

THE SCOOP



Clearwater Senior Center

921 Janet Ave

Activities held at the Clearwater Senior Center are available to those 55 & older. No membership fee is required to participate in most activities. For more information on events or programs, please contact the Center director at 620-584-2332.

Mission Statement

To provide services and programs for people 55 & older that promotes their well-being, supports their independence and encourages their involvement in community life.

Staff

Sonja Froggatte— Director
Marlene Parret— Assistant Director

Advisory Committee

Terry Sullivan—Chair
James Charles—Member at Large
Maureen Bailey—Member mat Large
TC Wallace—Member at Large

FROM THE DIRECTOR'S DESK

I asked for volunteers so that I could introduce you to one of our members but no one volunteered. So here I go with one of my stories. My dad was in the Korean War. He served as a special commando. He never spoke about his service and I didn't understand why. Then one day after his 54th birthday he began talking about his experiences so far away. The one story that captivated me was his remembrance of the scouting he and others had done. He said, "We knew the enemy was coming so we all slid under water in a rice paddy that the Lord provided. God also provided reeds that enabled us to breath while the enemy passed." I shiver every time I think about my dad's service! Then, very quickly dad's ability to communicate verbally was taken by Parkinson's. He was able to remain on earth just 10 years more. Years after his passing, I was privileged to visit Washington DC and spent a lot of time at the Korean War Memorial, crying. The Memorial eerily brought his story alive and this background photo reminds me of being at the Memorial. A snippet about the war is continued on page 6 in honor of all Veterans.

Sonja Froggatte

OFFICE PHONE: 620-584-2332

Email Address: communitycenter@clearwaterks.org

<https://www.Facebook.com/ClearwaterCommunityCenter/>

 Find us on
Facebook



Thank you Volunteers!!

Volunteers are the backbone of our programs. Not only do they provide transportation to seniors in this community, they also provide them with companionship. The Clearwater Senior Center is looking for drivers who have time to spare during the week, even if it is only a couple days a month. Any help is appreciated! Anyone interested, please contact the director at (620) 584-2332.



Russell Beard 11/2
 Clea Cornett 11/25
 Roger Dawson 11/20
 Wanda Decker 11/28
 Rebecca Estes 11/10
 Sheila Finnis 11/8

Teresa Gerber 11/19
 Rita Gorges 11/15
 Christy Hensley 11/30
 Roger Lange 11/16
 James Leibold 11/24
 TL Pearson 11/9

Cynthia Peitz 11/10
 William Potenski 11/9
 Angie Shaver 11/8
 Frankie Valens 11/7



Those with November birthdays luck out, because the November birthstones—citrine and topaz—come in a dazzling array of colors and are relatively affordable. So you can go ahead and drop hints about a big piece of birthstone jewelry in the color of your choice, without feeling too greedy.

Topaz comes in a rainbow of colors; citrine is prized for its charming yellow and orange hues. Both November birthstones are known to have calming energies while bringing fortune and warmth to the wearer. Your challenge will be deciding which one to pick.

The variety of topaz hues includes colorless, light blue, yellow, orange, pink, violet, brown and, very rarely, red. The vast majority of blue topaz seen today is the permanent result of treating colorless topaz with irradiation and heating. The rainbow effect seen in “Mystic Topaz” is created by coating colorless topaz with a thin artificial film.

Some believe the word “topaz” comes from the Sanskrit word *tapas*, which means “fire.” Others trace it back to the Greek *topazos*. This November birthstone was long thought to have many benefits. The ancient Greeks believed that topaz gave them strength. From the 1300s to the 1600s, Europeans thought it could thwart magic spells and dispel anger. For centuries, many people in India have believed that topaz worn above the heart assures long life, beauty and intelligence.

The distinctly pinkish orange Imperial topaz has aristocratic cachet. It is commonly believed that the name originated with the Russian royal family’s insistence on keeping the finest colors of this gem, which was mined in Russia’s Ural Mountains, exclusively for their use. An alternate explanation, especially popular in Brazil, is that it dates from an 1881 visit by Brazilian Emperor Pedro II to Ouro Preto—the town closest to Brazil’s most productive topaz mines—and the gift of a reddish topaz to him.

Blue topaz is the gem of the [fourth wedding anniversary](#), and Imperial topaz is the gem of [the 23rd wedding anniversary](#).

