare ID number. They are doing away with social security numbers as your ID number to help cut down on fraud.

Marlene led us in some trivia for the month of October. Did you know that Jack's "lantern" used to be a candle carried in a turnip before he switched to a more conventional pumpkin? If you are curious about this, ask Marlene.

Marlene,  
Secretary



~ November 2015 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Blood pressure ck 10am-noon Bible Study (COC) 9:30am Painting 1pm-3pm Crochet/Quilting group 7pm	3 Tai Chi 8:30 am Exercise 10 am AA/Al Anon 7pm-9pm	4 Morning Coffee 9am	5 BYOD 9am Bible Study (E-free) 10am AA 7pm-9pm	6 Tai Chi 8:45 am Exercise 10:00 am Planning meeting 10 am	7
8 	9 Blood pressure ck 10am-noon Bible Study (COC) 9:30 am Painting 1pm-3pm	10 Tai Chi 8:45 am Exercise 10:00 am <b>Carry In Lunch noon</b> AA/Al Anon 7-9 pm	11 Morning Coffee 9am	12 Bible Study (E-free) 10am AA 7pm-9pm	13 Tai Chi 8:45 am Exercise 10:00 am	14
15 	16 Blood pressure ck 10am-noon Bible Study (COC) 9:30am Painting 1pm-3pm Crochet/Quilting group 7pm	17 Tai Chi 8:30 am Exercise 10 am AA/Al Anon 7pm-9pm	18 Morning Coffee 9am Zumba 7-8 pm	19 BYOD 9am Bible Study (E-free) 10am AA 7pm-9pm	20 Tai Chi 8:45 am Exercise 10:00 am BINGO 1pm	21 <b>Biscuits &amp; Gravy</b> 7am – 10 am
22 	23 Blood pressure ck 10am-noon Bible Study (COC) 9:30 am Painting 1pm-3pm	24 Tai Chi 8:30 am Exercise 10 am AA/Al Anon 7pm-9pm	25 Morning Coffee 9am \$5 Manicures by Virginia (call for appointment) Zumba 7-8 pm	26 <b>CENTER CLOSED</b>  AA 7pm-9pm	27 <b>CENTER CLOSED</b>  Happy Thanksgiving	28
29 	30 Blood pressure ck 10am-noon Bible Study (COC) 9:30am Painting 1pm-3pm Crochet/Quilting group 7pm					



# "FUN" DRAISER NIGHT!



**Pizza Hut® invites you to come out and support...**

**WHO:** The Clearwater Community Center

**WHEN:** Monday November 16th, 2015

**TIME:** 10:00 am until close

**WHERE:** Clearwater Pizza Hut, 200 E Ross

**PHONE #:** 620-584-2044

**Including  
delivery!**



Pizza Hut® will donate 20% of your purchases\* on the "Fun"draiser Night to your organization! Just give them the ticket below when you pay!

\*Excluding alcoholic beverages. The Pizza Hut logo is a trademark of Pizza Hut, Inc. ® and ™ designate registered trademark and trademark of Pizza Hut, Inc. ©2000 Pizza Hut, Inc.

Please complete and return to a Pizza Hut® employee at the time of purchase



My Name is \_\_\_\_\_

I support the \_\_\_\_\_

Total Spent \$ \_\_\_\_\_ (to be filled out by Pizza Hut® employee and attached to the receipt)

Give this one to family or friends or participate again  
Please complete and return to a Pizza Hut® employee at the time of purchase



My Name is \_\_\_\_\_

I support the \_\_\_\_\_

Total Spent \$ \_\_\_\_\_ (to be filled out by Pizza Hut® employee and attached to the receipt)

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921 E Janet Ave  
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# NOVEMBER



phillipmartin.info



### Save your soda tabs

Bring in your pop tabs off of soda cans. We will donate tabs to the Ronald McDonald House which helps families of children with different illnesses. Just drop off your collection of pop tabs to the Center.



## Clearwater Community Center

### **Mission Statement:**

to provide services and programs for people of all ages, that promote their well being, support their independence and encourage their involvement in community life.

### **Staff**

#### **Clearwater Community Center**

Pamela Riggs, Director  
Farol McMillan  
Administrative Assistant

#### **Advisory Committee Members**

Terry Sullivan - Chairperson  
Joan Fleming - Co-Chair  
Barbara Hufford - Member  
James Charles - Member  
Marlene Hand - Member

#### **Planning Committee Members**

Marlene Parret - Secretary  
Cheryl Wright - Member  
Becky Estes - Member  
Farol McMillan - RSVP Program