The top sources for this November birthstone are Bolivia, Spain, Madagascar, Mexico and Uruguay. Amethyst that’s typically heat treated to a citrine color is mined mostly in Brazil.

The Anahí mine produces a unique combination of amethyst and citrine in the same crystal; when the two colors appear together in a fashioned gem, it is known as ametrine. The citrine birthstones produced at the Anahí mine typically range from orange-yellow to brownish/greenish yellow.

(Continued)

Deep in the world's largest freshwater wetland lies Bolivia's Anahí mine, an important source for natural, unheated citrine. Fields of wildflowers, brightly plumed birds, kaleidoscopes of butterflies, Howler monkeys and jaguars are some of the actors on this vast stage. The story of the mine is worthy of the setting. Discovered by a Spanish conquistador in the 1600s, it was given to him as dowry when he married Anahí, a princess from the Ayoreos tribe of Paraguay. The mine was lost for three centuries until it was rediscovered in the 1960s.

November 1st - All Hallows Day, also known as All Saints Day among Roman Catholics, commemorating those who have no special feast day.

November 1, 1700 - Charles II of Spain died and was succeeded by Philip V, resulting in the War of Spanish Succession.

November 1, 1776 - Mission San Juan Capistrano was founded in California. Each year, the swallows of Capistrano leave their nests there around St. John's Day (October 23rd) and return the following year near St. Joseph's Day (March 19th).

November 1, 1848 - The first medical school for women opened in Boston. The Boston Female Medical School was founded by Samuel Gregory with just twelve students. In 1874, the school merged with the Boston University School of Medicine, becoming one of the first co-ed medical schools.

November 1, 1950 - President Harry S. Truman was the target of an unsuccessful assassination attempt by two members of a Puerto Rican nationalist movement.

November 1, 1963 - South Vietnamese President Ngo Dinh Diem and his brother Ngo Dinh Nhu were killed in a military coup.

November 1, 1993 - The European Union came into existence as a result of the Maastricht Treaty.

November 1, 1995 - The first all-race local government elections took place in South Africa, marking the end of the apartheid system.

November 2, 1947 - The first and only flight of Howard Hughes' "Spruce Goose" flying boat occurred in Long Beach Harbor, California. It flew about a mile at an altitude of 70 feet. Costing \$25 million, the 200-ton plywood eight-engine Hercules was the world's largest airplane, designed, built and flown by Hughes. It later became a tourist attraction alongside the Queen Mary ship at Long Beach and has since been moved to Oregon.

November 2, 1962 - During the Cuban Missile Crisis, President John F. Kennedy announced on TV, "the Soviet bases in Cuba are being dismantled, their missiles and related equipment being crated, and the fixed installations at these sites are being destroyed."

Birthday - American frontiersman Daniel Boone (1734-1820) was born in Berks County, near Reading, Pennsylvania.

November 3, 1983 - White South Africans voted to allow Indians and "Coloreds" (persons of mixed race) limited power in the government, but continued to exclude blacks.

November 4, 1922 - King Tut's tomb was discovered at Luxor, Egypt, by British archaeologist Howard Carter after several years of searching. The child-king Tutankhamen became pharaoh at age nine and died around 1352 B.C. at age 19. The tomb was found mostly intact, containing numerous priceless items now exhibited in Egypt's National Museum in Cairo.

November 4, 1842 - Abraham Lincoln married Mary Todd in Springfield, Illinois.

November 4, 1862 - Richard Gatling patented his first rapid-fire machine-gun which used revolving barrels rotating around a central mechanism to load, fire, and extract the cartridges.

November 4, 1890 - The first electrified underground railway system was officially opened in London.

November 4, 1942 - During World War II, British troops led by Bernard Montgomery defeated the Germans under Erwin Rommel at El Alamein after a twelve-day battle.

November 4, 1956 - Soviet Russian troops moved in to crush an uprising in Hungary.

November 4, 1979 - About 500 young Iranian militants stormed the U.S. Embassy in Teheran, Iran, and took 90 hostages, including 52 Americans that they held captive for 444 days.

November 4, 1995 - Israeli Prime Minister Yitzhak Rabin was assassinated as he left a peace rally in Tel Aviv.

Birthday - American humorist Will Rogers (1879-1935) was born in Oologah, Indian Territory (now Oklahoma). "All I know is what I read in the newspapers," he once joked. He was killed in an airplane crash with aviator Wiley Post near Point Barrow, Alaska.

Birthday - Famed TV journalist Walter Cronkite (1916-2009) was born in St. Joseph, Missouri. He was a leading correspondent for United Press International during World War II. From 1962 to 1981, he was the anchorman of the CBS Evening News and was widely regarded as America's most trusted journalist.

November 29, 1864 - U.S. Army troops led by Colonel John Chivington attacked and killed at least 400 Cheyenne and Arapahoe Indians at Sand Creek, Colorado after they had already surrendered.

November 29, 1929 - American explorer Richard Byrd and Bernt Balchen completed the first airplane flight to the South Pole.

November 29, 1947 - Palestine was partitioned into Jewish and Arab land by the U.N. General Assembly, resulting in the establishment of the Jewish state of Israel the following year.

Birthday - *Little Women* author Louisa May Alcott (1832-1888) was born in Philadelphia, Pennsylvania.

Birthday - Nellie Tayloe Ross (1876-1977) was born in St. Joseph, Missouri. She became America's first female governor, finishing her husband's term as governor of Wyoming after his death. She was elected governor in 1924, but lost the 1927 election. She also served as vice chairman of the Democratic National Committee and was named director of the U.S. Mint by President Franklin D. Roosevelt in 1933.

Birthday - Hollywood director Busby Berkeley (1895-1976) was born in Los Angeles (as William Berkeley Enos). After serving in World War I as an entertainment officer, he changed his name and began his show business career. Best known for lavish musicals including *Forty-Second Street*, *Gold Diggers of 1933*, *Babes in Arms*, *Strike Up the Band*, and *Girl Crazy*.

Birthday - British author C.S. Lewis (1898-1963) was born in Belfast, Ireland (as Clive Staples Lewis). He wrote books on Christian teachings including *The Pilgrim's Regress*, *The Problem of Pain*, *Miracles*, and *The Screwtape Letters*.

November 30, 1782 - A provisional peace treaty was signed between Great Britain and the United States heralding the end of America's War of Independence. The final treaty was signed in Paris on September 3, 1783. It declared the U.S. "...to be free, sovereign and independent states..." and that the British Crown "...relinquishes all claims to the government, propriety and territorial rights of the same, and every part thereof."

November 30, 1995 - Bill Clinton became the first American president to visit Northern Ireland.

Birthday - American author Samuel Clemens (1835-1910) was born in Florida, Missouri. He wrote books under the pen name Mark Twain including *The Adventures of Tom Sawyer*, *The Adventures of Huckleberry Finn*, and *The Prince and the Pauper*.

Birthday - Winston Churchill (1874-1965) was born in Blenheim Palace, Oxfordshire, England. Before World War II, he held a number of high level political offices in Britain including First Lord of the Admiralty. In May 1940, he became Prime Minister, stating, "have nothing to offer but blood, tears, toil, and sweat." His inspirational speeches, combined with his political skills and military strategy carried Britain through the war, and helped the Allies overcome the Nazi onslaught and defeat Hitler.

Birthday - 1960's political activist Abbie Hoffman (1936-1989) was born in Worcester, Massachusetts. He leapt to fame as a member of the Chicago Seven, a group of young radicals accused of conspiring to disrupt the 1968 Democratic National Convention.

SPECIAL EVENTS

Carry-In Luncheon

You are invited to join us on the 12th at 12:00 for our monthly carry-in luncheon. Bring a side dish to share. Donations are appreciated! The CEO of the Humane Society will be our speaker.

Happy Veterans Day 11/11/19!

Commodities

Commodities will be provided the last Tuesday of the month, which is the 29th, unless we have perishable items. If so you will be notified.

Taking Appointments for Medicare

I am certified to provide Part D enrollment & Medigap information.

Ongoing Events

- Monday's at 1:00 we have a painting group in the Arts and Crafts room. At 1:30 we have a Chair Yoga class in the Main Room.
- Tuesday's at 9:00 we have exercise in the main room.; At 10:30 we have a basic computer workshop .
- Wednesday's at 9:00, join us for coffee; and on the first Wednesday of the month, balloon volleyball at 10:00 in the Main Room;
- Thursday's at 10:00 we have Bible Study in the Arts and Crafts room. At 1:00 we have BRIDGE in the Main Room and BINGO in the Arts and Crafts room.
- Friday's at 9:00 we have exercise & at 1:00 on the first & last Fridays of the month we show movies in the main room.

Fallen leaves lying on the grass in the **November** sun bring more happiness than the daffodils. In **November**, the trees are standing all sticks and bones. Without their leaves, how lovely they are, spreading their arms like dancers. They know it is time to be still.



Of course, your Thanksgiving menu is important, but the holiday is so much more than just piling our plates with mashed potatoes and turkey. Thanksgiving is also a time to show your gratitude for your friends, family, and all that you have in life. The day can be quite hectic, especially if you're hosting this year's festivities and are worried about other things—Thanksgiving decorations, place cards, and the like—so make sure to take time and remember Thanksgivings of the past and think of future holidays as well.

Or when your day starts to get stressful (and you realize just how many stores are closed on Thanksgiving just as soon as you run out of pumpkin pie ingredients!), just take a moment to be thankful for the substitutes available and/or neighbors.

"Give thanks not just on Thanksgiving Day, but every day of your life. Appreciate and never take for granted all that you have," which was said by Catherine Pulsifer. It reminds us to be mindful and thankful of all we do have. We also love these words by Daniel Humm: "What I love about Thanksgiving is that it's purely about getting together with friends or family and enjoying food. It's really for everybody, and it doesn't matter where you're from." That quote truly encompasses how special the holiday is and has been.

From countryliving.com

From Page 1...

The decision to intervene in Korea grew out of the tense atmosphere that characterized Cold War politics. On the eve of the North Korean invasion, a number of events had made Truman anxious. The Soviet Union exploded an atomic bomb in 1949, ending the United States' monopoly on the weapon. In Europe, Soviet intervention in Greece and Turkey had given rise to the Truman Doctrine and the Marshall Plan, which funneled aid to war-torn Europe in the hopes of warding off communist political victories. In early 1950, President Truman directed the National Security Council (NSC) to conduct an analysis of Soviet and American military capabilities. In its report, known as "NSC 68," the Council recommended heavy increases in military funding to help contain the Soviets.

Events in Asia also contributed to an increased sense of insecurity. In 1949 China underwent a revolution that brought Mao Zedong and his Communist party into power. The nationalists, led by Chiang Kai-Shek, had retreated to the island of Formosa (Taiwan) while they continued their war with mainland China. Mao quickly moved to ally himself with the Soviet Union, and signed a treaty with the Soviets in 1950. The Truman administration faced criticism from Republicans who claimed he had "lost" China. They criticized him for not providing enough aid to the Chinese nationalists. The suggestion by Secretary of State Dean Acheson that the administration recognize the communist government of China only gave them more ammunition for their attacks.

The Truman administration also faced internal criticism regarding its commitment to anticommunism at home. Republican Senator Joseph McCarthy of Wisconsin had recently begun his infamous hunt for communists within the U. S. Government. Although McCarthy was just warming up, the recent trials of Alger Hiss and others for espionage left the Truman administration apprehensive about its anticommunist credentials. Truman and his advisors found themselves under increased domestic pressure not to appear "soft" on communism abroad.

Thus, when North Korean troops invaded the South, the Truman administration seized upon the opportunity to defend a noncommunist government from invasion by communist troops. Determined not to "lose" another country to communism, and interested in shoring up its anticommunist credentials, the Truman administration found itself defending a nation a world away from U.S. soil. Yet Truman's response was not merely a response to internal pressure. The invasion of South Korea made Truman genuinely fearful that the Soviet Union and China intended to expand the sphere of communism throughout Asia.

From archives.gov/education

October's Carry-In Luncheon

Tuesday 10/8/19 Information

All were greeted and welcomed all to the October Carry-In luncheon. We joined together in reciting the pledge of allegiance, singing the National Anthem; then Marlene offering the blessing for the meal. October birthday attendees: Gene Dunbar, Betty Jo Embry, Sonja Froggatte and Jean Richardson.

Announcements:

On October 15, at 12:00 Jessica Edwards with Aetna will be here to speak about Medicare Advantage programs. A pharmacist from Dillon's will be at the Center from 9:00-10:00 on 10/16 to offer flu & other vaccines. You can visit the Center to get the Vaccine Consent form or contact the Center if you prefer to have it emailed. Amy McDermott, a nurse, with Home Health & Hospice will also be at the Center at 1:00 p.m. on 10/16 to speak about their Tele-help program that is offered at zero cost.

Our speaker was Butch Ewing, a Master Gardner, with K-State and Sedgwick County Extension Office, located at 21st St. N and Ridge Road in Wichita, KS. He provided a lot of good information on the care of and how to plant various plants in our gardens. If you have any questions about trees or plants in your yard call (316) 660-0190 or visit the Extension Office. If you have an email address you can get signed up to receive their monthly newsletter.

RECIPES FOR GIFT JARS

Everyone loves gifts from the kitchen. They're delicious, thoughtful, disposable, and always appreciated. Gifts in a Jar are especially helpful when you wish to treat a lot of people— from neighbors to teachers to scout leaders to your mailman. Here are some ideas:

Tomato Salsa

Pumpkin Nut Cake in a Jar, (attach the recipe)

Candy Cane Bark

Apricot and pistachio Bark

Cranberry Chutney

Spiced Nuts

Toffee Popcorn

Herb Vinegar

Homemade Hot Cocoa Mix

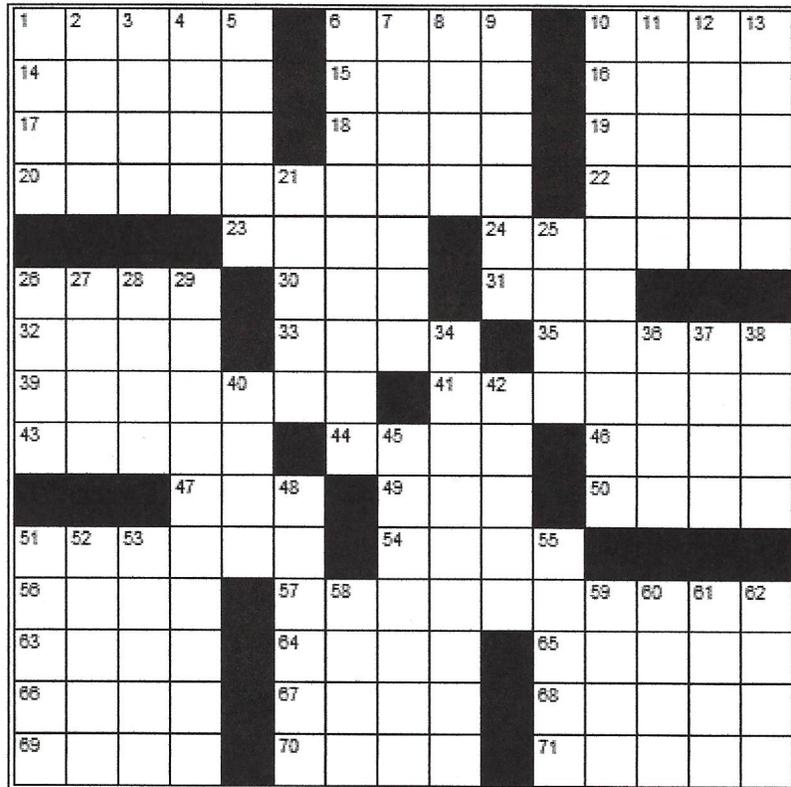
Of course there are nonfood ideas, too. You could fill your gift jars with potpourri, homemade laundry soap, homemade bath soaks, homemade aftershave, and more!

Dressing up the gift jar...The jar is your packaging so spend a little time and make it special. Here are some ideas: Cover the metal tops. Start with a circle of colored paper or fabric that is two inches larger than the jar top. Secure it with several turns of fine gold cord and knot the cord, leaving an inch or so hanging below the knot. Secure the knot with sealing wax or tie on a frilly fabric or paper doily, using a fancy ribbon and a small bouquet of dried or paper flowers. From The Old Farmers 2019 Almanac

Crossword puzzle for November 1, 2018

ACROSS

1. An area of Great Britain
6. Decorate with gold leaf
10. Historical periods
14. Bumbling
15. Decorative case
16. Memo
17. Step
18. Where a bird lives
19. A city in western Russia
20. From now on
22. French for "State"
23. Printer's unit
24. Exit
26. Beige
30. Smidgen
31. Tear
32. Basic unit of money in China
33. Biblical garden
35. Cooked in hot fat
39. Math
41. Editorial
43. Besmirch
44. Great affection
46. Secure against leakage
47. Female sib
49. Vigor
50. Feudal worker
51. Examine again
54. Auspices
56. Computer symbol
57. Illogical
63. Style
64. Legal wrong
65. Literary genre
66. North American deer (plural)
67. Hint
68. Burdened
69. Oceans
70. Female chickens
71. African antelope



DOWN

- | | | |
|---------------------------|-------------------------|-----------------------------|
| 1. Desire | 13. Chairs | 42. Send, as payment |
| 2. Blind (poker) | 21. Roughage | 45. Invade in great numbers |
| 3. Low-fat | 25. Present | 48. Exchange |
| 4. Sweeping story | 26. Nestling hawk | 51. Hoarfrosts |
| 5. Caused by streptococci | 27. Stem | 52. French school |
| 6. Murderous | 28. Anger | 53. Hard liquor |
| 7. Go over again | 29. Feelings of anxiety | 55. Move furtively |
| 8. Craving | 34. Pilots | 58. Part in a play |
| 9. Be uncertain | 36. Frosts | 59. By mouth |
| 10. Kirk's starship | 37. Dash | 60. Nil |
| 11. Way to go | 38. Expunge | 61. So be it |
| 12. Collection of maps | 40. French cheese | 62. Territory |

November 2019

The Clearwater Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Exercise 9:00 am Free Movie & popcorn 1:00 pm	2
3 Center Open at 10:00 Painting 1 pm-3 pm Chair Yoga 1:30 pm	4 Center Open at 10:00 Painting 1 pm-3 pm Chair Yoga 1:30 pm	5 Exercise 9:00 am AA/AI Anon 7-9 pm	6 9:00 am Morning Coffee	7 Bible Study 10 am 1:00 pm Bridge 1:00 pm BINGO	8 Exercise 9:00 am	9
10 CLOSED in honor of Veterans Day	11 CLOSED in honor of Veterans Day	12 Exercise 9:00 am Carry-In Lunch 12:00 AA/AI Anon 7-9 pm	13 9:00 am Morning Coffee	14 Bible Study 10 am 1:00 pm Bridge 1:00 pm BINGO	15 Exercise 9:00 am	16
17 Center Open at 10:00 Painting 1 pm-3 pm Chair Yoga 1:30 pm	18 Center Open at 10:00 Painting 1 pm-3 pm Chair Yoga 1:30 pm	19 Exercise 9:00 am AA/AI Anon 7-9 pm	20 9:00 am Morning Coffee	21 Bible Study 10 am 1:00 pm Bridge 1:00 pm BINGO	22 Exercise 9:00 am	23
24 Center Open at 10:00 Painting 1 pm-3 pm Chair Yoga 1:30 pm	25 Center Open at 10:00 Painting 1 pm-3 pm Chair Yoga 1:30 pm	26 Commodities Distribution 9-3 Exercise 9:00 am AA/AI Anon 7-9 pm	27 9:00 am Morning Coffee	28 CLOSED Thanksgiving Holiday	29 CLOSED Thanksgiving Holiday	30

November 2019 AGING PROJECTS, INC. MEALS ON WHEELS/FRIENDSHIP MEALS 19 SERVING DAYS - 2 HOLIDAYS

Mon	Tue	Wed	Thu	Fri
Birthday Day - November 7 Choice Day - Circled Days - meals that freeze well Thanksgiving Holiday- November 28 & 29		Meals fall in the following ranges: Calories: 650-750 Protein: 25 grams or higher Fat: 20-30% of calories Calcium: 400 mg or higher Sodium: 800-1,000 mg or less		
4 Easy chicken & broccoli pie 8 oz Split pea salad 4 oz Peaches 4 oz Sweet muffin Milk	5 Goulash 8 oz Hominy 4 oz Pears 4 oz Gelatin 4 oz Garlic bread Milk	6 Scalloped pot & ham 8 oz Green beans 4 oz Mixed fruit 4 oz Roll Milk	7 Chili-8 oz Crackers -2 Baked potato Strawberries 4 oz Cinnamon roll Milk	8 Chicken pot pie 8 oz Spinach 4 oz Mandarin oranges 4 oz Brownie Milk
 11 Ham & beans 8 oz Potatoes with onions 4 oz Parsliled carrots 4 oz Blueberries 4 oz Cornbread Milk 	12 Baked chicken Cabbage au gratin 4 oz Peas 4 oz Mixed fruit 4 oz Wheat roll Milk	13 Mexican pork stew 8 oz Broccoli raisin salad 4 oz Peaches 4 oz Cornbread Pudding 4 oz Milk	14 Oven fried fish w/tartar sauce Mac & cheese 4 oz Combination salad 4 oz Salad dressing Pineapple 4 oz Milk Lime gelatin w/pears 4 oz	15 Chicken fried steak Mashed potatoes 4 oz/Gravy German mixed veg. 4 oz Banana Roll Milk
18 Taco salad 8 oz (lettuce, tomato, cheese, chips) Salsa Hominy 4 oz Strawberries Sugar cookie Milk	19 Creamed chicken 4 oz over a Biscuit Broccoli/cauliflower/carrot salad 4 oz Cinnamon applesauce 4 oz Gelatin /fruit 4 oz Milk	20 BBQ pork 4 oz on a Bun Oven brown potatoes 4 oz Corn relish 4 oz Juice 4 oz Milk Hot spiced peaches 4 oz	21 Turkey 3 oz Mashed potatoes 4 oz/Gravy Dressing 1/4 c./Gravy Green beans 4 oz Milk Cranberry sauce 1/4 c Pumpkin pie square Roll	22 Autumn soup 8 oz Crackers-2 Combination salad 4 oz Salad dressing Pineapple 4 oz Milk Applesauce Brownie
25 Meatloaf Mashed potatoes 4 oz Gravy Mixed vegetables 4 oz Peaches 4 oz Wheat roll Milk	26 Open faced pork biscuit with cream gravy Potato & veg medley 4 oz Stewed tomatoes 4 oz Peas 4 oz Gelatin 4 oz Milk	27 Split pea tortilla soup 8 oz Corn 4 oz Mandarin oranges 4 oz No-bake cookie Milk	28 HOLIDAY	29 HOLIDAY

A R E K O J E H T R I C H G I R L T H G
 L M B V I E A R E Y H Y W A D Y E T L N
 Y L A O I N B S O S O A O A A N E K W I
 A O B C G L A R A X T U N V I B C R D M
 L S B I A E A W O E A C R K N O I D R A
 B U E W R R R N R W I N L S R O B O I E
 M P O G O A T L I N N A N E O O C O B R
 A E N Y C C O H G Y T S L E F N R L E D
 G R O R N O E Q U E A I U K I U G B E S
 G S T H K I U N V R D T I G L S F D R E
 I T R I A E V I O O P Z S O A I F A F V
 E I A A E D J O C T U A W N C R U B S O
 M T G N R D R O L M S D R T L D T U E M
 A I E N F H R E P S O E A K E U S O Y T
 Y O D O E C E O A W U N N L T K T Y E H
 O N Y N L L P E N M O N E I O E O S D G
 C R A C K L I N R O S I E Y H L H S A I
 A K I S L A N D G I R L T V R R I I S N
 F A M E S S A L G F O T R A E H O M E E

ANGIE	HEART OF GLASS	POP MUZIK
BABE	HOT STUFF	RHIANNON
BAD BLOOD	HOTEL CALIFORNIA	RHINESTONE COWBOY
BETH	ISLAND GIRL	RICH GIRL
BROWN SUGAR	JIVE TALKIN'	ROXANNE
CAR WASH	LAYLA	SAD EYES
CONVOY	LE FREAK	SIR DUKE
CRACKLIN' ROSIE	LOLA LOVIN' YOU	STAYIN' ALIVE
CROCODILE ROCK	LOWDOWN	SUPERSTITION
DANCING QUEEN	MACARTHUR PARK	THE JOKER
DREAMING	MAGGIE MAY	TRAGEDY
DREAMS	MISS YOU	VENUS
FAME	MONEY	WATERLOO
FREE BIRD	NIGHT MOVES	YOUR SONG
GREASE	OHIO	

Clearwater Senior
Community Center
921 Janet Ave
Clearwater, KS 67026
620-584-2332
commcenter@sktc.net



**Clearwater Senior & Community
Center**

Mission Statement:

To provide services and programs for people of all ages, that promote their well being, support their independence and encourage their involvement in community life.

Staff

Clearwater Community Center

Sonja Froggatte - Director
Marlene Parret - Assistant Director

Advisory Committee Members

Terry Sullivan - Chairperson
Barbara Hufford – Member at Large
James Charles - Member at Large